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Trolley crux

SAM LOWE

FOR several years, the Rural City of Murray Bridge has been stuck in a stalemate when it comes to one of the town's biggest eyesore, abandoned shopping trolleys.

In February 2020, former councillor Tyson Matthews raised whether the council should collect the abandoned trolleys and charge retailers to collect them.

Mr Matthews said the council had taken a softly, softly approach to the issue that did not result in an outcome that gave a good impression of the city.

"We've exhausted every gentlemanly way of doing this and it hasn't worked," Mr Matthews said.

At the time, former mayor Brenton Lewis agreed.

More than a year later in May 2021, councillors Andrew Baltensperger and John DeMichele raised the issue again, concerned with the ongoing disservice to the community.

Cr DeMichele said the trolley problem had expanded further throughout the town.

CONTINUED PAGE 2



Rural City of Murray Bridge councillor Tom Haig is seeking action against the town's abandoned shopping trolleys. Picture: SAM LOWE

HOSPITAL HOPES

KAITLYN GIBBONS

A Rural City of Murray Bridge councillor has publicly advocated for a new 'state-of-the-art' hospital in Murray Bridge.

At the council meeting on January 29, Cr Clem Schubert raised a motion on notice to advocate for improved health care facilities in the rural city.

Cr Schubert said the motion was about moving forward as a council and contacting the appropriate ministers to outline the necessity of a new hospital and medical centre for the region.

"This is an extremely important issue to be addressed at this stage to keep within proximity with the current announcements being made by the federal and state governments of the additional 400 new homes to be built within our area in the duration of approximately the next three years and a further 900 home plan for Murray Bridge West," Cr Schubert said.

"These two facilities would be able to also serve people living in the outer areas, from Pinnaroo to Bordertown for example, as there are no hospitals between here and there and these services would include the treatment facilities for cancer, mental health and many more as well as all emergencies.

CONTINUED PAGE 2

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Abandoned trolley troubles

FROM PAGE 1

"At the moment, there are trolleys laying all around Murray Bridge and the issue is that it's not just around the shopping centres, they can be up to two kilometres away from the shops," Cr DeMichele said.

"We hear so much white noise from community members who have had enough of these trolleys everywhere.

"As councillors, we have to listen to that community outcry and we've had a gutful of the problem as well."

Four years has passed since the issue was first brought to the council's attention and in the midst of the hard work to eliminate the issue little has changed.

And, at the recent January 29 council meeting, councillor Tom Haig raised the issue yet again.

Cr Haig said he was sick and tired of seeing abandoned trolleys littered throughout the community and was willing to raise the issue as high as he needed to find a resolution.

"I am sick to death of travelling around our terrific city and seeing shopping trolleys abandoned all over the place," Cr Haig said.

"In fact, even before tonight's meeting, perhaps it was someone with extrasensory perception or just my bad luck, but I parked my car just out the front and what was staring into my face, a damn shopping trolley.

"This is an issue, and I'm not suggesting that it is in the powers of the council or local government as such to do something about.



Rural City of Murray Bridge councillor Tom Haig is seeking action against the town's abandoned shopping trolleys. Picture: SAM LOWE

"Earlier this evening at an informal discussion with a staff member they said the council picked up in excess of 70 abandoned trolleys from around the community.

"It's an issue, it's not going away and whether the Local Government Association (LGA) has some role to play I really don't know … all I know is that these are an absolute disgrace, it's an eyesore, it's irresponsible of people to do that but it's all over the place."

Cr Haig said Murray Bridge was not the only community that was plagued by rogue shopping trolleys, but wanted to see a change that could benefit the town.

"I would like to move that the [council] administration prepare a report for the council, in conjunction with the LGA if necessary, to acquaint the council with what powers, if any, we have, or what agency, agencies or legislative changes might be required under the Local Government Act so that somebody can do something about this menace in our community which is disused bloody shopping trolleys," Cr Haig said.

Cr Baltensperger said not once had he seen an ALDI shopping trolley left around town which left a simple answer, putting coin boxes on the trolleys.

"Put those little coin boxes on it and it'll fix it and we can forget about it," Cr Baltensperger said.

"Coles makes a billion dollars every year, they just need to spend some money."

The council voted unanimously for administration to prepare a report for the council to present at a later meeting.

Hopes, dreams for 'state-of-the-art' hospital

FROM PAGE 1

"This would then eliminate patients having to travel long distances to Adelaide for treatment, as well as eliminating the high demands on the Adelaide hospitals as being experienced currently."

Cr Schubert said he had spoken to different members in the medical industry, including local general practitioner Dr Peter Rischbieth, who indicated his support.

He said medical students would also be encouraged to study and live within the region.

"At present, the current facilities of this kind are always being extended, it's time to update these facilities and really make it a stand-out property," Cr Schubert said.

"It would encourage students to possibly visit the country, not just Murray Bridge, but outer rural areas.

"I think it is also important to give the security to families to know that they have a great medical centre for their children and that's a big part of [it] all, to encourage people to come to this community whether it be education or health.

"This is not something that will happen tomorrow, it will probably take a few years to get there, but nevertheless so will the development housing so it runs in conjunction with both and it will serve all."



At the January 2024 council meeting, Cr Schubert raised a motion on notice advocating for improved health care facilities in Murray Bridge. 387135 Picture: SAM LOWE

Cr Toogood - a board member of the Riverland Mallee Coorong Local Health Network (RMCLHN) - said he commended Cr Schubert's motion on notice.

"We must remember though that Murray Bridge hospital is part of a wider region and we desperately need a new birthing suite and dialysis," Cr Toogood said.

"We're providing a dialysis service but it's not close to the centre of the hospital, they're two items that need to be done ASAP.

"With my health hat on I can say I am advocating all the time during health meetings and so much so that I am told to give it a rest from time to time.

"But Cr Schubert is advocating for a new hospital and a new medical centre and look, I think that is absolutely terrific."

Cr Toogood said governments had the ability to change every four years, so things could change for Murray Bridge in future.

Cr Airlie Keen said discussions surrounding improved health care facilities was very much a State Government issue. "In terms of our strategic planning and our growth the needs of services, state and at different levels of government are fully faceted and flagged in as part of our strategic planning so we've absolutely got that on the list of health needs, the hospital and so on," Cr Keen said.

"If you look in the neighbouring areas, if you look into Barossa [Valley] the local MP there is the shadow minister for health, and the Barossa has been lobbying long and hard for a new hospital for many many years, long before Mount Barker.

"If you're a glass half full kind of person and you think the shadow minister might become the health minister you can imagine that hospital might get some priority you would think."

Cr Keen said at the last election, the State Labor Party pledged a new [Mt Barker] hospital in that seat, which was won by an independent candidate.

"The original commitment for a new hospital was $220 million, that was increased to $320 million because of cost overruns and they're still in the design stage, just to put some perspective on this," Cr Keen said.

"Down in Mount Gambier, the independent member there, the Labor Party committed $130 million for the Limestone Coast including $52 million for the South East health system, so I think you guys can see the trend.

"I think the question here really needs to be if Cr Schubert indeed wants to fire the starting gun on the very long state election campaign and putting health as the issue, and I am not opposed to that, but the question that should be asked to each of the major parties is 'will you commit to building a new Murray Bridge hospital at the 2026 election?'.

"That's the question that needs to be put because essentially a commitment of this level has to come from in an election campaign, that's the reality." The motion to seek out and discuss the issue with relevant parties was carried unanimously.

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Sports group seeks support

BEVAN JONES

THE Jervois Combined Sporting Club (JCSC) has called out to the Rural City of Murray Bridge to provide support for an upcoming project to rejuvenate local facilities.

At the council meeting on Monday, January 29, JCSC secretary Jo Flett and president Michelle Afford presented a deputation outlining the project.

The club, which incorporates football, cricket, tennis and netball, is looking to build new clubrooms at the courts and public toilets and was seeking council support to do so.

Mrs Flett said the project was a long time in the making.

"We started coming up with a design for a new shed for the netball club in mid 2015," she said.

"The first lot of plans were drawn up in 2016 and then in 2018 we had an even bigger scale design than what we have now but we were unsuccessful with getting funding.

"The area currently has no identified public amenities in the Jervois area, the closest is at Wellington, Murray Bridge and Tailem Bend via the ferry.

"The JCSC is also an RV friendly locality and a 'last resort' bushfire and emergency site and the existing toilet facility has no lighting, is unsuitable for disabled/ambulant use, and requires upgrading to meet current standards."

Mrs Flett said the facilities were also used for tennis and by the primary school for sports day.

"There is clearly a high use for the community and the amenities are terrible," she said.

"Michelle was speaking to someone in the council and there was a suggestion that we could incorporate public toilets into the design and we are hoping that the council can support us to co-fund and co-manage the project to benefit the community.

"It feels like the new building process has been going on forever.

"Including the council and public toilets is a new way of approaching things and hopefully it will help us to get over the line, it will be a win for the council as well too.



Jervois Bluds Netball Club president Michelle Afford and secretary Joe Flett with junior netball and tennis club members Nikkita Flett, Fraser Hicks, Dylan Flett, Sophie Hicks and Georgie Flett. 386880

Picture: BEVAN JONES

"It would be so awesome to get it approved, it would be a win-win for everyone.

"It really would be fantastic for the community, it would also make things inclusive and potentially it would provide support for other grants as well."

There is also a focus to replace the existing tacked-on sheds with new clubrooms to support netball and tennis players, administrators, personnel and storage for equipment.

The facilities have grown and while there have been many improvements over the past few years - including having courts resurfaced and fencing updated - there is still plenty of work to do.

The JCSC is hoping to replace existing structures with one new facility to incorporate:

- Public unisex toilets, including disability and ambulant;
- Inside toilet, showers and change facilities;
- Office, first aid and common areas;
- Canteen facilities;
- Storage for equipment;
- Undercover training area/large change area.

The benefits of the project include public toilets that would be available at all times for the community.

It would also include disabled, ambulant, plus four others and all would be unisex, have secure maintenance, access and facilities that would be WHS and organisation compliant.

Ms Flett said there were plenty of people on board who wanted to see the project succeed, it would just take patience to do it properly.

The JCSC is hoping the upgrade would encourage continued and increased social engagement for the clubs, therefore providing financial benefits.

A facility upgrade would also encourage strong membership bases and provide the additional undercover area for training which would convert to a change area.

Murray Bridge Mayor Wayne Thorley said he was looking forward to something happening with the public toilets as he remembered his father using the same facilities when they were built decades ago, and they had not been changed since.

Both Mrs Flett and Mrs Afford said they would be happy to meet with the council at a later date and there would be more information to come.

To show support for the project, the community can make a tax deductible donation at https://asf.org.au/projects/jervois-bluds-netball-club

Producers win big, no Harvest Code changes

IN a big win for concerned farmers, the Country Fire Service (CFS) has confirmed it will no longer push ahead with its plans to review the Grain Harvest Code of Practice.

Late last year, the CFS proposed to correct the Grassland Fire Danger Index (GFDI) of 35 at 10 metres instead of two metres which resulted in over 400 South Australian grain producers recording their objection to the changes.

Grain Producers South Australia (GPSA) surveyed 376 South Australian grain producers regarding the issue, 90 per cent of which said no.

GPSA chief executive officer Brad Perry said nearly 60 per cent of South Australian grain producers surveyed indicated they were CFS volunteers.

"Our survey data shows that any change to the cease harvest threshold that impacts grain producers' business is likely to also hit CFS volunteer numbers," Mr Perry said.

"Grain producers proudly volunteer their time for the CFS to help their community and they don't take their membership lightly.

"However, comments throughout the survey demonstrated just how angry grain producers were about the proposal to move to GFDI 35 measured at 10 metres instead of current practice at two metres.

"As a result, growers indicated that many of them would have seriously considered walking away from the CFS."

"Due to the high percentage of grain growers volunteering in the CFS, if this rule was to change, the government will lose any respect remaining and I myself would leave the CFS and advocate for as many others to do the same," one volunteer commented.

"As a former captain of my local CFS, and a current volunteer, I cannot understand why as farmers we are continually ignored with all of this," another said.

"The CFS cannot afford to alienate a major part of its volunteer base, which it is in danger of doing. The system has served us well and adopted widely in the industry."

Member for Hammond, Adrian Pederick, said the announcement from the CFS to step away from the Harvest Code changes would provide farmers with the reassurance that they could continue operating as they have been for the past decade.

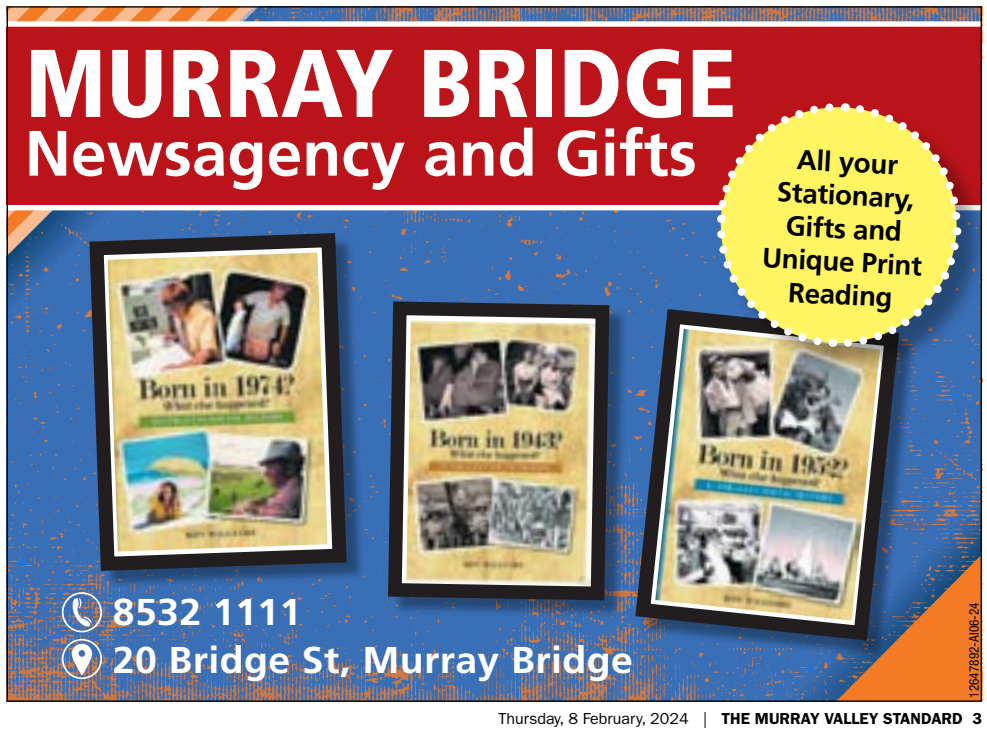
"The existing system has been adhered to since it was introduced because it is a workable system for the farmers," Mr Pederick said.

"Changing something that works is not in anyone's interest and I'm glad the CFS has realised that.

"Harvest is already a very stressful time for grain producers and many reaping days can be lost to wet weather, as was the case this season.

"We don't need to drag the process out longer than necessary and make it more time consuming."





Granting musical wishes

KAITLYN GIBBONS



John Harvey and Linda Martin sing their hearts out at the All Abilities Music Group catch up. 386876

Picture: KAITLYN GIBBONS

THE All Abilities Music Group has received some grant funding from the Murray Bridge Community Club community support program. The music group was formed in July 2023 by Linda Hunt who wanted to share music with the community.

Founder Linda Hunt said the group was open to the community.

"I have created this group for the community as music is important and it can be an outlet for some," Ms Hunt said.

"No matter what your ability is, come and join us for some fun.

"We are extremely excited to watch our group develop and are looking forward to hopefully seeing some new faces.

Funding from the Murray Bridge Community Club will give the group some much needed support.

"The grant from the Murray Bridge Community Club has allowed us to purchase a much needed new drum set and bags to store the drums," Ms Hunt said.

"We have a huge appreciation for the Murray Bridge Community Club and we are very thankful that they chose us to receive the grant.

"Our group is run by volunteers so I want to thank them for their unwavering commitment, without them the group would not be possible.

"I would recommend to anyone that is starting a community project and is looking for extra funding to just apply for the grants, it helps get your name out there."

Murray Bridge Community Club general manager Shane Barton-Ancliffe said the club's community support program has evolved beyond its initial focus on sporting clubs and was now open to all local and surrounding area community groups.

"As the Murray Bridge club has grown, we recognise the importance of giving back to our community in diverse ways," Mr Barton-Ancliffe said.

"Our commitment to community support extends to various initiatives, ranging from assisting kids with sporting equipment and uniforms to supporting groups like the All Abilities Music Group in purchasing essential items such as a set of drums.

"We recently donated $1000 to the Murray Bridge High School Robotics Club, aiding in their accommodation for a recent event in Sydney.

"Additionally, we joined forces with the Rotary Club of Mobilong to contribute $1000 each towards the purchase of approximately 20 shelter bags, providing essential support to the homeless in our area plus also donating $500 to a local family in need, we want to help."

The music group meets every Friday from 10.30am-11.30am, at 19 Mulgundawah Road, in Murray Bridge, with all sessions free.

For more information visit its Facebook page: https://www.facebook.com/profile.php?id=61553800020457

River Murray water buybacks get backlash

SAM LOWE

THE State Opposition has highlighted an 'alarming revelation' as no modelling has been undertaken to understand the possible impact mass water buybacks would have on the South Australian agricultural production.

At the same time, the State Government has indicated there was no need for economic modelling but instead the focus must be on working with river-dependent communities on a good program design for water recovery.

Shadow Minister for Water Resources and the River Murray, Dr Nicola Centofanti, said she was appalled with the State Government's "talk first, think later" approach toward the River Murray.

"Until now, Water Minister Susan Close has brushed aside questions about the impact of mass buybacks on regional water communities saying, for example 'there is no evidence that voluntary buybacks cause socio-economic destruction'," said Dr Centofanti.

"Assuming 10 per cent of the 450 gigalitres (GL) was to come from South Australia, this would result in the permanent loss of 4500 hectares of citrus and 5500 of wine grapes.

"Susan Close and Clare Scriven are now starting to look naïve and uneducated while those around them begin to wake up to the devastating impacts of mass water buybacks."

Minister for Climate, Environment and Water Susan Close said the key focus of the Department of Primary Industries and Regions South Australia and the Department of Environment and Water was ongoing work to design a good program design for water recovery.

"The current South Australian position in favour of full delivery of the Basin Plan has the full weight of the Murray-Darling Basin Royal Commission behind it," Ms Close said.

"In addition to backing the continued use of productivity-boosting irrigation efficiency measures to recover the final 450GL under the Basin Plan, the South Australia Government has supported the Commonwealth's proposed use of strategic water purchase for this purpose, given this is now necessary to recover the remaining water after years of sabotage and delay.

"David Speirs was heavily criticised by the Royal Commission into the River Murray for 'capitulating to the interests of the current Commonwealth Government, and those of Victoria and New South Wales' and accused him of breaching the Ministerial Code of Conduct. Commissioner Brett Walker said Mr Spiers' conduct was 'antipathetic to the interests of South Australia, and the South Australian environment.'

"The Liberals' position is particularly galling given it was the Coalition government that spent more than 10 years delaying and sabotaging the plan resulting in just two of the 450 GL for environmental flows being delivered on their watch."

In late 2023, the Federal Government received more than 250 tender responses from across the Murray-Darling Basin regarding voluntary water buybacks, focussing specifically on six catchment areas across New South Wales and Southern Queensland.

It was indicated last November that voluntary buybacks were the only way the 450GL delivery could be made.

With the delivery deadline now December 31 2027, more information about the next stage of buyback tendering processes will be available at a later date.

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Levee works funding boost

SAM LOWE

MORE than $30 million has been dedicated by both State and Federal governments to progress with levee remediation works Lower River Murray Reclaimed Irrigation Area (LMRIA).

Up to $17.1 million in joint government funding will provide for remediation of government-owned levees between Mannum and Wellington which were damaged in the 2022/23 River Murray flood.

At the same time, the State Government has allocated $14.2 million in funds for initial repairs to privately owned LMRIA levees.

State Deputy Premier, Susan Close, said the levee remediation works built on considerable flood recovery efforts undertaken to date to help support the region's impacted businesses and agriculture.

"This commitment by the Australian and South Australian governments acknowledges the importance of the LMRIA agricultural area to the regional economy of South Australia," Ms Close said.

"This funding will allow for the completion of immediate works while a longer-term strategy is developed to bolster resilience of the region's levee network which is comprised of both government and privately-owned levees."

Immediate stabilisation works of the flood impacted levees started in March 2023, and over the coming months, short-term repairs and reinforcement of damaged levee sections will take place along the Lower Murray.



More than $30 million dedicated to levee remediation in the Lower Murray. Picture: FILE

Ongoing works will help to bolster immediate protection for the region's economically significant agricultural land and floodplain infrastructure in the event of another high river flow.

Mypolonga Progress Association chair and local agronomist, Steve Hein, said the community appreciated the endeavour of the governments.

"It's a significant milestone in the protection of the reclaimed pasture land from the initial concerns of the potential rising river in the immediate future," Mr Hein said.

"It is intermediate works and we look forward to a longer term consultation to get the final build levels along the levees.

"But this is what the locals have been asking for and have been working hard towards achieving.

"I think it is incredible that both government owned and private levees have been included in the funding and we're all looking forward to works starting in a short period of time."

Federal Minister for Emergency Management, Murray Watt said the Federal Government was committed to providing ongoing support to flood affected communities.

"This flooding event has had a profound and ongoing impact for South Australian communities along the River Murray," Mr Watt said.

"We are committed to continuing work with the Malinauskas Government on measures that improve disaster mitigation for South Australians.

"This support for immediate works on the River Murray levee system will provide assurance to the community while the South Australian Government works on a longer-term strategy to maintain and make the entire levee-system more resilient to future events."

Shadow Minister for Water Resources and the River Murray, Nicola Centofanti, said while she was pleased a funding agreement had finally been reached, it should have been addressed immediately following the flood and not a year down the track.

"It's all well and good to keep hearing about commitments, but words must be backed up by action," Dr Centofanti said.

"It is troubling that it's taken this long for them to work out a funding agreement and quite frankly, it is a kick in the guts to many landowners who have used their own money to do work the governments should have been doing 12 months ago.

"Our river communities deserve better."

Karoonda milestone for local men's shed

GERRY PAAY

THE Karoonda Community Men's Shed has completed another milestone.

On Thursday, January 25, a group of local volunteers offered their time and services to assist in the preparation, pouring and finishing of a cement floor in their new shed.

The jobs rely on available funding while the efforts of volunteers certainly help a lot to contain costs.

The District Council of Karoonda East Murray also assisted in the preparation of levelling the dirt surface and adjacent ground works to provide for easy vehicle access.

The next step will be the provision of electrical services to provide power and lighting for the shed.

When that happens, members will be able to start organising the workshop area and get ready to commence on some project work if they wish.

The shed currently has 38 members on the books with up to 20 members attending the regular informal gatherings, currently being held at the Karoonda Golf Club.

It will be great to be able to meet at the group's own shed, which it will certainly do as soon as is practically possible.

In the meantime, the group owes a huge thanks to the Karoonda Golf Club for allowing it the use of its clubrooms.

The new shed is located within the historical Pioneer Park village in the Karoonda township, which offers the opportunity for both the Men's Shed and the Historical Society to work collaboratively and to share resources for the good of the community.

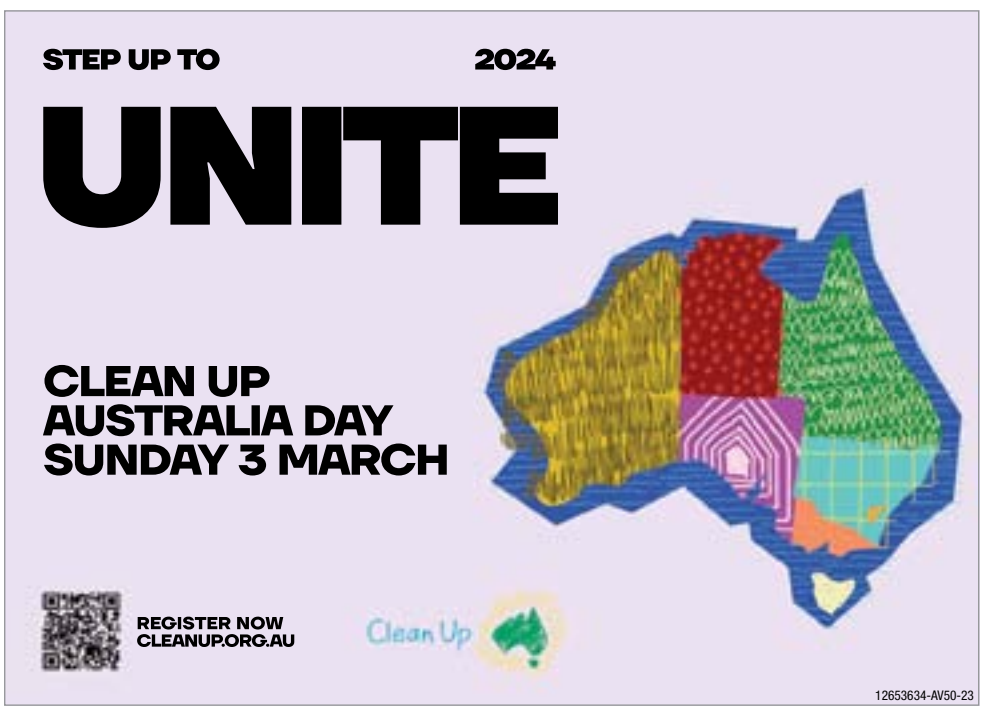
The Karoonda Community Men's Shed is a member of the Australian Men's Shed Association and is always on the lookout for funding opportunities to keep the shed moving forward and to provide a valuable resource focussing on the continued health and wellbeing of the men in the community.

There is a way to go yet for completion, but the enthusiasm of members, along with the support of the community, will ensure the group ends up with a very worthwhile community asset.



Robin Hood was happy to lend a hand with the Karoonda Community Mens Shed. 386307

Picture: SUPPLIED





Crafty display in Karoonda



Karoonda Community Craft Shop staff members, Sue Koch, Glenys McKenzie and Heather Ford are very pleased with the shops new mural. 386506 Picture: DCKEM

KAITLYN GIBBONS

AFTER receiving funding from round two of the Regional Arts Fund, which supports arts projects in regional and remote areas, the Karoonda Community Craft Shop has completed a mural which highlights the region.

The idea to create the mural was brought up by members of the craft shop who wanted the building to represent Karoonda while at the same time featuring local birdlife; the Mallee ringneck magpie and blue wren.

Treasurer Sue Koch said the craft shop was a hidden gem that provided the community and visitors a great place to view local artwork.

"The craft shop mural was created by artist Jarrod Loxton and we are very pleased with the result," Ms Koch said.

The craft shop is in a prime location in Karoonda so when people stop for a break in the town, visitors can see the shop and the flags at the front and wander over.

Ms Koch said the mural was a great asset for the shop and the region.

"The mural will add to Karonda and we all thought that maybe it might encourage other businesses, when appropriate, to do something similar and keep the Karoonda tourism alive," she said.

"Due to the ever growing support from the Karoonda community and visitors we are able to open seven days a week from 9am to 4pm."

The craft shop also celebrated its 10th birthday on Thursday, January 25, where the community got together and enjoyed some laughs and a chance to view the mural.

For more information phone 0432 904 483 or view the Facebook page at https://www.facebook.com/Karoondacommunitycreatives

Taking steps to support men's mental health

KAITLYN GIBBONS

AFTER losing two of his best friends to suicide, Zac Chapman decided to walk from Melbourne to Perth with a 40 kilogram bag on his back in hopes of spreading awareness on men's mental health.

Mr Chapman began his walk in January as he wanted to dedicate a few months of his life to help make a difference, however big or small.

"Christmas was a very lonely time for me, probably the loneliest I have felt in my entire life," Mr Chapman said.

"I am a 27-year-old that has been through a lot in his life.

" I grew up in a very toxic family household.

"I have never really had a fair go at life, I was in care from aged four to 18 and during that time I was a victim of institutional sexual abuse on a very bad scale.

"My voice was never heard and obviously when those kinds of things happen to someone that can affect you in a very serious way further in your life, which it has for me.

"I have lost two of my best mates that I grew up with to suicide over the last two years.

"I am actually carrying one of my best mate's work shirts in my bag, so when I make it to the Nullabor I plan to put it somewhere beautiful and send a photo of it to his mum."

Mr Chapman said he knows the struggle of life and could relate to a lot of people who have gone through a hard time.



Zac has set of from Melbourne to Perth with the aim to spread awareness on men's mental health. 386753 Picture: SUPPLIED

"I am a firm believer that it doesn't make a man any less of a man to show emotions or express how they feel," he said.

"I think a lot of blokes go through a hard time because they feel they can't really speak up or anything like that or they're worried what people would think instead of shedding a tear or showing emotion."

Mr Chapman said he wanted to highlight men's mental health.

"I just want to dedicate a few months of my life to making a difference, hence why I set myself a challenge that is near impossible but I know I can do it," he said.

"I walk with a big bag on my back that weighs around 40 kilos now, it has a swag in it for the times I can't stop off in a town or I need to have a quick rest."

Mr Chapman stopped in Murray Bridge on January 26, and said he thoroughly enjoyed his time.

"I am excited to see the many different places I visit, South Australia is a very beautiful place," he said.

"The part that will be the scariest will be the Nullabor, I will need to organise a satellite phone and things like that because it is just one straight road with not much on it at all and that could take me over a month.

"I decided to walk because I was at a very, very low point in my life during Christmas 2023 and I didn't want to feel like that anymore.

"I just thought you only live life once so why not make the most of it … I thought this would be the best way for me to leave a good mark on the world and be able to help others and inspire people by doing so.

"I suffer from mental health myself, I have my entire life but I don't let that limit what I can and can't do."

Mr Chapman wanted people to know that they can do anything if they put their mind to it.

"I would recommend to anyone that is going through a tough time to start walking because when I walk the things that upset me and break my heart don't matter to me at all," he said.

"I don't think about those things, I focus on the task at hand and the road and I listen to nature, it's an amazing experience, that's why I call it a journey of a lifetime.

"As crazy as it sounds, once I finish this walk I have prepared to do another walk around the entire perimeter of Australia.

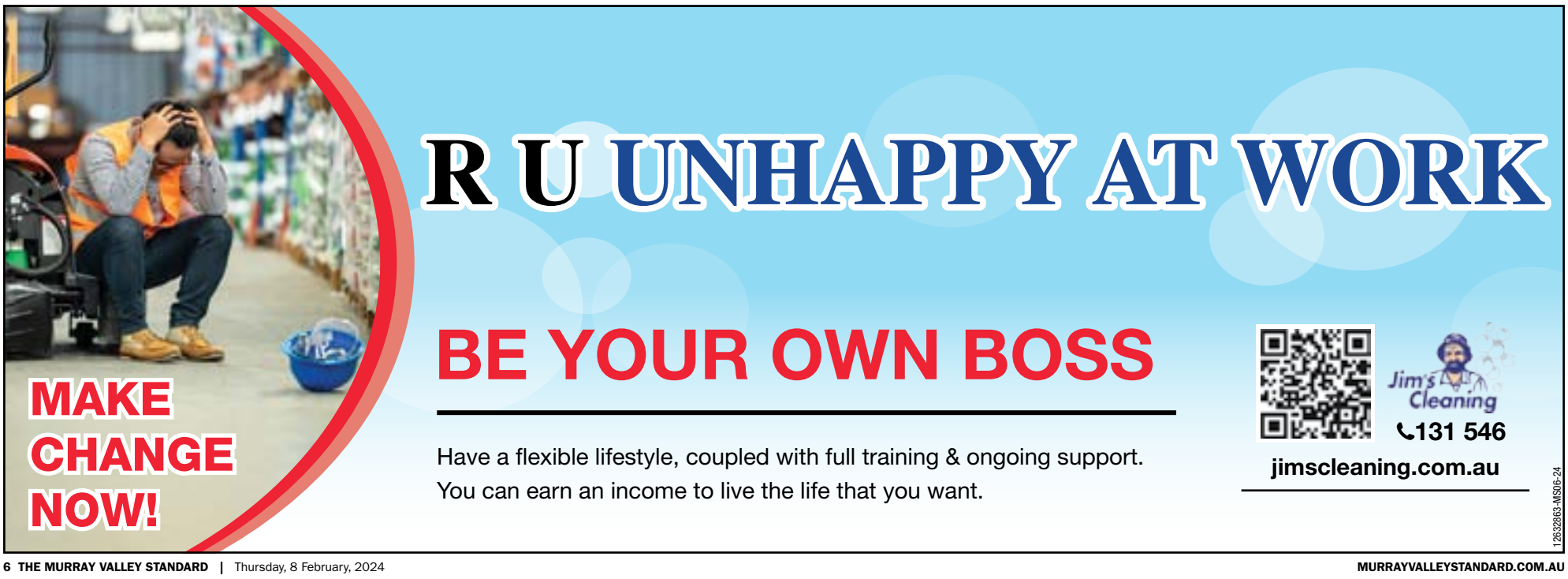
"I imagine I will finish this walk in April or May, walking the Nullabor will be the longest, scariest and loneliest part of the walk.

"To have come from a place and a life where you feel that everyone is against you and that there aren't many genuine people in the world, doing this gave me my faith back in humanity.

"I would like everyone to know that they are loved, they are wanted and they are so very much appreciated and needed on this earth for a greater purpose.

To follow Zac's journey, follow his Facebook: https://www.facebook.com/profile.php?id=61555492464812 which also has links to donate to him directly or to the Black Dog Institute.

If you or someone you love is struggling with mental health, contact Lifeline 13 11 14; Suicide Callback Service 1300 659 467; Headspace 1300 650 890.



Stepping up for community

BEVAN JONES

IT'S time for Murray Bridge residents to dust off their sneakers and join the Genuine Support Services Australia (GSSA) walking group.

Now in its fourth year the group meets every Wednesday rain, hail or shine at the Sturt Reserve barbecue area in Murray Bridge, next to the community club, at 11am, and the best part is the cost of lunch is covered by GSSA.

The group is a great way of keeping fit and engaging in meaningful conversations whilst strolling along the river and indulging in a freshly cooked barbecue.

If the weather is not good participants can still gather for a good chat and some food.

GSSA is a for-purpose social enterprise, with the primary focus on supporting individuals living with disability and mental health.

They also promote the importance of movement for healthy mental health and body function and recognise the vital role of human connection in our lives which is why they offer low-cost and free activities like the walking group.

GSSA managing director Gabrielle MacKenzie said there was a need to create the group based on feedback from the public.

"The significance of our mental well-being being intertwined with human connections and various lifestyle factors," Ms McKenzie said.

"Emphasising the vital role of interpersonal bonds, along with elements like exercise, fresh air, and general movement.

"Together, these components provide an avenue for mutual support and motivation.

"Engaging in activities like sitting, talking, cooking a barbecue fosters a sense of connection and activates positive chemicals in the brain, akin to what could be termed "incidental therapy.

"The lasting impact of building relationships through activities such as walking, talking, gathering, and eating together is notable."



Genuine Support Services Australia managing director Gabrielle MacKenzie and activities coordinator Kayla Jones are encouraging residents to join their free weekly walking group. 386935

Picture: BEVAN JONES

Ms MacKenzie said the social connections that have been built from the group was what made it so special.

"In our fourth consecutive year, we continue to host our walking group in an inviting and relaxed setting, aiming to ensure everyone feels welcomed and at ease," she said.

"It's heartening to witness our community uniting to establish these spaces and provide opportunities, especially with other services and individuals sharing the same commitment to offering support in similar capacities."

She said witnessing the overflowing love and positivity within their community was a joy.

Ms McKenzie also paid credit to the dedicated support workers leading the group, to the attendees, and activities coordinator Kayla, who brought a ripple effect of positive energy.

GSSA also has other affordable and free activities as well as local community events.

They also have a fully functional commercial cafe, offering low-cost meals and providing valuable hospitality to the community.

There is no need to book for the walking tours, just head on down to the Sturt Reserve or find out more via the GSSA Facebook page.

Coorong community grants up for review

THE Coorong District Council is calling out to the community to have a say in an upcoming policy review for community grants, sponsorship and funding.

The policy review provides guidelines for the Community Grants Program proposing to hold one round per year, add weighting to the assessment process while also updating and simplifying the application forms and process.

Some new additions highlighted in the review include the introduction of water provisions for sporting ovals as well as provisions for public amenities across the district which are not owned or managed by the council.

The revised policy accommodates the following changes to the council's Community Grants Program:

- One round per financial year for the Community Grants Program;
- Introduction of weighting to the assessment of Community Grants Program applications;
- Introducing new simplified forms with refined questions and the ability to complete online;
- An increase in the CEO's delegation to approve sponsorship requests from $100 to $500.
- Introduction of water provisions in the policy will allow the council to ensure an equitable level of service for sporting ovals across the district by removing any financial disadvantages incurred due to the cost of water.

The policy additions include:

- An annual water provision of no greater than 6,500 kilolitres will be provided to eligible sporting ovals at no charge;
- The provisions will not affect organisations already receiving a level of water provisions from the council;
- Applications for the water provisions will be open all year and reviewed annually.
- Public amenities not owned or managed by the Coorong District Council will now be able to seek the benefit of financial, consumable or in-kind contributions from the council.
- Public facilities owned by incorporated community groups or organisations will be able to seek no more than $1,000 contribution towards cleaning requirements and one annual pump out at no cost.
- Currently leased, council owned or managed land and associated public facilities will be able to receive provisions of no greater than $2,000 and one annual pump out at no cost.
- Multi year (up to three) applications for the provision of public amenities will be accepted.

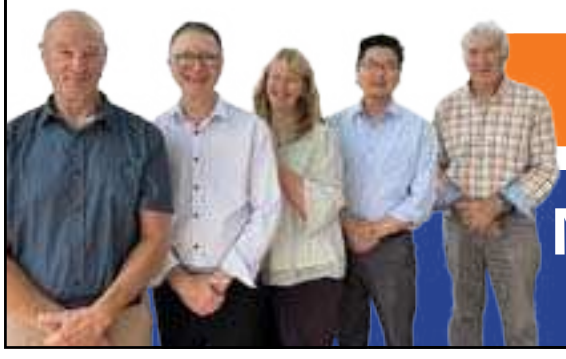
Feedback for the policy review is now open to the community, and consultation will remain open until 9am on Monday February 26.

A further report will be presented to the council in March 2024 summarising the community's feedback and enabling a final endorsement of the policy.

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YOUR SAY

The Murray Valley Standard values your opinion.

If you have a view or wish to comment on any community issue we would like to hear from you.

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EDITORIAL

AROUND regional South Australia medical professionals are calling out for more general practitioners and medical students.

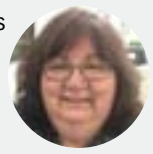
Rural communities are in dire need of better, accessible health care. Going to see a general practitioner (GP) nowadays is a very tricky business.

Appointments must be made weeks in advance, some services have limited availability and some medical practices have succumbed and closed their doors forever. And, of course, the cost of living has impacted many people, especially low income families, which has meant stretching resources such as emergency departments, and even pharmacies. With a near city-centric focus on health care improvements in South Australia more needs to be done to attract medical staff to the regions, or finding solutions to help people find the care they need.

The State Government should be applauded for its 24/7 pharmacy solution to keep people out of Adelaide's emergency departments, but this program can not be supported in regional communities. There is also the case of regional hospitals not having beds available, which means people either need to go to Adelaide for treatment or have to stay in the city because nothing can be offered closer to home. So where do we go to from here?

The solution must be a collaborative effort between governments, councils and communities to make sure our regions get the best care they need.

I don't have the answers but a major forum could put us all on the right path to finding some solutions.



- Sharon Hansen

Supporting women

MURRAY BRIDGE LIBRARY

IN a trailblazing step aimed at supporting community health, the Murray Bridge Library has collaborated with the Australian non-profit organisation Share the Dignity to unveil a first-of-its-kind vending machine that dispenses free sanitary products for the public in the Murraylands.

This initiative was made possible by the Cygnett Women's National Basketball League (WNBL) team and the Adelaide Lightning, in a significant step toward ensuring essential sanitary items are accessible to everyone in the community, regardless of financial constraints.

This partnership was inspired by the local volunteer group, Friends of Murray Bridge Public Library incorporated.

The vending machine is located in the parent's room of the Murray Bridge Library, offering 'Pink Packs'.

The packs contain six tampons and two pads, offering immediate and discreet access to these necessary items.

Share the Dignity, known for its commitment to providing access to basic sanitary products amid rising living costs, has played a crucial role in addressing the often overlooked need for easy access to menstrual health products.

The organisation's vending machines have been recognised for their impact in other regional areas, prompting the implementation of a similar solution in Murray Bridge.

Rural City of Murray Bridge chief executive Heather Barclay, highlighted the importance of this initiative.



Share the Dignity has partnered with the Murray Bridge Library to support community health.

Picture: SUPPLIED

"This vending machine at our library is more than just a convenience; it's a statement that our public library is a welcoming, safe space that is inclusive and that provides many types of services and support," Ms Barclay said.

"It's a practical step by the Rural City of Murray Bridge to address Menstrual Health - a global health and human rights issue.

"We know that unmet menstrual health needs can impact the health, safety and wellbeing of individuals.

"This vending machine will go a long way to help empower and alleviate some of the challenges that many people in our community may face."

The Murray Bridge Library is the first venue in the Murraylands region to offer this essential service, making it a pioneer in promoting menstrual health and accessibility.

The Share the Dignity vending machine is available to the public during the library's operating hours.

For specific times, please visit the library website.

Saving lives in Murray Bridge

MURRAY Bridge residents have contributed to saving nearly 3000 lives in 2023, simply by donating blood.

In 2023, 448 people rolled up their sleeves - including 53 new donors - and gave blood in Murray Bridge, helping make a difference to the lives of patients and their families.

All together 924 donations were made, and this topped the previous year's total by 29 donations.

Lifeblood spokesperson Zoe Ross thanked the community for their generosity and said every donation was truly appreciated.

"There is clearly a strong desire from the people of Murray Bridge and surrounds to do something to help those who require blood," Ms Ross said.

"Each donation can save up to three lives, so as many as 2,772 lives were saved by local donations.

"I encourage people who donated in 2023 to keep coming back to impact even more lives.

"I also urge other people in the community, who have not donated before, to follow their lead if they can. Let's see what Murray Bridge residents can achieve together in 2024."

A blood donation appointment takes one hour, with the donation itself only lasting up to 10 minutes.

People are even able to book to donate with a friend for a social outing with a life-changing outcome.

Lifeblood's Pop-Up Donor Centre will visit Murray Bridge at the John Dohler Hall from February 12-15.

To book a donation, call 13 14 95 or book online at lifeblood.com.au or on the Donate-Blood app.

If you would like to know more about donating blood visit lifeblood.com.au

Bridge Arts returns for 2024 fun

DI DAWSON

WEEKLY art classes held at Bridge Arts studio have now reconvened for the 2024 year and a group of enthusiastic students returned on 31 January under the tutorship of Sharon Secker.

Ms Secker values the importance of art and culture amongst her students and has honed her skills in drawing and painting to a level where she finds gratification in working with her students to develop and deepen their abilities in their artwork.

One of these students is Sharon Searle, a local Murray Bridge woman whose story of her background and journey in art is interesting and certainly inspiring.

Ms Searle was diagnosed with Parkinson's Disease at the age of 53.

Up until that time she was a fitness instructor in rehabilitation classes at the local hospital swimming pool and took pilates classes.

Despite her diagnosis and the discomfort experienced with this disability, Ms Searle continued in her work until she felt that physically she was unable to continue.

It was at that time a friend suggested to her that she try her hand at some form of art.

Ms Searle tells me that she had always had an interest in art at school but shorthand took precedence.



Sharon Searle enjoys painting with Bridge Arts.

Picture: SUPPLIED

She said she preferred character drawings in pencil and finds herself with a sketchbook in her hand at every opportunity including when she is unable to walk around with others she will happily sit and sketch the surroundings.

She also considers she is fortunate to still maintain steady hands when painting or drawing as this can often be a symptom of Parkinson's Disease.

A major if not surprising achievement for Ms Searle was the sale of the first work she had ever exhibited, being a pencil drawing of a bird in the 2023 SALA exhibition.

Ms Searle said that art had been a life saver for her and her motto is to just live with it and get on with it, which certainly sums up her courage, strength and the ability to live and cope with her disability and her meaningful journey with her art.

Another significant milestone for Ms Secker was her 70th birthday celebrated last year where students of the art class not only celebrated with her but enjoyed a special class where they created colourful, hand painted flower pots.

Future events:

Regular workshops will commence in March, with a new initiative being the monthly 'Saturday afternoons at the Studio' where Sue Piggott will convene mixed media art play classes.

The first one being on March 2 and thereafter monthly.

Other workshops planned include, En Plein Air painting (March), Mosaics (April), Pottery and Bubbles (May), Abstract Acrylic Portraits (June), and others yet to be decided on.

To enrol for any of the workshops and to keep abreast of what is on anyone interested is encouraged to visit the Facebook page where all details can be found.

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Taking a step through time

BEVAN JONES

IN 2017, a group of local passionate and highly knowledgeable historians began meeting regularly at the Tailem Bend Library to preserve the town's history.

The interest and desire to showcase local history became strong and the group came together as people who were not only passionate about the history of the local railways and the town, but had a desire to display it to a wider audience.

Tailem Bend has a vast history in the areas of railway, farming, transport, river, education, religion and more and the group was created to ensure that history was not lost.

Seven years on, the Tailem Bend Historians (TBH) group continues to go from strength to strength and now has over 20 members that meet on a monthly basis at the library.

The group has held two exhibitions for SA History Month, showcasing some of the stories, pictures and artefacts it has collected.

The historians aim to research places and build imagery and personal stories, preserving the assets and making them accessible to the public.

Through social media, some long-time residents, photographic history, council assistance and library resources the group has been able to gather some great information about Tailem Bend.

Not only does the group have committee meetings but it also goes on trips to different places, looking at history from other areas close by, such as Eudunda and Pinnaroo.

There is also a separate Monday Memories Group which is more lighthearted and gives people the chance to show old photos and share stories.

Monday Memories is held at the Tailem Bend Library on the last Monday of the month at 10am at the Tailem Bend library.



Tailem Bend Historians secretary Angie Tomkinson and co-founder Don Green enjoy learning about the incredible history of Tailem Bend. 387224

Picture: BEVAN JONES

Historian and TBH co-founder Don Green said the group was a great way of preserving important history about Tailem Bend and its surrounds.

It's good for people to know about the town that they came from and we are starting to find more and more people wanting to find out more," Mr Green said.

"There were fascinating old photos around that we may have missed before this group existed, we now have somewhere for them to be preserved.

"[People] would throw them out instead as there was nowhere to give photos too, and preserve them before this group existed.

"The group will continue to grow and since we have had the group we have learned there are more historical photos, memorabilia and stories than we realised.

"Most places, towns have history places, but Tailem Bend has only ever had one book printed, being a railway town people tended to keep moving and go off to other towns so there was very little history kept."

TBH secretary Angie Tomkinson said the community had been supportive towards the group.

"It's been great fun and we have a diverse range of people in the group, and we are now starting to find people who lived in this community are sharing photos on social media and dropping things off at the library which has been great," Ms Tomkinson said.

"We also have a history room with the help of the Coorong Council and, the Coorong District Council is letting us use the railway station that has been restored, tidied up and painted and there's a little rotating display.

"The TBH is a diverse group of people who enjoy researching different areas of Tailem Bend, from the early years and the Aboriginal families that dwelled here, to the farming families and pioneers that founded the town, to the river history, the railways that made our town what it is, and the people of the town.

"We want to promote, protect and preserve the history of the town before it gets lost, and promote it to future generations."

Ms Tomkinson said there were some exciting times ahead for the group.

"We are looking into doing more outings and inviting guest speakers who can come in and talk about the history of the town and their own experiences," she said.

"It's like a jigsaw puzzle finding the pieces of the past, and preserving the history and stories and sharing what we have found where we can on social media.

"If you have anything to do with Tailem Bend whether it be photos or stories we encourage people to share it, that's where we get lots of information from.

"If you have a precious photo of Tailem Bend then we can scan it and return it to you, so we encourage people to bring those into the library."

Working closely with the Tailem Information Station, the Coorong District Council and other groups, TBH has been able to bring the town's historical imaging together into one data file in an easily accessible digital format with images grouped and named to maximise online searching results.

For more information contact Ms Tomkinson on 8572 3275 or drop into the library for a chat.

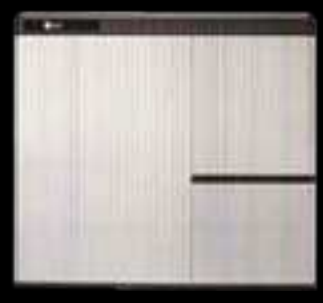
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Nearly 35 years of service

In the Spotlight



Gwenda Zadow has served the community for over 35 years as president of the Friends of the Tailem Bend District Hospital. 385696 **Picture: BEVAN JONES**

BEVAN JONES

IT'S Australia Day and the annual Tailem Bend ceremony is about to begin, and slaving away in the kitchen is an incredible team led by their tireless leader.

That team is the Friends of the Tailem Bend District Hospital group and for over 30 years local resident Gwenda Zadow has served the community by making delicious meals for events around the Murray Mallee.

Ms Zadow grew up on a dairy farm in the Inman Valley, spending her time shearing sheep and milking cows, before moving to Naturi, a town 10 kilometres north of Tailem Bend.

In May this year it will be 35 years that she has been the club president of the group.

They do around 50 events a year in different locations around the region including ceremonies such as Australia Day, funerals, and others.

There are around seven team members in the group, and Ms Zadow takes care of the shopping, preparation, and cooking of the meat.

The remainder of the team is responsible for making sweets, including some of their own specials, like Cherry Ripe slices.

Ms Zadow said making a difference in the community and making lifelong friendships was what she enjoyed most about taking on the task.

"My mother was a good cook and encouraged me to join the group and it is a pleasure to make a difference and cook delicious food for others in the Murray Mallee community," she said.

"We get together three or four times a month and I've made some great friends over the years."

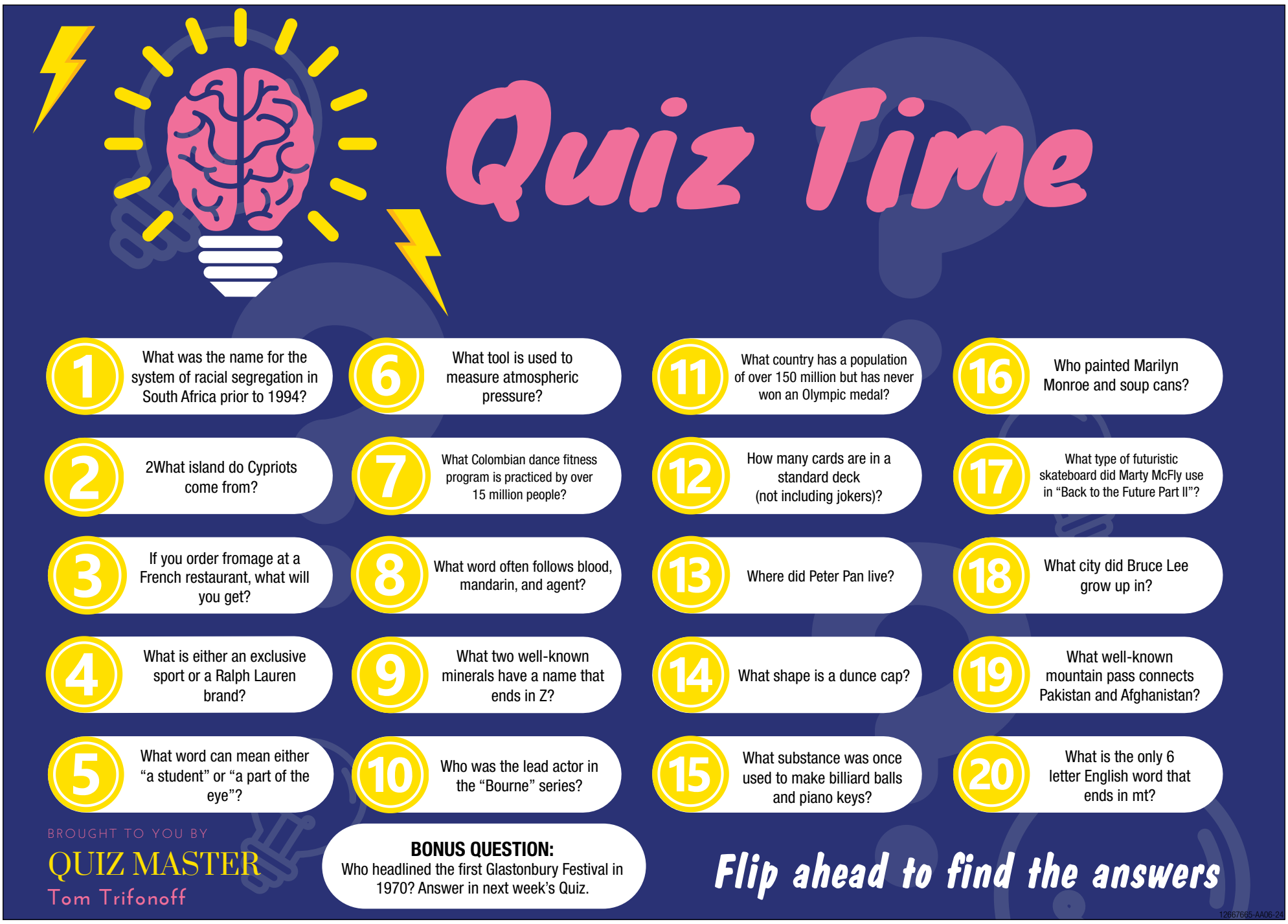
Ms Zadow said the team had been lucky enough to receive funding from local clubs, however getting funding was a challenge.

"It's cost me a lot of money over the years, we've been given a bit of money and the community has been very good with donations and the Rotary Club and Lions Club have given us a bit which has been great." she said.

"We have tried to apply for grants but we haven't been eligible as we work under the banner of the government.

"When I stop doing it or pass away I think it might be the end of it as it's getting to the stage where no one wants to take it on and it's a tough job."

Nowadays Ms Zadow also enjoys watching her grandchildren and great-grandchildren play football at Tailem Bend and, of course, it would be no surprise to many close to her that she also provides the catering on a regular basis at the club.





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Kelly's three month mark

RESTHAVEN MURRAY BRIDGE

THREE months into the job, Resthaven Murray Bridge manager of residential services, Kelly Gladigau, is settling in well at the residential aged care home located at 53 Swanport Road.

"The support I've received has been amazing, and I feel very welcomed by the site community," she said.

Kelly is an experienced nurse, and lives on a farming property in Cowirra, in the Murraylands on the east bank of the River Murray, opposite Mannum.

"My husband and I farm potatoes, crop and cattle," she said.

"We have lived here for over 25 years, and we have five wonderful children."

A highly experienced registered nurse, Kelly has worked in healthcare for the past 24 years.

"I've progressed through the ranks from personal care assistant to enrolled nurse, then registered nurse, now manager," she said.

"Throughout this time, I have worked across hospitals, aged care, medical clinics, telehealth programs, and community nursing.

"I decided to join Resthaven as I was impressed with the structure and governance of the organisation, as a leading aged care provider in South Australia.

"I wanted to be part of managing and delivering this crucial service to the community.

"I have always felt immense satisfaction working in aged care, including my speciality in palliative care, which is my passion.

"It is a privilege to be in a role that can influence and lead positive advocacy in the sector.

"I am glad to have joined such an experienced, hardworking team."

Resthaven Murray Bridge has been providing support to older people across the Murraylands since 1957, and celebrated its 65th anniversary in 2023.

It is home to almost 100 older people and employs around 100 local staff, and is centrally located close to shops, parks, and churches.

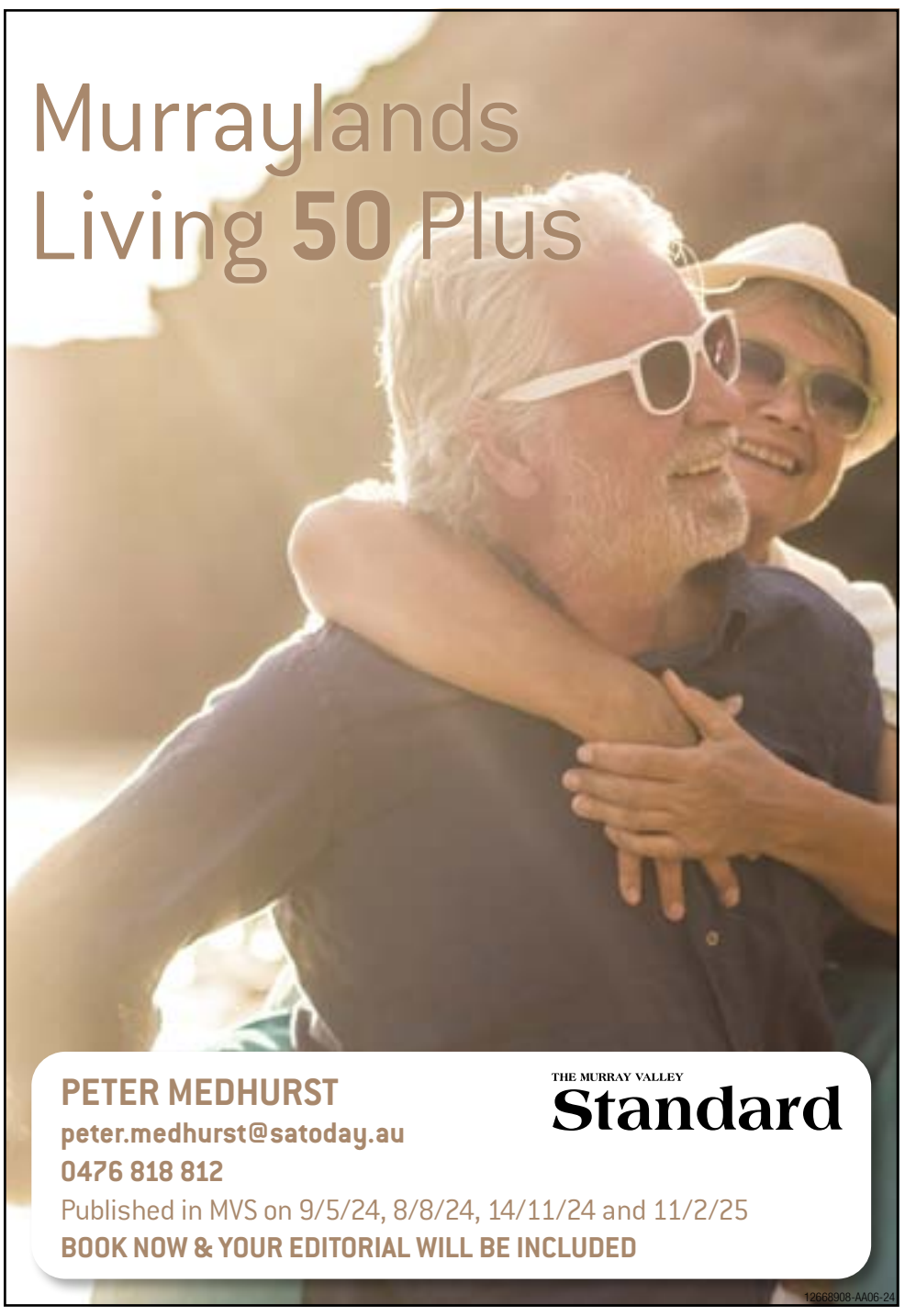
To book a tour of the home, visit www.resthaven.asn.au/care-homes/resthaven-murray-bridge/ (bookings essential).

Every day, Resthaven shares the lives and wisdom of older people and their carers, opening doors to the full range of aged care service options available.

Services are provided throughout metropolitan Adelaide, the Adelaide Hills, Murraylands, Riverland, Fleurieu Peninsula, lower Barossa region and the Limestone Coast of South Australia.



Resthaven Murray Bridge Manager of Residential Services, Kelly Gladigau. Picture: SUPPLIED





Town's history on a hilltop

KAITLYN GIBBONS



Round house volunteer Helen Kuchel, RCMB tourism officer Robyn Martin and RCMB manager economic development want to share the love of the Round House. 386826

Picture: KAITLYN GIBBONS

WHAT once was built to house the Superintendent of Works Henry Parker, in 1876, the Murray Bridge Round House is now a museum that displays the history of the rural city.

Originally, the Round House was built so Supt Parker could oversee the construction of the Murray Bridge Road Bridge and go on to be a residence for a bridge keeper, however that plan was changed.

Once the construction of the Murray Bridge Road Bridge was completed, the Round House acted as a community space and served many functions for five years such as a school, post office, church and council chamber before it was handed over to the South Australian Railways in 1884.

When it was first built, the idea was for it to be used as a toll building.

The Round House's unusual shape is no mistake, as it was designed to match the tollgate building at the foot of Adelaide, but once the construction of the bridge was completed the idea to charge a toll fee was turned down.

In time, the Rural City of Murray Bridge took over the care of the Round House from the South Australian Railways and has been looking after it ever since.

RCMB manager economic development Vanessa Leigh said the Round House tells the history of Murray Bridge.

"It's a place that holds that history and memory for some of the start of Murray Bridge and how it came about and how this location was so important to South Australia at the time," Ms Leigh said.

"I think it's really important for our younger generations to know that the Round House exists and why it exists."

Ms Leigh said in 2020 the building underwent a revitalisation project which resulted in the interpretation of the interior of the house change completely.

"The inside of the house was revitalised so it could tell a story, but more with a more indepth history of Murray Bridge including the house itself, the first person who lived there; Mr Parker and his journey but also the construction of the bridge," she said.

"Also throughout its time has been one of the first schools, one of the first local government buildings, first post office and first church, it has had a lot of history and we [the RCMB] really wanted to make sure that was being showcased to the community.

"The Round House is a tourism asset, it is a visitor experience and something the Rural City of Murray Bridge is proud of and we want to maintain not only for locals but also the visitor economy as well.

"It is part of the new growth and economic development portfolio and so we are going to have a greater focus on our tourism assets."

Round House volunteer Helen Kuchel said she loved working at the building.

"If I am ever having a bad day, I look outside and see the beautiful view and suddenly my day gets better," Ms Kuchel said.

Located 146 Railway Terrace, Murray Bridge, the Round House is open Wednesday, Thursday, Friday and Sunday from 11am-3pm and Saturday from 8.30am-11am, with some special openings available for larger groups.

It is also a venue which can be available for weddings, events and conferences.

For more information phone 8539 1142, email theroundhouse@murraybridge.sa.gov.au or visit https://www.murraybridge.sa.gov.au

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Murraylands Gymnastics Academy head coach and life member Narrelle Roe-Simons and fellow head coach and award nominee Jemma Tilley. 387264

Pictures: BEVAN JONES



Murray Gymnastics Academy head coach Jemma Tilley has been nominated as a finalist for the Leader of the Year KinderGym and Positive Coaching Award for the 2023 Gymnastics South Australia Annual Awards to be held on Saturday Feb 10 at Glenelg. 387264

'Bridge gym staff soar high

BEVAN JONES

IN the heart of Murray Bridge lies the Murraylands Gymnastics Academy (MGA) where dreams soar higher than vaults and ambitions stretch further than balance beams.

Amongst all of this, there is a group of dedicated coaches who strive to provide a helping hand to up and coming gymnasts, and older gymnasts who simply want to keep fit and make new friends.

The club continues to grow from strength to strength, now with more than 350 enrolled members.

In 2023 the club had gymnasts attend a high number of competitions, including the Women's and Men's Artistic Gymnastics (MAG) Country Championships, and two Gymnastics for All Interclub Team gym competitions.

The club also had seven teams registered to compete in the Team gym state competition in November.

It is no surprise that all this hard work has been recognised with several nominations for the upcoming 2023 Gymnastics SA Annual Awards which will take place on February 10 at the Stamford Grand at Glenelg.

The club itself has been nominated as a finalist for the Medium Club of the Year award, while Jemma Tilley has been nominated as a finalist for the Leader of the Year KinderGym and Positive Coaching Award.

Kalimna Roe-Simons has also been nominated as a finalist for Judge of the Year for judging Men's Artistic Gymnastics, and Nicky Tomkinson has been nominated as a finalist for Volunteer of the Year.

Jemma Tilley started gymnastics in her younger years when living in Victor Harbor, however she had to stop when the family relocated to the Eyre Peninsula due to her father's work commitments.

She then had a 19 year hiatus from gymnastics before joining up to the MGA in 2018 when looking for somewhere for her daughter Chloe to do gymnastics.

The MGA needed coaches and volunteers and there was no KinderGym at the time so Ms Tilley started doing some coach courses.

What started with two classes for KinderGym in 2019 grew to 12 KinderGym and two Pre Gym classes by the start of 2023.

Ms Tilley said the gymnastics community was what made it special.

"It's the people, the community of gymnasts, that I love the most about it," she said.

"I can't believe how much it's changed and grown from when I first started in 2018 to now.

"We now do Fitter for Life 55 and over program and are the only club in the state that runs this program.

"We also offer lots of other new programs including a Special Olympics class for people on the spectrum with limited numbers where the parents are involved too."

Ms Tilley said winning one or both of the individual or club awards would be a boost for the club's profile.

"It's nice to be acknowledged and winning an award would help the club in trying to reach its goals of expanding and getting our name out there," she said.

"We have been here for nearly 40 years and you bump into people in the community who still don't know that there is a gymnastics club here in Murray Bridge.

"We are renting off the church and hopefully one day we will have a bigger centre, then we can offer bigger classes and get more coaches and members in.

"The majority of classes are at capacity due to space and we are limited by what we can provide at this location."

MGA head coach and life member Narrelle Roe-Simons has been at the club for nearly 35 years.

She nominated Ms Tilley for the Positive Coaching Award and said her colleague and friend was awesome and well deserving of the nomination.

She said that she didn't know what she would do without Ms Tilley.

Ms Roe-Simons was also full of praise for her daughter Kalimna who had been nominated as a finalist for Judge of the Year for MAG.

"She goes to nearly every MAG competition and judges for us and anytime we need help she would be there even if it meant driving all the way from Adelaide," she said.

"I am very proud, she's up against some very stiff competition but it's the second year in a row she's been a finalist and being nominated is great."

Ms Tilley said Nicky Tomkinson was a very deserving nominee for finalist for Volunteer of the Year.

"She has been club president for the last five years and her whole family has been involved in the club," she said.

"They donated new lights that were put in last year and also put in a lot of time and effort with upgrading of new equipment, they just helped so much.

"Nicky also previously organised all of the fundraising events like sausage sizzles and would be very deserving.

"She is stepping down as president and will be badly missed."

The Murraylands Gymnastics Academy is currently closed due to maintenance issues.

Keep an eye on the Murraylands Gymnastics Academy Facebook page for further updates.





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District Governor, David Horne, new Lion, Elaine Bretag, and her sponsor Hylton Moritz.

Picture: SUPPLIED

Awarded for Lions service

ANN HUGHES

AT the monthly dinner meeting of the Lions Club of Murray Bridge on January 24, members were joined by the District Governor, David Horne.

Also in attendance as guest speaker, was Past District Governor, Brian Hearn, National President of the Lions Eye Health program who gave an interesting address on the successful program being offered in schools and pre-schools.

He spoke about the program which provides eye testing and the training program for interested Lions to undertake.

The club already has several members keen to become involved.

District Governor, David then inducted new Lion, Elaine Bretag together with her sponsor Hylton Moritz.

Mrs Bretag had already attended several previous meetings and already had become a welcome attendee at several catering events.

Following the induction, Mr Horne then invited Lion John Filmer to the front of the gathering to receive his life membership to Lions.

The prepared citation was read covering a range of activities Mr Filmer had been involved in during his 36 years as a Lions member to the Tintinara Lions (1986 – 2003) before transferring to the Murray Bridge club in 2004.

Whilst Mr Filmer was a little overwhelmed, his acceptance speech was well received by all present.

A very pleasing attendance of members and friends came to share and enjoy the evening's program as well as welcoming two transferring members.

It is interesting to note that in the past six months the club's membership has risen by seven to a healthy 22 in total which is outstanding.

Our service to the community will continue as a great commitment by the members.

Tourism fund boost

SAM LOWE

THREE of the Murraylands' nature tourism operators have recently received a boost in funding.

Whether the grant funds were used to buy new transport or equipment, or to work on bringing together a new tour, the State Government's Experience Nature Tourism Fund has supported nature tourism across South Australia with nearly $1 million in grants.

The three Murraylands operators that benefitted were:

- The Ngarrindjeri Lands and Progress Aboriginal Corporation: Received $47,096 in grant funding to develop new cultural walking tours in Coorong National Park, and purchase equipment, training, marketing and product development to support the project.

- The Mannum Aboriginal Community Association: Received $24,540 to enhance the 'Black Duck Dreaming Tour' operating in Ngaut Ngaut Conservation Park through the purchase of equipment and marketing.

- Canoe the Coorong: Received $37,818 in funding to purchase a new vehicle to transport visitors to experience tours into the Coorong National Park, including introduction of transfers within the region.

Murray River, Lakes and Coorong regional tourism manager Greg Stirling said it was important that the region continued to develop its tourism opportunities.

"It's really fantastic because we have a range of diverse experiences in the region and nature is certainly one of those that attracts people to the region," Mr Stirling said.

"I think it's really positive for the region, positive for the state, and I think product development is really vital in developing our visitor economy, and so it's great to see those nature based recipients receive that funding.



New boosts to nature tourism, including Canoe the Coorong. Picture: FILE

"The great thing about our region is that it's so diverse, we've got adrenaline based experiences, we've got water based activities, through to what the Bend has to offer, and of course the incredible nature, the bird life, it's a really diverse range of opportunities in the region."

Minister for Tourism Zoe Bettison said it was a terrific display of visitor experiences which showcase South Australia's natural assets, as the second round of Experience Nature Tourism Fund unlocked more potential to attract interstate and international visitors to our state.

"Whether it's a walking tour, Aboriginal cultural experience or new accommodation, the State Government's $2 million Experience Nature Tourism Fund, which was one of our government's election commitments, is doing exactly what we intended – giving visitors more reasons to see South Australia in a sustainable way," Minister Bettison said.

Applications for round three of funding will open early in the new financial year.

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Life membership for Lions

IAN CRANE

JOHN FILMER joined the Tintinara Lions Club on November 18 1987 and transferred to the Lions Club of Murray Bridge in early 2004.

Mr Filmer has served both clubs with enthusiasm and genuine commitment during his 36-year membership.

This commitment extends to many areas of community service through which the clubs undertake.

During this period, Mr Filmer has served as president, secretary and treasurer for varying lengths of time in both Clubs.

He has served on the membership committee and the nominations committee, as well.

At numerous handover events, Mr Filmer has been a popular choice as the Master of Ceremonies.

A task always well done and with attention to detail.

Tribute is also paid to Mr Filmer's willingness to assist when an event requires helpers.

The club has been fortunate to host at least eright Youth of the Year events in recent years.

Mr Filmer volunteered willingly to assist with the setting up and other duties to ensure these events ran smoothly.

No job is too difficult for Lion Mr Filmer.

Over the years the club has conducted a number of garage sales with a range of items requiring collection or storage in the club's container prior to the event.

It has been Mr Filmer and his trusty ute at the forefront to lend a hand.

Mr Filmer continues to be a valued member of the recycling team since joining the club.

Whilst this is a service so valued by the business and household communities, regular funds are received by the club.

He is also a regular Mr Fix It when a need arises.



District Governor, David Horne awarding Lion John Filmer life membership. **Picture: SUPPLIED**

His expertise in repairing, painting, dismantling and clearing away demonstrate other useful skills.

Mention must be made of his initiative, so vital to make things happen.

His continued contribution as catering officer each month demonstrates Mr Filmer's ability to communicate effectively with members, and is the go-to person from a range of organisations requiring our catering service.

He knows the number of helpers required for a particular event and effectively secures these.

The overall success of the club's catering service can be attributed to Mr Filmer's leadership.

Many club activities over the years have run smoothly through Mr Filmer's contribution.

One project in need was the sourcing of the walker for a disabled child in 2010.

As always, M Filmer saw the need, organised funding and was able to procure the necessary equipment.

In recent years Mr Filmer has been the main organiser of the School's Awards and the annual Peace Poster project.

The success is due to Mr Filmer's attention to detail and communicating effectively with the schools.

During the past two years, Mr Filmer has mentored new members to take over the duties.

His guidance has been clear, ensuring continued effective participation between the schools and the club.

Another project to demonstrate initiative has been the making and replacement of the honour boards.

It was Mr Filmer who ensured that each year the appropriate names were added.

He also has arranged for the making and replacement of the new honour boards.

In 2009, plans were afoot from the local council to install an outdoor gym at Sturt Reserve.

It was Mr Filmer who saw an opportunity to work with the council and to see the project come to fruition.

Funding opportunities for larger items donated by the club were and have been made possible through grants.

Mr Filmer has a proven track record as a successful grant writer for funding applications.

In all areas of the club, he continually demonstrates his genuine commitment to actively serve the club and community.

His remarkable reliability and resilience to change continues to make him such a valued member.

Therefore, it was with pleasure to award a life membership to Lion John Filmer.



Murray Bridge recovery centre set to open

THE Murraylands Performance Recovery Centre is set for a grand opening on Sunday, February 10. New to the area, Murraylands Performance Recovery caters for all of the community's recovery needs.

The team uses Normatec compression boots, sauna, and hot and cold contrast baths which can be instrumental in health and wellness. Also included is the chance to have a massage with Invision by Felicity and physiotherapy with Tom, from Murray Motion Physiotherapy.

The recovery hub is something people in the Murraylands will not find anywhere else in the region. The centre is not just for athletic recovery but for people who are recovering from injuries, operations and general body management.

The low foundation membership opportunity will finish at the end of the open day so people are encouraged to get in and give it a try for free because they will not get a better deal! Also joining the recovery team is the relocation of Ultimate Performance Fitness and Aimz High Fitness which is now under the same roof and under the same membership.

The space that has been created is unique and the group sessions are some of the best in the region with free sessions on the day at 6am, 7am and 9am, then at 10am there will be an information session for the upcoming eight week challenge.

Also located at the centre is Kenisha, from KS Performance Coach, who is a fully qualified strength and conditioning coach who is doing amazing things with her clients, sporting teams and athletes. Kenisha is now taking a few sessions a week with Ultimate Performance and programming the strength and conditioning side of the 12 and eight-week challenge.

On the opening day there will be lucky door prizes, raffles, bacon and egg rolls, coffee, and face painting for the kids in the creche from 9am to 10.45am. There will also be supplement tasting by Elite Supps, free 10 minute massages with Felicity, free recovery sessions in the sauna, baths and boots and a whole lot more.



Trauma, recovery, writing

SAM LOWE

AUSTRALIAN author Damien Linnane is set to present his new book, Raw: a memoir, at the Murray Bridge Library, telling his story of trauma, prison, recovery and writing.

Since he was a child, Mr Linnane has been a prolific reader, often interested in writing and telling stories himself but it was not until he went to prison that he found the time to write.

Having survived child abuse, Mr Linnane said he tried to bury trauma for 20 years but after someone close disclosed their own traumatic experiences he had a nervous breakdown and burnt down the home of the alleged offender.

Sentenced for an act of vigilantism, Mr Linnane said he realised that revenge would not have resolved his underlying anger and instead he decided to pursue psychological counselling, and writing.

"I'd always been interested in writing myself, but I never found the time until I went to prison," Mr Linnane said.

"I turned to writing in prison as a way of staying sane and keeping myself occupied, and with very few distractions, I was able to finish a draft of my first book, Scarred, in five months."

Mr Linnane's first book, Scarred, was a crime thriller novel, loosely inspired by the magistrate who sentenced him describing his crime as an act of vigilantism.



Australian author Damien Linnane will be speaking at the Murray Bridge Library on February 26. **Picture: SUPPLIED**

He said that writing the book in prison was no easy task.

"I had to write everything by hand as there was no computer access, and I chose to write every chapter twice and post one to a friend for safe keeping, just in case something happened to the copy I had in my cell," Mr Linnane said.

"People kept telling me that while my novel was interesting, the 'story behind the story', both of how I wrote it in prison, and the trauma that led me to prison in the first place, was much more fascinating."

Mr Linnane said he thought his memoir was entertaining for a general audience however it involved a strong underlying message.

"I tried to bury the trauma of what happened during my childhood for two decades," Mr Linnane said.

"At the time I thought being able to 'move forward' and not dwell on it was a sign of strength.

"But the pain was manifesting in different ways, it was affecting everything from my personal relationships to my employment, and then eventually I had a nervous breakdown and made a decision that led to my imprisonment.

"My life didn't start to improve until I finally started talking about things.

"Today I can get up on stage in front of crowds and tell complete strangers about my childhood, and it's not difficult at all.

"I've realised being a victim is nothing to be ashamed about because I didn't do anything wrong, but more importantly, I've realised that my story might be able to help other people.

"My father taught me that asking for help or wanting to talk about pain was a sign of weakness, partially because that's what he'd been taught himself.

"Hopefully my story can be a small part of trying to break this stereotype."

Damien Linnane will be presenting an author talk at the Murray Bridge Library on Monday, February 26 from 2pm to 3pm.

For more information, or to book, please contact 8539 1175, or see library staff.

Have a say on health

THE Riverland Mallee Coorong Local Health Network (RMCLHN) is calling on community members to have their say on future health care services in the region.

Consultations are now open as part of the RMCLHN's Clinical Service Plan process, which is being developed in collaboration with staff, stakeholders, consumers and community members to help enhance the valued health services that were currently provided.

RMCLHN leading service design manager Kerry Dix said it was important to continue the improvement of the health and wellbeing of communities by providing the best care possible to meet current and emerging needs.

"That's why we want to hear from as many people as possible so that we can develop a plan that creates a range of opportunities for everyone who lives in our region," Ms Dix said.

The RMCLHN wants to know what people think public health services should look like in the future, what services are needed and how they would like to access their health services.

Chief executive Wayne Champion said the RMCLHN Clinical Service Plan would help enhance how to provide health care in the region now and into the future.



The Riverland Mallee Coorong Local Health Network (RMCLHN) is calling on community members to have their say on future health care services in the region. 386871 **Picture: FILE**

"We are excited to continue to work together with the community to develop a plan that will provide the best healthcare solutions for our region," Mr Champion said.

Once the plan was developed it would be used to help prioritise services for expansion in the region and which services could be better provided in alternative ways.

To have your say, complete the short online survey at https://bit.ly/ClinicalServicePlanSurvey or access a hard copy at the local hospital.

For more information, contact the Clinical Service Plan team on Health.RMCLHN-ClinicalServicePlanning@sa.gov.au

New draft flag flying policy for Coorong

COMMUNITY feedback is being sought regarding the new Coorong District Council Draft Flag Flying Policy.

Following the meeting held on November 21, 2023, the council decided to draft a policy regarding the flying of flags.

The aim of the policy was to establish a consistent approach to the flying of flags on poles under council's care and control.

Flags are flown as a symbol of the pride the council and its citizens have in their country, diversity and community.

The key points of the draft policy:

- Identifies the number and location of flag poles under council's care and control.
- Sets a standard protocol for flying flags at each location.
- Sets protocols for when flags may be flown at half-mast.
- Sets protocols for decision making when requests are received to fly alternative flags or for the flags to be flown at half-mast.

Feedback is invited from the community, and consultation will remain open until 9am on Monday, February 26.

Further reports will be presented to council in March 2024 summarising community feedback and enabling a final endorsement of the policies.



Community feedback is sought regarding the new Coorong District Council's Draft Flag Flying Policy following the council meeting held on November 21 last year. 386605 **Picture: FILE**

Feedback can be submitted by an online form at www.coorong.sa.gov.au, entering a submission at a council customer service centres, email to council@coorong.sa.gov.au or send to PO Box 399, Tailem Bend, 5260.

For more information visit Coorong District Council's website to view the policies, or contact the council by phoning 1300 785 277 or email council@coorong.sa.gov.au.

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Busy period for local police

MURRAYLAND police officers have been kept busy over the past few days.

CAR CHASE

Two people were arrested at Langhorne Creek after they allegedly failed to pull over for police along the Princes Highway at the Coorong.

Just after 2pm, Thursday, February 1, police were conducting speed detection duties on the highway when they clocked a gold Commodore travelling at 133km/h in a 100 km/h zone.

The vehicle was headed west on the Princes Highway through Tailem Bend.

Police successfully spiked the car's tyres at Monteith, however, it continued travelling onto Jervois Road where it was picked up by PolAir and tracked as it continued west onto Langhorne Creek Road.

At about 3.30pm the car left the road near Lee Road and the driver and passenger fled into a paddock but were quickly apprehended by patrols.

The driver, a 22-year-old man, who allegedly tested positive to methamphetamine. and his 19-year-old female passenger, both from the State's South East, are facing multiple alleged traffic offences.

The Holden Commodore was seized and towed from the scene.

Investigations are continuing and police ask anyone with dashcam footage of the vehicle and its manner of driving to contact Crime Stoppers on 1800 333 000 or online at www.crimestopperssa.com.au

DRUG SEIZURE

An investigation into a drug seizure at Tailem Bend in early January has resulted in further arrests.

Police located three kilograms of methamphetamine, three litres of meth oil, 14 grams of cocaine, 4000 ecstasy tablets and $35,000 cash on Thursday, January 18, and charged a 48-year-old Sellicks Hill man with alleged drug trafficking and money laundering.



An investigation into a drug seizure at Tailem Bend in early January has resulted in further arrests. Anyone with information on the manufacture, sale or supply of illicit drugs can report it anonymously to police via Crime Stoppers on 1800 333 000 or online at www.crimestopperssa.com.au. 386665

Picture: FILE

Following investigation into the drug seizure, on Wednesday, January 31, police arrested a 45-year-old Gilles Plains man and charged him with two counts of alleged trafficking in a large commercial quantity of a controlled drug, trafficking in a controlled drug and money laundering in connection with the Tailem Bend seizure.

He was refused police bail and appeared in the Adelaide Magistrates Court on Thursday February 1.

A premises at Prospect was also searched as part of the investigation and 48 pounds of packaged cannabis was located and seized.

A 37-year-old Prospect woman was arrested and charged with alleged trafficking in a controlled drug.

She was bailed to appear in the Adelaide Magistrates Court on May 1.

Anyone with information on the manufacture, sale or supply of illicit drugs can report it anonymously to Crime Stoppers:1800 333 000 or www.crimestopperssa.com.au

DRIVERS MISBEHAVE

A woman has been reported for alleged drink driving after her vehicle was stopped in Murray Bridge on Tuesday, January 30.

At about 10pm, a Murray Bridge patrol saw a Mitsubishi Lancer fail to give way at the intersection of Eleanor Terrace and Thomas Street.

Police stopped the vehicle and the driver was submitted to a breath test which allegedly produced a positive blood alcohol test of 0.144.

The woman, a 29-year-old from Murray Bridge, was reported for failing to give way and drink driving, her vehicle was defected and impounded and she received a six month instant loss of licence.

On Saturday February 3, police stopped a car driving on Mulgundawah Road, Murray Bridge and checks revealed the driver, a 47-year-old Murray Bridge man, was allegedly disqualified from driving.

He was reported and his vehicle was impounded.

Just after midnight, on Sunday February 4, Mannum police stopped a 34-year-old man driving on Dollard Avenue, Mannum.

The man was breath tested, allegedly returning a positive blood alcohol result of 0.129. He was reported and lost his licence on the spot for six months.

Between 4pm and 8pm on Sunday February 4, police conducted numerous traffic stops, and detected five drivers under the influence of drugs in Murray Bridge.

One received a fine, and three received an instant loss of licence.

Also on Sunday, at around 5.30pm, Murray Bridge Police stopped a 43-year-old man driving on the South Eastern Freeway, at Monarto South, after he was allegedly detected travelling at 142km/h in a 110 km/h zone.

The man was also breath tested, allegedly returning a positive result of 0.081.

He was reported for speeding and drink driving, lost his licence on the spot for six months and had his car impounded for 28 days.

All drivers reported by police will be summonsed to appear in court at a later date.

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Rural Matters

Better biosecurity response

A new State Government measure has been introduced to help prepare for, and respond to, possible future emergency animal disease (EAD) incursions.

The $6.8 million commitment will involve biosecurity response trailers being rolled out across South Australia to assist the state's first rapid response units to combat animal disease and protect supply chains.

The trailers will be based at Clare, Murray Bridge and Struan and will be ready for immediate deployment to where they are needed.

The risk of exotic disease outbreaks in Australia remains elevated with foot and mouth disease (FMD), lumpy skin disease (LSK), and African swine fever present in countries neighbouring Australia.

While primarily intended for deployment if exotic diseases such as FMD and LSD occur, the trailers also provide the necessary equipment to respond to other disease incidents across the state in a range of livestock species.

The economy would suffer a massive hit if an outbreak of an EAD or FMD was to occur including potential job losses of over 8000 workers in the primary production industry.

It has also been estimated that a large-scale multi-state outbreak of FMD in Australia could have a direct economic impact of up to $80 billion over 10 years.

An EAD outbreak would impact access to export markets, undermine domestic livelihoods and have broad economic and social impacts.



The State Government has introduced new biosecurity response trailers across the state to prevent significant diseases in livestock. 386748 **Picture: FILE**

While field staff currently carry equipment in their vehicle to be used to investigate disease, protect, and decontaminate themselves, the trailers are designed and equipped to support a team of up to 10 staff.

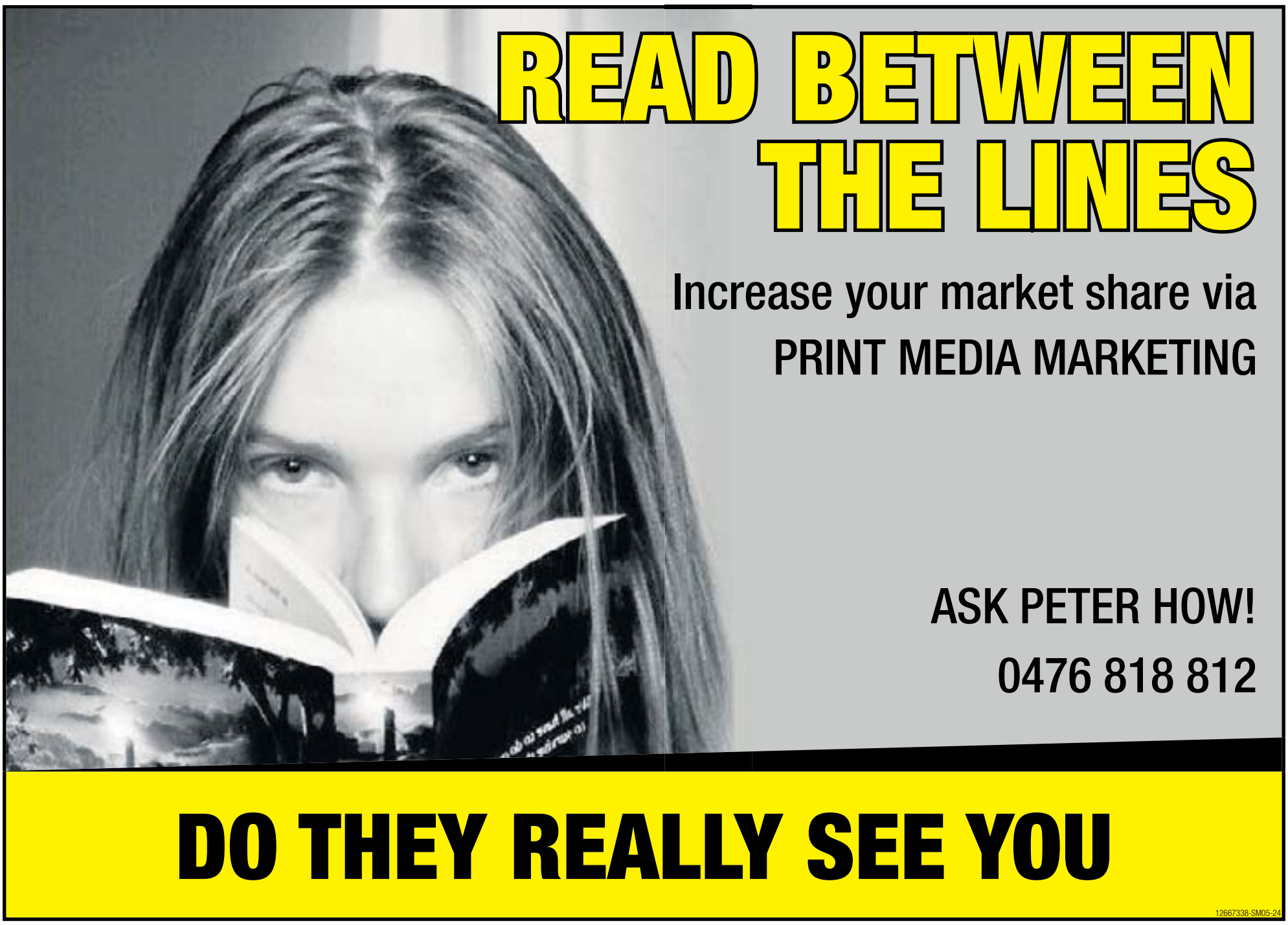
The trailers can also be used as a mobile office, forward command post or staging area.

Livestock SA president Joe Keynes said it was essential to help protect the wellbeing of animals.

"If an emergency animal disease is detected, the quicker the response the faster and more effective the containment and control efforts can be," Mr Keynes said.

"Livestock SA supports this proactive step taken by the government for the protection of our livestock industries, limiting the potentially devastating impacts of a wide-spread outbreak.

"This approach is essential for safeguarding the well-being of animals, protecting economic interests, and maintaining the overall resilience of the livestock sector here in South Australia."





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Best foot forward

Having overcome his own childhood literacy struggles, former AFL star and father-of-five Eddie Betts is passionate about inspiring a new generation to be their best selves. He chats to **Siobhan Duck** about creating change through his children's books and TV series *Eddie's Lil' Homies*



Child's play: Former AFL star Eddie Betts is behind new kids' show *Eddie's Lil' Homies*, based on his hit book series.

WHEN Eddie Betts signed with the Carlton Football Club as a teenager, he couldn't read his own contract.

Twenty years later and Betts has penned not only a bestselling autobiography – *The Boy from Boomerang Crescent* – but two popular children's books, which have now been adapted into an inspirational new cartoon series for NITV and Netflix.

"I still pinch myself to this day when I look back on where I've come from," the humble star says.

"To go from being a small black kid from the community who couldn't read or write, to playing 250 AFL games, writing an autobiography, writing children's books that will now be characters on Netflix and I still work on Fox Footy as a commentator.

"That kid [I once was] would be gobsmacked [by] where I am today. It still surprises me. And I am still learning. I still want to improve. I still want to make a difference."

After his parents split up, Betts spent his childhood shuttling between his mum's home in Kalgoorlie, Western Australia, and his dad's place in Port Lincoln, South Australia; leading him to fall through the cracks of the education system.

Despite his innate shyness, when he was drafted in 2004, Betts mustered the courage to ask the club to help him develop his literacy skills.

"I'm so glad that I did ask for help," he says.

"And that's what I've definitely told these young kids (especially Aboriginal kids), because attendance in schools around communities is really low.

"They see me as an 'out' because they hear my story and say: 'Eddie didn't go to school because he played footy. I am good at footy too, so I don't want to go to school!'

"My main message to these kids is 'Make sure you graduate', because I was the lucky one. If I didn't have footy, I had nothing. No job. No education. No nothing.

"I tell them: 'Go to school. Graduate. Get your education because, if you don't make footy, you can become whatever you want. You could go to university and become a doctor. You can chase your dreams!'"

Even though footy gave Betts a lifeline, not being able to read or write made day-to-day life challenging.

He recalls the difficulties of something as simple as reading a Melways while navigating his way around his new hometown of Melbourne.



"That was before Google Maps," he laughs.

"I could play footy, but when they would write the plays up on the board, I couldn't read it.

"I couldn't understand the words. So, I had to ask Carlton for literacy classes, which I was embarrassed about."

That embarrassment has long since faded, with Betts realising – at the urging of his wife, Anna Scullie, upon his retirement from AFL in 2021 – that he could harness his own experiences to help others.

"She told me: 'You've got a job to do now, whether you like it or not, and that job is to be a voice for your people'," he explains.

"And she was right. I can't sit back and watch my people suffer. I'm in a position now where I can try and make change for the next generation of kids so that they do not have to face the barriers that I faced coming through the system."

Inspired by Adam Goodes, Betts has spoken up about the racism he faced during his sporting career. While inroads are being made to better celebrate diversity and our Indigenous history, Betts says there is still a long way to go.

"I had a banana thrown at me on the footy field when I was in Adelaide and had all these names getting called at me," he says quietly.

"And my kids had to live through that. And, after the referendum – we were big on the Yes vote – my kids went to school and had to hear other kids saying 'My parents voted no'. And I had to deal with that as well."

Betts has come to realise that the best way to create real change is through the next generation.

To share his messages about tolerance and kindness he wrote his first book *Eddie's Lil' Homies*, in a cartoon-style so that kids like himself – who struggle with literacy – wouldn't feel daunted about picking it up.

Now his stories have been turned into a cartoon, which Betts hopes will allow him to reach even more children. The series also features rap music, which has been penned by Indigenous artists especially for the show, as a means to reinforce the lessons contained within the narrative.

For Betts, rap is just another device to make learning fun for youngsters.

"I do listen to rap music and R&B, I love it," he says.

"But growing up within the community, my family are just big country music fans. So, I love country music."

It's not just Indigenous characters who feature in *Eddie's Lil' Homies*.

"We wanted to make sure the characters are diverse, because that is something that cartoons are really screaming out for," Betts says, acknowledging that there weren't any First Nations characters in the cartoons he grew up watching.

"Our books brought a bit of diversity and I think that's why they wanted to make it into a cartoon series... we have Shanti who's Indian, Decks who is in a wheelchair and is Vietnamese, Tal who is Chinese, Lachie who is Anglo and Junior, Eddie and Lottie who are Aboriginal. And we have a non-binary character as well."

Each of the characters is voiced by an actor from the same cultural background. Plus, Junior is played by Betts' eight-year-old son Billy.

A natural performer – who also happens to be good at footy – Betts says he would support Billy (or any of his other four children) if they chose to follow him into professional sports or a life on-screen.

The only non-negotiable is that they finish school.

"Then they can do whatever they want," he smiles.

Eddie's Lil' Homies will initially be available to New Zealand and Australian audiences on Netflix, but Betts hopes it could eventually stream globally or even topple *Bluey* as our most popular cartoon.

"That's the dream," he laughs.

■ *Eddie's Lil' Homies*, Friday, February 16, 7.30pm, NITV and streaming, Netflix

Movie Guide

PICK OF THE WEEK



Family matters: Nai Nai (Zhao Shuzhen) and Billi (Awkwafina) share a tender moment in *The Farewell*.

Saturday
THE FAREWELL
SBS Viceland, 8.30pm (2019)

Comedian and rapper Awkwafina tugs at the heartstrings in this tender comedy about loss and the immigrant experience of being pulled between two different countries and cultures. Written and directed by Lulu Wang (*Expats*), it's a moving portrait of a family, inspired by Wang's own life, measured with poignant pauses, comical dialogue and a delightfully quirky, arthouse look. Awkwafina won a Golden Globe for her transfixing turn as Billi, a 30-year-old living in New York. When she discovers her beloved grandmother Nai Nai (a wonderful Zhao Shuzhen) is dying of cancer, and that her family has resolved to keep her diagnosis a secret while they all converge on China to visit her under the guise of a haphazard wedding, emotions and duties collide. ★★★★



THE INTERN
Nine, Friday, 8.30pm, M (2015)

Anne Hathaway (pictured) and Robert DeNiro star in a fish-out-of-water comedy from the talented hands of writer and director Nancy Meyers (*Something's Gotta Give*, *It's Complicated*), who has a knack for perfectly mixing sweetness with unexpected silliness. DeNiro plays smartly dressed widower Ben who, at 70, turns his back on retirement and lands a job as a senior intern at an online fashion site, run by high-flyer Jules (Hathaway). What follows is a learning curve for both characters. ★★★★



AMERICAN SNIPER
ABC TV Plus, Friday, 8.30pm, MA15+ (2014)

This Hollywood war flick, based on the true story of Chris Kyle, is directed by Clint Eastwood's sure hand and has a gripping performance from a beefed-up Bradley Cooper (pictured) as the most lethal sniper in US military history. It's intense as it explores the story of the Navy SEAL, whose 160 confirmed kills over four tours in Iraq earns him the nickname "Legend" on the battlefield. But his skill comes at a cost – his reputation grows behind enemy lines, putting a price on his head. ★★★★★



YESTERDAY
Nine, Saturday, 8.30pm, M (2019)

Directed by Danny Boyle (*Slumdog Millionaire*, *Trainspotting*), the intriguing premise of *Yesterday* elevates it above other recent romantic comedies. After a freak accident, a struggling singer-songwriter (Himesh Patel, pictured) realises that he is the only person on Earth who remembers The Beatles, and uses this to his advantage by performing their music and skyrocketing to fame. Written by Richard Curtis (*Four Weddings and a Funeral*, *Bridget Jones's Diary*), this is a nostalgic charmer. ★★★★



CREED II
9Go!, Sunday, 9.35pm, M (2018)

From its exterior, *Creed II* is a punchy actioner loaded with testosterone, but at its heart is a story of legacy and pride. Marking Sylvester Stallone's final role in this franchise – which continues the story of *Rocky* – subtlety is left ringside as Adonis Creed (Michael B. Jordan, pictured with Stallone) faces his greatest challenge: taking on Viktor Drago (Florian Munteanu), the son of Ivan (Dolph Lundgren) – the man who delivered the fatal blow to his own father back in *Rocky IV* (1985). ★★★



SWORDFISH
9Go!, Monday, 8.30pm, MA15+ (2001)

This pumping techno-thriller hooks you with its slick intrigue and a game cast. Former hacker Stanley (Hugh Jackman) is seduced out of retirement by shady mastermind Gabriel (John Travolta) and his partner Ginger (Halle Berry, pictured with Jackman). With the promise of $10 million and a reunion with his estranged daughter, Stanley takes the bait and the red herrings rise to the surface. It's an exciting stab at action and suspense from *Gone in 60 Seconds* director Dominic Sena. ★★★



BRIDESMAIDS
7Flix, Tuesday, 8.45pm, MA15+ (2011)

Bromance king Judd Apatow, best known for producing male-centric comedies such as *Superbad*, struck box office gold with this female-driven flick starring and co-written by Kristen Wiig. The film follows the down-and-out Annie (Wiig) as she prepares for the wedding of her best friend Lillian (Maya Rudolph, pictured, right with Wiig), while developing insecurities about Lillian's new friend, Helen (Rose Byrne). Melissa McCarthy's turn as unconventional bridesmaid Megan is unforgettable. ★★★★

YOUR WEEKLY TV GUIDE



WHAT'S ON THE BOX?

PICK OF THE WEEK

MR BATES VS THE POST OFFICE
Seven, Wednesday, 8.30pm

Sometimes, a TV show ascends to more than just an entertaining distraction. A hit in Britain, this superb four-part drama based on real events outraged viewers and has placed pressure on the British government to overturn wrongful convictions in with its uncovering of a miscarriage of justice that is hard to fathom. The series covers a scandal that spanned 15 years involving a faulty IT system in the British Post Office, which led to misery and financial ruin for hundreds. Starring the excellent Toby Jones (pictured) and Monica Dolan, and directed by *Broadchurch*'s Mark Strong, it kicks off tonight with a movie-length episode. A true cautionary tale for our technology-reliant era.

THE DOG HOSPITAL WITH GRAEME HALL
10, Thursday, 8.40pm



They don't call dog trainer and TV presenter Graeme Hall "The Dogfather" for nothing. A natural at taming disobedient pooches, Hall's *Dogs Behaving (Very) Badly* series showcases his undeniable love for our four-legged friends. In this series, Hall (pictured, left)visits British animal hospital Willows, and checks in with all kinds of ailing pups. Tonight, a Labrador struggles with a severe chest infection, which has its owner extremely worried. At the same time, an adorable golden retriever has a baffling chest ailment. It's a superb showcase of the life-saving work the Willows staff do.



AACTA AWARDS
10, Saturday, 7pm

Fast becoming Australian entertainment's night of nights, the Australian Academy of Cinema and Television Arts Awards is this year hosted by Rebel Wilson (pictured) from the Gold Coast. Presenters include Cate Blanchett, Tom Gleeson, Melanie Bracewell, Ron Howard, Rove McManus, Patrick Brammall, Tim McDonald, Grant Denyer, Leah Purcell, Harriet Dyer and Julia Zemiro. The awards honour outstanding work in Australian film, television and digital content. Acting nominees include Blanchett, Sarah Snook, Travis Fimmel, Richard Roxburgh and Hugo Weaving, while *The Newsreader*, *Black Snow* and *Love Me* are among the TV shows up for gongs.

EARTH
ABC TV, Tuesday, 9pm

You'd think David Attenborough has it thoroughly covered in the nature doco genre, but others still have a go. In this anxiety-inducing yet stunningly presented series, British wildlife aficionado Chris Packham channels Attenborough's entrancing, gold-standard nature docos – which take years to make – by bravely taking on billions of years of our planet's history to analyse the times it overcame destruction. Mixing science, nature and forensics and something one can't imagine Attenborough employing – CGI – it's bold. After "Inferno", "Snowball", and "Green", the penultimate episode "Atmosphere" is a meticulous look at how the planet's gases transformed, emerging from endless black to bright blue and life-sustaining.

Thursday, February 8

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Muster Dogs. (PG, R) **11.00** Antiques Roadshow. (R)
12.00 ABC News At Noon.
1.00 Earth. (R)
2.00 Parliament Question Time.
3.00 The Cook And The Chef. (R)
3.30 Tenable. (R)
4.15 Antiques Roadshow. (R)
5.15 Love Your Garden.

6.00 Back Roads. (PG, R)
6.30 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30.
8.00 Grand Designs Transformations: Belmont And Oatlands. A Victorian cottage is being transformed.
9.00 Martin Clunes: Islands Of America. (PGad, R) Part 2 of 4.
9.50 Fake Or Fortune? Modigliani. (R)
10.50 ABC Late News.
11.05 The Business. (R)
11.20 This Is Going To Hurt. (Mals, R) **12.10** Finding Alice. (Final, Mls, R) **12.55** Keeping Faith. (Mal, R) **1.55** Parliament Question Time. **2.55** Love Your Garden. (R) **3.40** Catalyst. (PG, R) **4.40** The Durrells. (PG, R) **5.30** 7.30. (R)

SBS (3)

6.00 WorldWatch. **9.00** Destination Flavour Bitesize. (R) **9.15** Make Me A Dealer. (R) **10.05** Great Lighthouses Of Ireland. (PGa, R) **11.00** Icons. (Man, R) **12.00** WorldWatch. **2.00** Destination Flavour China Bitesize. (R) **2.10** Coastal Ireland With Adrian Dunbar. (R) **3.05** Mastermind Australia. (R) **3.35** The Cook Up With Adam Liaw. (R) **4.05** Who Do You Think You Are? (PGa, R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R)
6.30 SBS World News.
7.30 DNA Family Secrets. (PG) Hosted by Stacey Dooley.
8.40 Hitler's Jewish Soldier? Australia Uncovered. (Mav) Takes a look at the story of Alex Kurzem, a Jewish boy who became Hitler's youngest soldier.
9.45 Culprits. (MA15+v) Joe and Officer track down Youssef and Azar.
10.45 SBS World News Late.
11.15 A Class Apart. (MA15+d)
12.05 My Brilliant Friend. (MA15+av, R)
4.20 Going Places With Ernie Dingo. (R) **4.50** Destination Flavour: Japan Bitesize. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 6)

6.00 Sunrise.
9.00 The Morning Show. (PG)
11.30 Seven Morning News.
12.00 Australian Idol. (PG, R)
1.30 Border Patrol. (PG, R)
2.00 Your Money & Your Life. (PG)
2.30 Border Patrol. (PGa, R)
3.00 The Chase. (R)
4.00 Seven News At 4.
5.00 The Chase Australia.

6.00 Seven News.
7.00 Home And Away. (PGas) Eden fights for her rights.
8.30 Mrs Brown's Boys. (Mls) Rumours swirl around Foley's bar that Agnes has won the lotto jackpot.
10.00 The Latest: Seven News.
10.30 Australia: Now And Then. (Ma, R) Presented by Shane Jacobson.
11.30 Monster Mansion: Evil Behind Bars. (MA15+av, R)
12.40 Black-ish. (PG, R)
2.00 Home Shopping. (R)
4.00 NBC Today.
5.00 Seven Early News. **5.30** Sunrise.

NINE (9, 8)

6.00 Today.
9.00 Today Extra. (PG)
11.30 9News Morning.
12.00 Married At First Sight. (Mls, R)
1.30 Mr Mayor. (PGas, R)
2.00 Pointless. (PG)
3.00 Tipping Point. (PG)
4.00 9News Afternoon.
5.00 Tipping Point Australia. (PG) Hosted by Todd Woodbridge.

6.00 9News.
7.00 A Current Affair.
7.30 RBT. (PGdl) Follows the activities of police units.
8.30 Emergency. (Mlm) Dr Andrew Trezise is worried a dirt bike rider will have life-altering injuries after a crash.
9.30 RPA. (PGm, R) A man gets a second chance at a transplant.
10.30 9News Late.
11.00 Chicago Med. (MA15+am)
11.50 Emergency Call. (Ma, R)
12.40 Tipping Point. (PG, R) **1.35** Pointless. (PG, R) **2.30** Global Shop. (R) **3.00** TV Shop: Home Shopping. (R) **4.00** Believer's Voice Of Victory. (PGa) **4.30** A Current Affair. (R) **5.00** 9News Early. **5.30** Today.

TEN (10, 5)

6am Morning Programs. **7.00** The Talk. (PGa) **8.00** Ent. Tonight. (R) **8.30** Neighbours. (PGa, R) **9.00** Bold. (PGa, R) **9.30** Deal Or No Deal. (R) **10.00** Farm To Fork. (R) **10.30** Judge Judy. (PG, R) **11.00** Dr Phil. (PGa, R) **12.00** 10 News First: Midday. **1.00** Ent. Tonight. **1.30** Judge Judy. (PG, R) **2.00** To Be Advised. **3.00** Farm To Fork. **3.30** 10 News First: Afternoon. **4.00** Neighbours. (PGa) **4.30** Bold. (PGa) **5.00** News.

6.00 Deal Or No Deal. Hosted by Grant Denyer.
6.30 The Project. A look at the day's news.
7.30 The Dog House Australia. (PGa) Narrated by Mark Coles Smith.
8.40 The Dog Hospital With Graeme Hall. (PGlm) Part 2 of 4. A two-year-old labrador is rushed to the hospital because of a severe infection.
9.40 Law & Order: SVU. (Ma, R) Muncy's brother becomes involved in a case.
10.40 Blue Bloods. (Mav, R)
11.40 The Project. (R)
12.40 The Late Show With Stephen Colbert. (PG)
1.30 Home Shopping. (R)
4.30 CBS Mornings.

ABC TV PLUS (22)

6am Children's Programs. **6.10pm** Pfffirates. **6.20** Bluey. **6.30** Ben And Holly. **6.40** Andy's Dinosaur Adventures. **6.55** Shaun The Sheep. **7.05** Star Wars: Young Jedi Adventures. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Would I Lie To You? **8.30** Hard Quiz. **9.00** Gruen. **9.35** The Weekly With Charlie Pickering. **10.10** Penn & Teller: Fool Us. **10.50** Whose Line Is It Anyway? **11.15** Bliss. **11.40** Would I Lie To You? **12.15am** Black Mirror. **1.45** Live At The Apollo. **2.15** Louis Theroux: Selling Sex. **3.15** ABC News Update. **3.20** Close. **5.00** Clangers. **5.10** Kiddets. **5.25** The Wonder Gang. **5.35** Late Programs.

SBS VICELAND (31)

6am WorldWatch. **10.00** Front Up. **12.05pm** TVNZ 1News At Midday. **12.35** Heimo's Arctic Refuge. **1.20** Toxic Farmland. **2.15** Munchies Guide To Bohemia. **3.05** BBC News At Ten. **3.35** ABC World News Tonight With David Muir. **4.00** PBS News. **5.00** Joy Of Painting. **5.30** TVNZ 1News At Six. **6.10** Duckrockers. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** The Curse Of Oak Island. **10.10** Loot: Blood Treasure. **Midnight** Dark Side Of Comedy. **12.55** F*ck, That's Delicious. **1.25** Dark Side Of The Ring. **2.15** Iraq Turning 20. **3.10** NHK World English News. **5.00** Al Jazeera Newshour.

7MATE (74, 60)

6am The Fishing Show. **7.00** My Fishing Place. **7.30** Creek To Coast. **8.00** A Football Life. **9.00** America's Game: The Super Bowl Champions. **10.00** Pawn Stars. **11.00** Motorway Patrol. **Noon** Highway Patrol. **1.00** The Force: Behind The Line. **2.00** The Lost Corvette. **3.00** Billy The Exterminator. **3.30** Desert Collectors. **4.30** Storage Wars. **5.00** American Restoration. **5.30** American Pickers. **6.30** Pawn Stars. **7.30** Counting Cars. **8.30 MOVIE:** Back To The Future Part II. (1989, PG) **10.45 MOVIE:** Paul Blart: Mall Cop. (2009, PG) **12.45am** American Restoration. **1.15** American Pickers. **2.30** Late Programs.

9GEM (92, 81)

6am Danger Man. **7.00** Creflo Dollar Ministries. **7.30** Skippy The Bush Kangaroo. **8.00** TV Shop: Home Shopping. **10.30** Pointless. **11.30** My Favorite Martian. **Noon** Days Of Our Lives. **12.55** The Young And The Restless. **1.50** Garden Gurus Moments. **2.00** Dr Quinn, Medicine Woman. **3.00** Antiques Roadshow. **3.30 MOVIE:** The Angry Silence. (1960, PG) **5.30** The Travelling Auctioneers. **6.30** Antiques Roadshow. **7.30** Keeping Up Appearances. **8.40** Poirot. **10.50** Coroner. **11.50** Manifest. **12.50am** Keeping Up Appearances. **1.50** Poirot. **4.00 MOVIE:** The Angry Silence. (1960, PG)

10 BOLD (12, 51)

6am Home Shopping. **8.00** Soccer. A-League Men. Round 15. Adelaide United v Central Coast Mariners. Highlights. **8.30** Diagnosis Murder. **9.30** Jake And The Fatman. **10.30** JAG. **12.30pm** NCIS. **1.30** FBI. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **9.25** NCIS: New Orleans. **10.20** Evil. **11.15** 48 Hours. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

NITV (34)

6am Morning Programs. **10.00** Wild Survivors. **10.50** Woven Threads: Refugees. **11.00** High Arctic Haulers. **11.55** Woven Threads Stories From Within. **Noon** Stan Walker: Impossible Live. **1.00** Going Places. **2.00** Going Native. **2.30** The Cook Up. **3.00** Motown Magic. **3.25** The World According To Grandpa. **3.35** The Magic Canoe. **4.00** Toi Time. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** The 77 Percent. **6.00** Bamay. **6.30** News. **6.40** Brazil Untamed. **7.30** Going Places With Ernie Dingo. **8.30** Dreaming Whilst Black. **9.05 MOVIE:** Once Were Warriors. (1994, MA15+) **10.50** Late Programs.

SBS WORLD MOVIES (32)

6am The Movie Show. **6.30** Last Chance Harvey. (2008, PG) **8.15** Whale Rider. (2002, PG) **10.10** Clandestine Childhood. (2011, M, Spanish) **12.10pm** Two Of Us. (2019, M, French) **2.00** Summerland. (2020, PG) **3.55** A Month Of Sundays. (2015, PG) **5.55** Five Flights Up. (2014, PG) **7.35** The Way Way Back. (2013, M) **9.30** Stuck In Love (A Place For Me) (2012, MA15+) **11.20** Golden Exits. (2017, M) **1.05am** Mr Jones. (2019, MA15+) **3.15** Ali And Ava. (2021, M) **5.00** Five Flights Up. (2014, PG)

7TWO (72, 62)

6am Home Shopping. **6.30** Escape To The Country. **7.30** Room For Improvement. **8.00** Million Dollar Minute. **9.00** Harry's Practice. **9.30** NBC Today. **Noon** Better Homes And Gardens. **1.00** Escape To The Country. **2.00** Room For Improvement. **2.30** My Greek Odyssey. **3.30** Harry's Practice. **4.00** RSPCA Animal Rescue. **4.30** Better Homes And Gardens. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Father Brown. **8.30** The Coroner. **10.30** Murdoch Mysteries. **11.30** Father Brown. **12.30am** Bargain Hunt. **1.30** Animal Rescue. **2.00** Cities Of The Underworld. **3.00** Late Programs.

9GO! (93, 82)

6am Children's Programs. **11.30** Bakugan: Geogan Rising. **Noon** Scorpion. **2.00** Bewitched. **2.30** Full House. **3.00** Seinfeld. **4.00** Family Ties. **4.30** The Addams Family. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00** Everybody Loves Raymond. **7.00** The Nanny. **7.30** Seinfeld. **8.30 MOVIE:** Under Siege. (1992, M) **10.40** Seinfeld. **11.40** Dating No Filter. **12.10am** Medium. **2.00** I Dream Of Jeannie. **2.30** Full House. **3.00** Bakugan: Geogan Rising. **3.30** Beyblade Burst: Quad Drive. **4.00** Transformers Bumblebee: Cyberverse Adventures. **4.30** Ninjago: Masters Of Spinjitzu. **5.00** Pokémon. **5.30** Pokémon Journeys.

10 PEACH (11, 52)

6am The Late Show With Stephen Colbert. **7.00** Becker. **8.00** The Big Bang Theory. **9.00** Ghosts. **10.00** Rules Of Engagement. **11.00** Becker. **Noon** Frasier. **1.00** Friends. **2.00** Two And A Half Men. **3.00** Rules Of Engagement. **4.00** Farm To Fork. **4.30** Becker. **5.30** Frasier. **6.30** Neighbours. **7.00** The Big Bang Theory. **8.30** Two And A Half Men. **11.00** Frasier. **Midnight** Home Shopping. **1.30** The Late Show With Stephen Colbert. **2.30** Workaholics. **3.30** The Bold And The Beautiful. **4.30** Home Shopping.

CONSUMER ADVICE (P) Pre-school **(C)** Children **(PG)** Parental Guidance Recommended **(M)** Mature Audiences **(MA15+)** Mature Audiences Only **(R)** Repeat **(a)** Adult themes **(d)** Drug references **(h)** Horror **(s)** Sex references **(l)** Language **(m)** Medical procedures **(n)** Nudity **(v)** Violence.

SA

Friday, February 9

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Planet America. (R) **10.30** The Cook And The Chef. (R) **11.00** Fake Or Fortune? (R) **12.00** ABC News At Noon. **1.00** Silent Witness. (Ma, R) **2.00** Total Control. (Ml, R) **3.00** The Cook And The Chef. (R) **3.30 Tenable.** (R) **4.15 Antiques Roadshow.** (R) **5.10 Love Your Garden.**

6.00 Back Roads: Koroit, Victoria. (R) Heather Ewart explores Koroit.
6.30 Hard Quiz. (PG, R) Hosted by Tom Gleeson.
7.00 ABC News. A look at the top stories of the day.
7.30 Gardening Australia. Costa Georgiadis plans some landscaping.
8.30 Midsomer Murders. (Ma, R) Part 4 of 4. A charity event involving drag queens causes controversy in a conservative village.
10.00 Hard Quiz. (PG, R) Presented by Tom Gleeson.
10.30 The Weekly With Charlie Pickering. (R)
11.00 ABC Late News.
11.20 Love Your Garden. (R)
12.05 Tenable. (R)
12.55 Miniseries: Innocent. (Malv, R)
1.40 Rage. (MA15+adhlnsv)

SBS (3)

6.00 WorldWatch. **9.00** Destination Flavour: Singapore Bitesize. (R) **9.05** Make Me A Dealer. (R) **10.00** Great Lighthouses Of Ireland. (PGa, R) **11.00** Icons. (Malv, R) **12.00** WorldWatch. **2.00** Mastermind Aust. (R) **3.00** NITV News: Nula. **3.30** The Cook Up With Adam Liaw. (R) **4.05** Who Do You Think You Are? (PGa, R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R) Presented by Marc Fennell.
6.30 SBS World News.
7.35 The Good Ship Murder. (Mv) Jack finds himself embroiled in a murder.
8.30 Silk Road From Above. Part 2 of 3. The aerial journey continues from China's heartland to the country's western border.
9.30 Sex: A Bonkers History: Twentieth Century. (MA15+as) Amanda Holden and Dan Jones explore the impact of sex on the 20th century.
10.25 SBS World News Late.
10.55 L'Opera. (Mals)
11.55 Departure. (Mv, R)
2.25 Nine Perfect Strangers. (Malv, R)
3.25 Going Places With Ernie Dingo. (R)
4.25 Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 6)

6.00 Sunrise.
9.00 The Morning Show. (PG)
11.30 Seven Morning News.
12.00 MOVIE: Party From Hell. (2021, Mav)
2.00 House Of Wellness. (PGa)
3.00 The Chase. (R)
4.00 Seven News At 4.
5.00 The Chase Australia.

6.00 Seven News.
7.00 Better Homes And Gardens. Johanna Griggs and the team demonstrate some terrific ideas for the house, garden and the kitchen.
8.30 MOVIE: The Help. (2011, Ma, R) During the civil rights movement of the '60s, an aspiring author decides to write a book detailing the African-American maids' point of view on the white families they work for and the hardships they experience. Emma Stone, Viola Davis, Octavia Spencer.
11.30 To Be Advised.
1.00 12 Monkeys. (MA15+av, R) Cole and Cassie head to the '60s.
2.00 Home Shopping. (R)
4.00 Million Dollar Minute. (R) Hosted by Simon Reeve.
5.00 NBC Today. News and current affairs.

NINE (9, 8)

6.00 Today.
9.00 Today Extra. (PG)
11.30 9News Morning.
12.00 MOVIE: Avarice. (2022, Malv)
2.00 Pointless. (PG)
3.00 Tipping Point. (PG)
4.00 9News Afternoon.
5.00 Tipping Point Australia. (PG) Hosted by Todd Woodbridge.

6.00 9News.
7.00 A Current Affair.
7.30 Taronga: Who's Who In The Zoo: Black Rhino Birth. (PGam) A black rhino goes into labour.
8.30 MOVIE: The Intern. (2015, Mal, R) A 70-year-old retired widower is hired as a senior intern for an online fashion startup. Robert De Niro, Anne Hathaway, Rene Russo.
11.00 MOVIE: Analyze This. (1999, MA15+al, R) A mobster seeks the help of a psychiatrist. Robert De Niro.
1.00 Tipping Point. (PG, R)
2.00 Pointless. (PG, R)
3.00 TV Shop: Home Shopping. (R)
4.00 Postcards. (PG)
4.30 Global Shop. (R)
5.00 TV Shop: Home Shopping. (R) **5.30** Skippy The Bush Kangaroo. (R)

TEN (10, 5)

6am Morning Programs. **8.30** Neighbours. (PGa, R) **9.00** Bold. (PGa, R) **9.30** Deal Or No Deal. (R) **10.00** Farm To Fork. (R) **10.30** Judge Judy. (PG, R) **11.00** Dr Phil. (PGa, R) **12.00** 10 News First: Midday. **1.00** Ent. Tonight. **1.30** Judge Judy. (PG, R) **2.00** To Be Advised. **3.00** Farm To Fork. **3.30** 10 News First: Afternoon. **4.00** Everyday Gourmet. (R) **4.30** Bold. (PGa) **5.00** News.

6.00 Deal Or No Deal. Hosted by Grant Denyer.
6.30 The Project. A look at the day's news.
7.30 The Graham Norton Show. Guests include Dakota Johnson.
8.30 Dogs Behaving (Very) Badly Australia. (PGa, R) Dog trainer Graeme Hall tries to play cupid between Dan and his companion dog, Tinka. Then, a couple of rockstar Lowchens test his detective skills. Narrated by Julia Morris.
9.30 Fire Country. (PGa, R) A vegetation fire gets tricky for the crew when a panicked horse refuses to leave a burning barn.
10.30 So Help Me Todd. (PGd, R) Margaret joins an elite philanthropy club.
11.30 The Project. (R)
12.30 The Late Show With Stephen Colbert. (PG)
1.30 Home Shopping. (R)

ABC TV PLUS (22)

6am Children's Programs. **7.05pm** Star Wars: Young Jedi Adventures. (Final) **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Would I Lie To You? **8.30 MOVIE:** American Sniper. (2014, MA15+) **10.40 MOVIE:** The Miseducation Of Cameron Post. (2018, M) **12.10am** Would I Lie To You? **12.40** QI. **1.10** Killing Eve. **1.55** Back. **2.20** George Clarke's Amazing Spaces. **3.05** ABC News Update. **3.10** Close. **5.00** Late Programs.

SBS VICELAND (31)

6am WorldWatch. **10.00** Front Up. **12.10pm** WorldWatch. **12.40** Christians Like Us. **1.45** Small Town Secrets. **2.35** VICE Sports. **3.05** WorldWatch. **5.00** Joy Of Painting. **5.30** WorldWatch. **6.10** Duckrockers. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Hoarders. **9.20** Love & Sex In Italy. **10.15** Embarrassing Sex Stories. **11.30** Late Programs.

7MATE (74, 60)

6am Morning Programs. **10.00** Blokesworld. **10.30** Billy The Exterminator. **11.00** Surveillance Oz. **11.15** NFL: Road To The Super Bowl. **12.30pm** NFL Honors. **2.30** Billy The Exterminator. **3.00** Timbersports. **3.30** Desert Collectors. **4.30** Storage Wars. **5.00** American Restoration. **5.30** American Pickers. **6.30** Pawn Stars. **7.30 MOVIE:** Men In Black. (1997, M) **9.30 MOVIE:** Morbius. (2022, M) **11.40** Late Programs.

9GEM (92, 81)

6am Danger Man. **7.00** Creflo. **7.30** Skippy. **8.00** TV Shop. **10.30** Pointless. **11.30** My Favorite Martian. **Noon** Days Of Our Lives. **12.55** The Young And The Restless. **1.50** Garden Gurus Moments. **2.00** Dr Quinn. **3.00** Antiques Roadshow. **3.30 MOVIE:** Saturday Island. (1952, PG) **5.30** The Travelling Auctioneers. **6.30** Antiques Roadshow. **7.30** Motorway Cops: Catching Britain's Speeders. **8.30** To Be Advised. **11.10** Late Programs.

10 BOLD (12, 51)

6am Home Shopping. **8.00** Soccer. A-League Men. Round 15. Macarthur FC v Western Sydney Wanderers. Highlights. **8.30** Diagnosis Murder. **9.30** Jake And The Fatman. **10.30** JAG. **12.30pm** NCIS. **1.30** FBI. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **9.25** NCIS: Hawai'i. **11.15** 48 Hours. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

NITV (34)

6am Morning Programs. **1.50pm** Woven Threads Stories From Within. **2.00** Going Native. **2.30** The Cook Up. **3.00** Jarjums. **3.35** The Magic Canoe. **4.00** Toi Time. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** NITV News: Nula. **6.00** Bamay. **6.40** Brazil Untamed. **7.30 MOVIE:** Hunt For The Wilderpeople. (2016, PG) **9.25 MOVIE:** Next Friday. (2000, MA15+) **11.05** Late Programs.

SBS WORLD MOVIES (32)

6am Five Flights Up. Continued. (2014, PG) **6.40** Summerland. (2020, PG) **8.35** A Month Of Sundays. (2015, PG) **10.35** Golden Exits. (2017, M) **12.20pm** Ali And Ava. (2021, M) **2.05** Last Chance Harvey. (2008, PG) **3.45** Asterix And Obelix In Britain. (2012, PG, French) **5.50** All Roads Lead To Rome. (2015, PG) **7.30** Blind. (2016, M) **9.30** Larry Crowne. (2011, M) **11.20** Late Programs.

7TWO (72, 62)

6am Morning Programs. **9.00** Our Town. **9.30** NBC Today. **Noon** Better Homes. **1.00** House Of Wellness. **2.00** Room For Improvement. **2.30** Weekender. **3.00** Cities Of The Underworld. **4.00** Animal Rescue. **4.30** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Maternal. **8.30** Escape To The Country. **10.30** Escape To The Perfect Town. **11.30** Late Programs.

9GO! (93, 82)

6am Children's Programs. **Noon** Scorpion. **2.00** Bewitched. **2.30** Full House. **3.00** Seinfeld. **4.00** Family Ties. **4.30** The Addams Family. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00 MOVIE:** Home. (2015, PG) **7.45 MOVIE:** Edward Scissorhands. (1990, PG) **9.50 MOVIE:** Nutty Professor II: The Klumps. (2000, M) **Midnight** The E! True Hollywood Story. **1.00** Medium. **2.00** Late Programs.

10 PEACH (11, 52)

6am The Late Show With Stephen Colbert. **7.00** Becker. **8.00** NBL Slam. **8.30** The Big Bang Theory. **9.00** Friends. **9.30** How We Roll. **11.00** Becker. **Noon** Frasier. **1.00** The Middle. **2.00** Two And A Half Men. **3.00** The King Of Queens. **4.00** Farm To Fork. **4.30** Becker. **5.30** Frasier. **6.30** The Big Bang Theory. **8.30** Two And A Half Men. **11.00** Frasier. **Midnight** Shopping. **1.30** Stephen Colbert. **2.30** Late Programs.

Quiz Time Answers

BROUGHT TO YOU BY
QUIZ MASTER
Tom Trifonoff

1	Apartheid	3	Cheese	5	Pupil	7	Zumba	11	Bangladesh
2	Cyprus	4	Polo	6	Barometer	8	Orange	12	52
9	Quartz, Topaz	13	Neverland	15	Ivory	19	Khyber Pass		
10	Matt Damon	14	Cone	16	Any Warhol	20	Dreamt		
17	Hoverboard	18	Hong Kong						

BONUS QUESTION ANSWER (from last week):
The English King who sold Dunkirk to King Louis XIV of France was Charles II.

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Saturday, February 10

ABC TV (2)

6.00 Rage. (PG) **7.00** Weekend Breakfast. **9.00** Rage. (PG) **12.00** ABC News At Noon. **12.30** Keeping Faith. (Mal, R) **1.30** Darby And Joan. (PG, R) **2.15** Spicks And Specks. (PG, R) **2.45** McCartney 3, 2, 1. (R) **3.15** Julia Zemiro's Home Delivery. (R) **3.45** Extraordinary Escapes. (PG, R) **4.35** Grand Designs Transformations. (R) **5.30 Muster Dogs.** (PG, R)

6.30 Back Roads: Timber Creek, NT. (PG, R) Presented by Kristy O'Brien.
7.00 ABC News. A look at the top stories of the day.
7.30 Darby And Joan. (PG) Jack is asked to help a young woman, a surf lifesaving champion, navigate a sports doping scandal.
8.15 Vera. (Ma, R) Part 4 of 4. Vera investigates the death of a teenager whose body was found floating in a reservoir.
9.45 Total Control. (Ml, R) Alex makes an unsavoury deal with a political rival on a nation-changing piece of legislation.
10.45 Midsomer Murders. (Ma, R) Part 4 of 4.
12.20 Rage. (MA15+adhlnsv) Music video clips.

SBS (3)

6.00 WorldWatch. **9.00** Cook Up Bitesize. (R) **9.05** The World From Above. (R) **10.05** Love Your Garden. (PGa, R) **11.00** Britain's Great Outdoors. (R) **12.00** WorldWatch. **2.00** Figure Skating. ISU Four Continents Championships. Highlights. **4.00** The Weedy One. (PGa, R) **4.10** Multiply. (R) **4.45** Raiders Of The Lost Art: China. (R) **5.35** Secrets Of The Imperial War Museum. (PGa, R)

6.30 SBS World News.
7.30 Cotswolds And Beyond With Pam Ayres: Longleat House. Pam Ayres visits Longleat House.
8.25 Scotland's Scenic Railways: The Flying Scotsman. A ride aboard the Flying Scotsman train service along the Fife coast and over the Forth Bridge.
9.20 Queen Victoria: Love, Lust And Leadership. (R) Part 2 of 3.
10.15 Stolen: Catching The Art Thieves: Franfurt. (PG, R)
11.20 In Therapy. (Mals, R)
2.30 Going Places With Ernie Dingo. (PG, R)
4.30 Bamay. (R) **5.00** NHK World English News Morning. **5.15** France 24 Feature. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 6)

6.00 NBC Today. **7.00** Weekend Sunrise.
10.00 The Morning Show: Weekend. (PG)
11.30 Horse Racing. Caulfield Family Day and Inglis Millennium Day.
5.00 Seven News Adelaide.
5.30 Border Security: Australia's Front Line. (PG, R) An elderly gambler's luck runs out.

6.00 Seven News.
7.00 Border Security: Australia's Front Line. (PG, R) A box reveals something frightening.
7.30 MOVIE: The Bourne Supremacy. (2004, Mlv, R) A former CIA agent, suffering from amnesia, tries to clear his name after being framed for a botched assassination. Matt Damon, Franka Potente.
9.45 MOVIE: American Made. (2017, MA15+l, R) A pilot is recruited by the CIA to carry out one of the largest covert operations in history. Tom Cruise, Domhnall Gleeson.
12.10 12 Monkeys. (MA15+av, R)
2.00 Home Shopping. (R)
4.00 Get Clever. (R)
5.00 House Of Wellness. (PGa, R)

NINE (9, 8)

6.00 Hello SA. (PG, R) **6.30** A Current Affair. (R) **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Great Australian Detour. (R) **12.30** My Way. (Return, PG) **1.00** The Pet Rescuers. (PGm, R) **1.30 MOVIE:** Rocky. (1976, PGlv, R) Sylvester Stallone, Talia Shire, Burt Young. **4.00** The Garden Hustle. (PGl) **5.00** 9News First At Five. **5.30** Country House Hunters Australia.

6.00 9News Saturday.
7.00 A Current Affair.
7.30 Space Invaders. (PGa) Experts help people declutter their lives.
8.30 MOVIE: Yesterday. (2019, Ml, R) A singer-songwriter realises he is the only person on Earth who remembers The Beatles. Himesh Patel, Lily James, Joel Fry.
10.45 My Life As A Rolling Stone: Keith Richards. (Madl, R)
12.00 MOVIE: Carrie. (1976, MA15+hv, R)
1.50 Explore. (R)
2.00 The Incredible Journey Presents. (PGa)
2.30 The Garden Gurus. (R)
3.00 TV Shop: Home Shopping. (R) **4.30** Global Shop. (R) **5.00** TV Shop: Home Shopping. (R) **5.30** Helping Hands. (PG, R)

TEN (10, 5)

6am Morning Programs. **9.30** Australia By Design: Innovations. (PG, R) **10.00** Healthy Homes. (R) **10.30** The Chef's Garden. (R) **11.00** All 4 Adventure. (PGal, R) **12.00** To Be Advised. **1.30** Everyday Gourmet. (R) **2.00** Wildlife Rescue. (PGm, R) **3.00** What's Up Down Under. **3.30** Exploring Off The Grid. (PGl, R) **4.00** My Market Kitchen. **4.30** Taste Of Aust. (PG, R) **5.00** News.

6.00 To Be Advised.
7.00 AACTA Awards. Coverage of the annual Australian Academy of Cinema and Television Arts Awards from HOTA, Queensland.
9.00 To Be Advised.
10.00 FBI: International. (PGav, R) The fly team searches Bucharest for a Romanian surrogate who has gone missing.
12.00 NCIS: Hawai'i. (Mv, R) A Japanese sailor is murdered.
1.00 Soccer. AFC Asian Cup. Final.
4.00 Deal Or No Deal. (R) Hosted by Grant Denyer.
4.30 Authentic. (PG) Religious program.
5.00 Hour Of Power. Religious program.

ABC TV PLUS (22)

6am Children's Programs. **7.05pm** Karma's World. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** QI. **8.30** Live At The Apollo. **9.00** Whose Line Is It Anyway? (Return) **9.50** Shaun Micallef's MAD AS HELL. **10.20** MythBusters. **11.10** Portlandia. **11.55** Black Mirror. **1.25am** Unprotected Sets. **2.15** ABC News Update. **2.20** Close. **5.00** Clangers. **5.10** Kiddets. **5.25** The Wonder Gang. **5.35** Late Programs.

SBS VICELAND (31)

6am WorldWatch. **10.00** Front Up. **Noon** Gymnastics. Trampoline World Cup Series. H'lights. **1.05** Asia's Next Top Model. **3.00** WorldWatch. **4.55** Australian Korean Hanbok. **5.00** WorldWatch. **5.40** China's New Silk Road: Yiwu To Madrid. **6.40** The UnXplained. **7.30** Building The Ultimate. **8.30 MOVIE:** The Farewell. (2019) **10.25** Better Things. **11.25** Fear The Walking Dead. **12.20am** Late Programs.

7MATE (74, 60)

6am Morning Programs. **10.00** American Pickers. **11.00** Pawn Stars. **Noon** Motor Racing. Shannons SpeedSeries. Round 1. **2.00** Cricket. Women's One Day International Series. Australia v South Africa. Game 3. Afternoon session. **5.30** Cricket. Women's One Day International Series. Australia v South Africa. Game 3. Evening session. **9.00** Storage Wars. **9.30** Mighty Ships. **10.30** Mighty Planes. **11.30** Late Programs.

9GEM (92, 81)

6am Morning Programs. **7.30** Danger Man. **8.30** Tomorrow's World. **9.00** Turning Point. **9.30** TV Shop. **10.00** Helping Hands. **10.30** My Favorite Martian. **11.00 MOVIE:** Passport To Pimlico. (1949) **12.45pm MOVIE:** Will Any Gentleman...? (1953) **2.30 MOVIE:** The Baby And The Battleship. (1956) **4.30 MOVIE:** Chitty Chitty Bang Bang. (1968) **7.30** To Be Advised. **12.30am** Late Programs.

10 BOLD (12, 51)

6am Home Shopping. **9.00** Exploring Off The Grid. **9.30** Diagnosis Murder. **11.30** Snap Happy. **Noon** Pooches At Play. **12.30** Jake And The Fatman. **1.30** JAG. **4.30** Camper Deals. **5.00** Escape Fishing With ET. **5.30** JAG. **6.30** Soccer. A-League Men. Round 16. Central Coast Mariners v Sydney FC. **9.45** NCIS: Los Angeles. **11.35** FBI: International. **12.30am** NCIS: Hawai'i. **1.30** 48 Hours. **2.30** Late Programs.

NITV (34)

6am Morning Programs. **2.15pm** NITV News: Nula. **2.45** Pacific Lockdown: Sea Of Resilience. **3.45** Exile And The Kingdom. **4.45** Woven Threads Stories From Within. **4.50** Going Places. **5.50** The Last Land: Gespe'gewa'gi. **6.20** News. **6.30** Kura. **7.00** Family Rules. **7.30** Stay At Home Animal Dads. **8.25 MOVIE:** Housebound. (2014) **10.25** The One And Only Dick Gregory. **12.20am** Late Programs.

SBS WORLD MOVIES (32)

6am All Roads Lead To Rome. Continued. (2015, PG) **7.00** Asterix And Obelix In Britain. (2012, PG, French) **9.05** Love And Friendship. (2016, PG) **10.50** Blind. (2016, M) **12.50pm** The Way Way Back. (2013, M) **2.40** The Movie Show. **3.15** Five Flights Up. (2014, PG) **4.55** The Kid From The Big Apple. (2016, PG, Mandarin) **7.10** Ride On. (2023, PG, Mandarin) **9.30** Hero. (2002, M, Mandarin) **11.20** Late Programs.

7TWO (72, 62)

6am Shopping. **8.30** Travel Oz. **10.00** Escape To The Perfect Town. **11.00** My Greek Odyssey. **Noon** Escape To The Country. **1.00** House Of Wellness. **2.00** Escape To The Perfect Town. **3.00** Escape To The Country. **5.00** Horse Racing. Caulfield Family Day and Inglis Millennium Day. **5.30** Animal Rescue. **6.00** Heathrow. **6.30** The Yorkshire Vet. **8.30** Escape To The Country. **10.30** The Yorkshire Vet In Autumn. **11.30** Late Programs.

9GO! (93, 82)

6am Children's Programs. **1.30pm MOVIE:** Pokémon The Movie: Secrets Of The Jungle. (2020, PG) **3.30 MOVIE:** Courage Mountain. (1990, PG) **5.30 MOVIE:** Tom & Jerry. (2021) **7.30 MOVIE:** Tomb Raider. (2018, M) **9.45 MOVIE:** Assassin's Creed. (2016, M) **11.50** The E! True Hollywood Story. **12.45am** Kardashians. **1.35** Surfing Australia TV. **2.00** Rich House, Poor House. **3.00** Teen Titans Go! **3.30** Late Programs.

10 PEACH (11, 52)

6am The Late Show With Stephen Colbert. **7.00** The King Of Queens. **8.00** Becker. **9.00** Neighbours. **11.00** Farm To Fork. **11.30** The King Of Queens. **12.30pm** To Be Advised. **3.30** Becker. **4.30** Frasier. **5.30** How We Roll. **6.00** The Big Bang Theory. **10.30** Friends. **Midnight** Home Shopping. **1.30** The Late Show With Stephen Colbert. **2.30** South Park. **4.00** Just For Laughs Montreal. **5.00** Home Shopping.

Sunday, February 11

ABC TV (2)

6.00 Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offsiders. **10.30** World This Week. (R) **11.00** Compass. (PGa, R) **11.30** Praise. (R) **12.00** News. **12.30** Landline. **1.30** Gardening Aust. (R) **2.25** Dream Gardens. (R) **3.00** Nigella Bites. (R) **3.25** The Cook And The Chef. (R) **3.55** Martin Clunes: Islands Of America. (PGad, R) **4.40** Joanna Lumley's Britain. (PG, R) **5.30** The ABC Of... (PG, R)

6.00 Grand Designs Transformations: Belmont And Oatlands. (R) A Victorian cottage is being transformed.
7.00 ABC News. A look at the top stories of the day.
7.30 Muster Dogs. (PG) Part 5 of 5.
8.30 Total Control. Determined to reform youth justice, Alex pushes forward with her plan in the House of Representatives.
9.30 Silent Witness. (Mav, R) Forensic pathologist Sam Ryan recruits the Lyell team to investigate the assassination of the health secretary.
10.30 Mystery Road. (Mlv, R)
11.30 Harrow. (Mav, R)
12.20 The Trial Of Christine Keeler. (Mals, R)
1.20 Sanditon. (PG, R)
2.10 Rage Vault. (MA15+adhlnsv)
4.00 Catalyst. (R) **5.00** Insiders. (R)

SBS (3)

6.00 WorldWatch. **9.05** The World From Above. (R) **10.05** Love Your Garden. (R) **11.00** Britain's Great Outdoors. (R) **12.00** WorldWatch. **12.30** PBS Washington Week With The Atlantic. **12.55** Judo. (R) **1.00** Speedweek. **3.00** Figure Skating. ISU Four Continents Championships. Highlights. **5.00** Grand Tours Of Scotland's Lochs. (PG, R) **5.35** Secrets Of The Imperial War Museum. (PG, R)

6.30 SBS World News.
7.30 Karnak: The Largest Temple In The World. A look the temple complex of Karnak.
8.30 Genghis Khan's Mongolia. (Mv) Explores the rise of Genghis Khan from outcast to the founder of the Mongol Empire.
10.10 Rise Of The Nazis: Dictators At War: Barbarossa. (Mav, R) Part 1 of 3.
11.20 Muhammad Ali. (Ml, R) Part 2 of 4.
1.20 Portillo's Greatest Railway Journeys. (PG, R)
3.10 Going Places With Ernie Dingo. (PGa, R)
4.40 Bamay. (R)
5.00 NHK World English News Morning. **5.15** France 24 Feature. **5.30** Al Jazeera News.

SEVEN (7, 6)

6.00 NBC Today. **7.00** Weekend Sunrise. **10.00** The Morning Show: Weekend. (PG) **12.00** Beretts Tour De Cure 2023. **1.00** Cycling. Cadel Evans Great Ocean Road Race. H'lights. **2.00** Beach Cops. (PGa, R) **2.30** Border Patrol. (PG, R) **3.00** The Chase. (R) **4.00** Better Homes And Gardens. (R) **5.00** Seven News Adelaide. **5.30** South Aussie With Cosi. (PG)

6.00 Seven News.
7.00 Australian Idol. (PG) Hosted by Ricki-Lee and Scott Tweedie.
8.45 Ron Iddles: The Good Cop: Marafiote Murders. (Madlv) Ron Iddles revisits the 1985 murder of Dominic Marafiote and the deaths of his elderly parents.
9.50 What The Killer Did Next: Joy Morgan. (Mav) Examines the behaviour of killers after a murder, including the case of university student Joy Morgan.
10.50 The Disappearance Of Gabby Petito. (Mav) Part 2 of 3.
12.15 Bates Motel. (MA15+asv, R)
2.00 Home Shopping. (R)
3.30 Million Dollar Minute. (R)
4.00 NBC Today.
5.00 Seven Early News.
5.30 Sunrise.

NINE (9, 8)

6.00 Fishing Aust. (R) **6.30** ACA. (R) **7.00** Weekend Today. **10.00** GolfBarons. **10.30** Endangered. (R) **11.30** The Bizarre Pet Vets. (PGam, R) **12.30** Fishing Australia. **1.00** Golf. Mick Fanning Charity Day. **1.30 MOVIE:** The Choice. (2016, PGals, R) **3.30** Space Invaders. (PGa, R) **4.30** Explore TV: Viking Cruises Portugal And Spain. **5.00** 9News First At Five. **5.30** Hello SA. (PG)

6.00 9News Sunday.
7.00 Married At First Sight. (PGls) The social experiment continues.
8.40 60 Minutes. Current affairs program, investigating, analysing and uncovering the issues affecting all Australians.
9.40 9News Late.
10.10 A Murder In The Family: Cheryl Hooper. (Premiere, Mav) Looks at the murder of Cheryl Hooper.
11.10 The First 48: Endless Love And Out Of Time. (MA15+al, R) A woman is stabbed to death.
12.00 Family Law. (Ma, R)
1.00 The Bizarre Pet Vets. (PGam, R)
2.00 Fishing Australia. (R)
2.30 World Aquatics Championships. Doha 2024. Day 1. Finals.
4.50 Explore. (R)
5.00 9News Early. **5.30** Today.

TEN (10, 5)

6am Morning Programs. **9.30** My Market Kitchen. (R) **10.00** Farm To Fork. (R) **10.30** Pooches At Play. (R) **11.00** Buy To Build. (R) **11.30** Healthy Homes. (R) **12.00** To Be Advised. **1.30** Cook With Luke. (R) **2.00** 4x4 Adventures. (PGl) **3.00** Roads Less Travelled. **3.30** The Placemakers: Expedition Kimberley. **4.00** My Market Kitchen. (R) **4.30** GCBC. (R) **5.00** News.

6.30 The Sunday Project. Joins panellists for a look at the day's news, events and hot topics.
7.30 Australian Survivor. A group of Australian castaways battles it out on the beaches of Samoa as they vie to become the sole survivor.
9.00 NCIS: Hawai'i. (Mv, R) When a navy petty officer is murdered, Jane and the team investigate while also protecting the victim's friend.
11.00 FBI: International. (PGav, R) The fly team searches Bucharest for a Romanian surrogate who has gone missing.
12.00 The Sunday Project. (R) A look at the day's news.
1.00 The Late Show With Stephen Colbert. (PG) Hosted by Stephen Colbert.
2.00 Home Shopping. (R)
4.30 CBS Mornings.

ABC TV PLUS (22)

6am Children's Programs. **6.55pm** Shaun The Sheep. **7.05** Karma's World. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** QI. **8.30** Queerstralia. **9.30** You Can't Ask That. **9.55** Interview With The Vampire. **10.35** Doc Martin. **11.25** Penn & Teller: Fool Us. **12.05am** Miniseries: The Hollow Crown. **2.10** ABC News Update. **2.15** Close. **5.00** Clangers. **5.10** Kiddets. **5.25** The Wonder Gang. **5.35** Late Programs.

SBS VICELAND (31)

6am WorldWatch. **9.30** Small Business Secrets. **10.00** Front Up. **Noon** Super Maximum Retro Show. **12.30** Noisey. **1.25** Rise. **2.20** Jungletown. **3.10** The Casketeers. **4.10** WorldWatch. **4.40** PBS Washington Week With The Atlantic. **5.10** WorldWatch. **5.50** Alone Sweden. **6.40** Ocean Wreck Investigation. **7.35** Abandoned Engineering. **8.30** The Phoenix Lights Phenomenon. **9.20** Cracking The Code. **10.20** Late Programs.

7MATE (74, 60)

6am Morning Programs. **11.00** Air Crash Investigations: The Accident Files. **Noon** Al McGlashan's Fish'n With Mates. **12.30** Hook, Line And Sinker. **1.30** Motor Racing. Shannons SpeedSeries. Round 1. **3.30** Merv Hughes Fishing. **4.00** Disasters At Sea. **5.00** Storage Wars: New York. **6.00** Border Security: Int. **7.00** Border Security. **8.30 MOVIE:** Jurassic World. (2015, M) **11.00** Late Programs.

9GEM (92, 81)

6am Skippy. **6.30** Amazing Facts Presents. **7.00** Leading The Way. **7.30** In Touch. **8.00** Beyond Today. **8.30** The Incredible Journey. **9.00** Turning Point. **9.30** TV Shop. **10.00** Avengers. **11.00 MOVIE:** Money Talks. (1932, PG) **12.30pm MOVIE:** Angels One Five. (1952) **2.30 MOVIE:** Moby Dick. (1956) **5.00** World Aquatics Championships. Doha 2024. Day 1. Heats. **9.15** To Be Advised. **12.15am** Late Programs.

10 BOLD (12, 51)

6am Shopping. **7.30** Key Of David. **8.00** The Offroad Adventure Show. **9.00** Wildlife Rescue Australia. **10.00** Pat Callinan's 4x4 Adventures. **11.00** Escape Fishing With ET. **11.30** JAG. **1.30pm** What's Up Down Under. **2.00** Camper Deals. **2.30** JAG. **3.30** Bondi Rescue. **4.00** Soccer. A-League Men. Round 16. Western Sydney Wanderers v Newcastle Jets. **6.30** JAG. **7.30** NCIS. **10.20** NCIS: Los Angeles. **11.15** Late Programs.

NITV (34)

6am Morning Programs. **12.40pm** Rugby League. Murri Carnival. Replay. **1.40** I Live, I Breathe, I Surf. **2.35** VICE Sports. **3.05** Away From Country. **4.05** Marion Jones: Press Pause. **5.05** Exile And The Kingdom. **6.05** News. **6.15** Nature's Great Migration. **7.25** Monochrome: Black, White And Blue. **8.30 MOVIE:** Twice Colonized. (2023) **10.15 MOVIE:** The Piano. (1993, MA15+) **12.20am** Late Programs.

SBS WORLD MOVIES (32)

6am The Kid From The Big Apple. (2016, PG, Mandarin) **8.15** Walking On Sunshine. (2014, PG) **10.00** Silver Linings Playbook. (2012, M) **12.20pm** Larry Crowne. (2011, M) **2.10** All Roads Lead To Rome. (2015, PG) **3.50** The Mouse That Roared. (1959) **5.20** The Kid From The Big Apple 2. (2017, PG, Mandarin) **7.35** The Farewell. (2019) **9.30** Bodyguards And Assassins. (2009, MA15+, Mandarin) **12.05am** Late Programs.

7TWO (72, 62)

6am Morning Programs. **8.30** Shopping. **9.00** Our Town. **9.30** Last Chance Learners. **10.00** House Of Wellness. **11.00** DVine Living. **11.30** Animal Rescue. **Noon** The Yorkshire Vet In Autumn. **1.00** Escape To The Country. **2.00** South Aussie With Cosi. **2.30** To Be Advised. **3.00** The Yorkshire Vet. **5.00** Escape To The Country. **7.00** Vicar Of Dibley. **8.40** Vera. **10.40** Late Programs.

9GO! (93, 82)

6am Children's Programs. **1.45pm** Ben Fogle: Starting Up Starting Over. **2.45** Rich House, Poor House. **3.45 MOVIE:** Combat Wombat. (2020, PG) **5.30 MOVIE:** How To Train Your Dragon 2. (2014, PG) **7.30 MOVIE:** The Fast And The Furious. (2001, M) **9.35 MOVIE:** Creed II. (2018, M) **12.05am** Medium. **2.00** Rich House, Poor House. **3.00** Teen Titans Go! **3.30** Beyblade Burst QuadStrike. **4.00** Late Programs.

10 PEACH (11, 52)

6am The Middle. **9.00** To Be Advised. **10.30** The Big Bang Theory. **12.30pm** The Middle. **1.30** Basketball. NBL. Round 19. Melbourne United v New Zealand Breakers. **3.30** Basketball. NBL. Round 19. Sydney Kings v Illawarra Hawks. **5.30** The Middle. **6.00** The Big Bang Theory. **8.30** Two And A Half Men. **10.00** South Park. **Midnight** Shopping. **1.30** Just For Laughs Montreal. **2.30** Late Programs.


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Monday, February 12

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Landline. (R) **11.00** Antiques Roadshow. (R) **12.00** ABC News At Noon. **1.00 Australia Remastered.** (R) **2.00 Parliament Question Time.** **3.00 The Cook And The Chef.** (R) **3.30 Tenable.** (R) **4.15 Antiques Roadshow.** (R) **5.15 Love Your Garden.**
6.00 Back Roads. (R)
6.30 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30.
8.00 Nemesis: The Morrison Years. Part 3 of 3.
9.30 Media Watch. (PG) Hosted by Paul Barry.
9.50 Nemesis: Behind The Scenes.
10.15 You Can't Ask That. (Mal, R)
10.35 ABC Late News.
10.50 The Business. (R)
11.05 The Weekly With Charlie Pickering. (R) **11.40** Planet America. (R) **12.10** Love Your Garden. (R) **1.00** Tenable. (R) **1.45** Why Are You Like This. (MA15+ls, R) **3.00** Rage. (MA15+adhlnsv) **4.30** Catalyst. (R) **5.30** 7.30. (R)

SBS (3)

6.00 WorldWatch. **9.00** Peer To Peer. (a, R) **9.30** Make Me A Dealer. (R) **10.20** Great Lighthouses Of Ireland. (R) **11.15** Icons. (PG, R) **12.10** WorldWatch. **2.00** Destination Flavour China Bitesize. (R) **2.10** Vesuvius With Bettany Hughes. (PGa, R) **3.05** Mastermind Aust. (R) **3.35** The Cook Up. (R) **4.05** Who Do You Think You Are? (PGa, R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)
6.00 Mastermind Australia. (R)
6.30 SBS World News.
7.30 Celebrity Letters And Numbers. (PG) Hosted by Michael Hing.
8.30 Isle Of Wight: Jewel Of The South. (Final) Follows the Seaview Salties, swimmers who regularly brave the freezing Solent.
9.25 Building The Snowy: The Legacy. (PG, R) Part 3 of 3.
10.25 SBS World News Late.
10.55 Blanca. (Madlv)
11.50 Bloodlands. (MA15+v, R)
3.00 Going Places With Ernie Dingo. (PG, R) **4.00** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 6)

6.00 Sunrise.
9.30 NFL. Super Bowl LVIII. Kansas City Chiefs v San Francisco 49ers.
2.30 Surveillance Oz. (PGav, R) A man trips and spins into a train.
3.00 The Chase. Hosted by Bradley Walsh.
4.00 Seven News At 4.
5.00 The Chase Australia. Hosted by Larry Emdur.
6.00 Seven News.
7.00 Home And Away. (PG)
7.30 Australian Idol. (PG) After an exhausting round of auditions, the top 30 strive to impress the judges.
9.15 The Irrational. (Premiere, Mav) A professor of behavioural science investigates the murder of a fashion influencer.
10.15 The Latest: Seven News.
10.45 S.W.A.T. (Return, Mav) An undocumented woman is abducted.
11.45 Curse Of The Chippendales. (Masv, R) Part 1 of 4.
12.45 Bates Motel. (MA15+av, R)
2.00 Home Shopping. (R)
4.00 NBC Today.
5.00 Seven Early News.
5.30 Sunrise.

NINE (9, 8)

6.00 Today. **9.00** Today Extra. (PG)
11.30 9News Morning.
12.00 Married At First Sight. (PGls, R)
1.45 Explore: Salmon Viewing Deck. (R)
2.00 Pointless. (PG)
3.00 Tipping Point. (PG)
4.00 9News Afternoon.
5.00 Tipping Point Australia. (PG)
6.00 9News.
7.00 A Current Affair.
7.30 Married At First Sight. (Mls) The social experiment continues.
9.00 Big Miracles. (Malm) Donor eggs are giving Sheila and Tyson, a couple in their late 40s, one last shot at a baby.
10.00 To Be Advised.
11.00 9News Late.
11.30 Law & Order: Organized Crime. (MA15+av)
12.20 Tipping Point. (PG, R)
1.10 Pointless. (PG, R)
2.00 Hello SA. (PG, R)
2.30 World Aquatics Championships. Doha 2024. Day 2. Finals.
4.20 Explore. (R) **4.30** A Current Affair. (R)
5.00 9News Early. **5.30** Today.

TEN (10, 5)

6am Morning Programs. **8.00** Ent. Tonight. (R) **8.30** GCBC. (R) **9.00** Bold. (PGa, R) **9.30** Deal Or No Deal. (R) **10.00** Farm To Fork. (R) **10.30** Judge Judy. (PG, R) **11.00** Dr Phil. (PGal, R) **12.00** 10 News First: Midday. **1.00** Ent. Tonight. **1.30** To Be Advised. **3.00** Farm To Fork. **3.30** 10 News First: Afternoon. **4.00** Neighbours. (PGa) **4.30** Bold. (PGa) **5.00** News.
6.00 Deal Or No Deal. Hosted by Grant Denyer.
6.30 The Project. A look at the day's news.
7.30 Australian Survivor. Presented by Jonathan LaPaglia.
8.30 FBI: Most Wanted. (Mlv, R) Remy and Kristin are in danger when a riot breaks out in a prison where they're interviewing a witness, putting staff and visitors in harm's way as they're held hostage by two murderous gangs.
11.30 The Project. (R)
12.30 The Late Show With Stephen Colbert. (PG)
1.30 Home Shopping. (R)
4.30 CBS Mornings.

ABC TV PLUS (22)

6am Children's Programs. **7.05pm** Riley Rocket. (Premiere) **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Would I Lie To You? **8.30** MythBusters. **9.20** George Clarke's Amazing Spaces. **10.10** Louis Theroux: Louis And The Nazis. **11.10** Would I Lie To You? **11.40** QI. **12.10am** Whose Line Is It Anyway? **1.00 MOVIE:** The Miseducation Of Cameron Post. (2018, M) **2.30** ABC News Update. **2.35** Close. **5.00** Late Programs.

SBS VICELAND (31)

6am WorldWatch. **9.30** Small Business Secrets. **10.05** Front Up. **12.10pm** WorldWatch. **12.40** Curious Australia. **1.45** Lee Lin Chin's Fashionista. **2.00** Planet A. **2.50** Most Expensivest. **3.20** WorldWatch. **6.15** The Fast History Of. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Taskmaster. **9.25** Everyone Else Burns. **10.25** Hitler's Jewish Soldier? Australia Uncovered. **11.35** Late Programs.

7MATE (74, 60)

6am Morning Programs. **10.00** Carnage. **11.00** Border Security: Int. **Noon** Border Security. **1.30** Rides Down Under: Workshop Wars. **2.30** Motor Racing. Night Thunder. USA Sprintcar Muster. Highlights. **3.30** Desert Collectors. **4.30** Storage Wars. **5.00** American Restoration. **5.30** American Pickers. **6.30** Pawn Stars. **7.30** Outback Opal Hunters. **8.30** Aussie Salvage Squad. **10.30** Deep Water Salvage. **11.30** Late Programs.

9GEM (92, 81)

6am Morning Programs. **7.30** Skippy. **8.00** TV Shop. **9.30** Newstyle Direct. **10.00** Danoz. **10.30** Pointless. **11.30** My Favorite Martian. **Noon** Days Of Our Lives. **12.55** The Young And The Restless. **1.50** Explore. **2.00** Dr Quinn. **3.00** The Travelling Auctioneers. **4.00** Antiques Roadshow. **5.00** World Aquatics Championships. Doha 2024. Day 2. Heats. **7.45** Death In Paradise. **8.55** Signora Volpe. **10.55** Late Programs.

10 BOLD (12, 51)

6am Home Shopping. **8.00** Buy To Build. **8.30** All 4 Adventure. **9.30** iFish. **10.30** JAG. **12.30pm** NCIS. **1.30** FBI. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **10.20** NCIS: Los Angeles. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

NITV (34)

6am Morning Programs. **2.05pm** Going Native. **2.30** The Cook Up. **3.00** Jarjums. **3.25** The World According To Grandpa. **3.35** The Magic Canoe. **4.00** Toi Time. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** News. **6.00** Bamay. **6.30** News. **6.40** Brazil Untamed. **7.30** Who Do You Think You Are? **8.35** Karla Grant Presents. **9.05** After The Apology. **10.35** Late Programs.

SBS WORLD MOVIES (32)

6am Love And Friendship. Continued. (2016, PG) **7.15** The Kid From The Big Apple 2. (2017, PG, Mandarin) **9.25** Ride On. (2023, PG, Mandarin) **11.50** Hero. (2002, M, Mandarin) **1.45pm** What We Did On Our Holiday. (2014, PG) **3.35** Walking On Sunshine. (2014, PG) **5.25** Akira Kurosawa's Dreams. (1990, PG, Japanese) **7.35** One Second. (2020, M, Mandarin) **9.30** The One. (2001, M) **11.05** Late Programs.

7TWO (72, 62)

6am Morning Programs. **9.00** DVine Living. **9.30** NBC Today. **10.30** Better Homes And Gardens Summer. **Noon** Better Homes. **1.00** Your Money & Your Life. **1.30** Last Chance Learners. **2.00** Weekender. **2.30** Cities Of The Underworld. **3.30** Harry's Practice. **4.00** Animal Rescue. **4.30** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Doc Martin. **8.30** Foyle's War. **10.45** Late Programs.

9GO! (93, 82)

6am Children's Programs. **Noon** Rich House, Poor House. **1.00 MOVIE:** Step Up 2: The Streets. (2008, PG) **3.00** Bewitched. **3.30** Full House. **4.00** Family Ties. **4.30** The Addams Family. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00** Raymond. **7.00** The Nanny. **7.30** Seinfeld. **8.30 MOVIE:** Swordfish. (2001, MA15+) **10.30** The Teenager Who Hacked Twitter. **11.30** Late Programs.

10 PEACH (11, 52)

6am The Big Bang Theory. **8.30** The Middle. **9.30** Friends. **11.00** Ghosts. **Noon** Charmed. **2.00** The Big Bang Theory. **2.30** Two And A Half Men. **3.00** The King Of Queens. **4.00** Farm To Fork. **4.30** Becker. **5.30** Frasier. **6.30** Neighbours. **7.00** The Big Bang Theory. **8.30** Two And A Half Men. **10.00** Rules Of Engagement. **11.00** Frasier. **Midnight** Shopping. **1.30** Workaholics. **2.00** Late Programs.

Tuesday, February 13

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Project Wild. (R) **10.30** Courtney Act's One Plus One. (R) **11.00** Antiques Roadshow. (R) **12.00** ABC News At Noon. **1.00** Call The Midwife. (PGa, R) **2.00** Parliament Question Time. **3.00** The Cook And The Chef. (R) **3.25** Tenable. (R) **4.10** Antiques Roadshow. (R) **5.10** Love Your Garden.

6.00 Back Roads. (R)
6.30 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30. Presented by Sarah Ferguson.
8.00 Back Roads: Wheatbelt Animal Carers, WA. Presented by Heather Ewart.
8.35 McCartney 3, 2, 1: The Long And Winding Road. (Final) Paul McCartney and Rick Rubin discuss McCartney's songwriting evolution.
9.00 Earth: Atmosphere. Part 4 of 5.
10.00 You Can't Ask That: Models. (Mal, R)
10.35 ABC Late News.
10.50 The Business. (R)
11.05 Nemesis. (R)
12.40 Media Watch. (PG, R) **12.55** Love Your Garden. (R) **1.45** Tenable. (R) **2.30** Rage. (MA15+adhlnsv) **4.30** Catalyst. (PG, R) **5.30** 7.30. (R)

SBS (3)

6.00 WorldWatch. **9.20** Make Me A Dealer. (R) **10.10** Station: Trouble On The Tracks. (PGal, R) **11.00** Icons. (Mav, R) **12.00** WorldWatch. **2.00** Destination Flavour China Bitesize. (R) **2.15** Vesuvius With Bettany Hughes. (PGa, R) **3.05** Mastermind Aust. (R) **3.35** The Cook Up. (R) **4.05** Who Do You Think You Are? (PGa, R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R) Presented by Marc Fennell.
6.30 SBS World News.
7.30 Who Do You Think You Are? Stephen Page. (PG, R) Stephen Page explores his roots.
8.30 Stephen Fry: Willem And Frieda. (PGa) Stephen Fry documents the story of painter Willem Arondeus and cellist Frieda Belinfante.
9.50 Robson Green's Icelandic Adventure. (PGad, R) Part 2 of 3.
10.45 SBS World News Late.
11.15 Das Boot. (MA15+av)
12.15 Dark Woods. (Mav, R)
2.55 Going Places With Ernie Dingo. (PGa, R)
4.25 Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 6)

6.00 Sunrise.
9.00 The Morning Show. (PG)
11.30 Seven Morning News.
12.00 To Be Advised.
1.30 Surveillance Oz. (PGn, R)
2.00 Autopsy USA: John Ritter. (Ma, R)
3.00 The Chase.
4.00 Seven News At 4.
5.00 The Chase Australia.

6.00 Seven News.
7.00 Home And Away. (PGad)
7.30 Australian Idol. (PG) Hosted by Ricki-Lee and Scott Tweedie.
8.50 Ramsay's Kitchen Nightmares USA. (MA15+) Gordon Ramsay tries to revamp a country club restaurant that is struggling to find cohesiveness.
9.50 First Dates UK. (Mals) Couples meet for the first time in a restaurant.
10.55 The Latest: Seven News.
11.25 Autopsy USA: Aretha Franklin. (MA15+a) A look at the death of Aretha Franklin.
12.25 Bates Motel. (MA15+av, R)
1.25 Your Money & Your Life. (PG, R)
2.00 Home Shopping. (R)
4.00 NBC Today.
5.00 Seven Early News. **5.30** Sunrise.

NINE (9, 8)

6.00 Today.
9.00 Today Extra. (PG)
11.30 9News Morning.
12.00 Married At First Sight. (Mls, R)
1.30 Kenan. (PGals)
2.00 Pointless. (PG)
3.00 Tipping Point. (PG)
4.00 9News Afternoon.
5.00 Tipping Point Australia. (PG)

6.00 9News.
7.00 A Current Affair.
7.30 Married At First Sight. (Mls) Intimacy week continues.
9.00 The Hundred With Andy Lee. (Ms) Andy Lee is joined by a panel of comedians and 100 Aussies to explore the fun behind the facts.
10.00 To Be Advised.
11.00 9News Late.
11.30 Family Law. (Ma)
12.20 Tipping Point. (PG, R)
1.10 Pointless. (PG, R)
2.00 Golf. Mick Fanning Charity Day. Replay.
2.30 World Aquatics Championships. Doha 2024. Day 3. Finals.
4.35 A Current Affair. (R)
5.00 9News Early. **5.30** Today.

TEN (10, 5)

6am Morning Programs. **8.00** Ent. Tonight. (R) **8.30** Neighbours. (PGa, R) **9.00** Bold. (PGa, R) **9.30** Deal Or No Deal. (R) **10.00** Farm To Fork. (R) **10.30** Judge Judy. (PG, R) **11.00** Dr Phil. (PGa, R) **12.00** 10 News First: Midday. **1.00** Ent. Tonight. **1.30** Judge Judy. (PG, R) **2.00** To Be Advised. **3.00** Farm To Fork. **3.30** 10 News First: Afternoon. **4.00** Neighbours. (PGa) **4.30** Bold. (PGa) **5.00** News.

6.00 Deal Or No Deal. Hosted by Grant Denyer.
6.30 The Project. A look at the day's news.
7.30 Australian Survivor. A group of Australian castaways battles it out on the beaches of Samoa as they vie to become the sole survivor.
9.00 NCIS. (Mv, R) Agent Torres finds himself in prison as the team tries to stop an impending terror attack.
10.00 NCIS: Los Angeles. (Mv, R) Sam Hanna goes undercover as a fighter.
11.00 The Project. (R) A look at the day's news.
12.00 The Late Show With Stephen Colbert. (PG)
1.00 Home Shopping. (R)
4.30 CBS Mornings.

ABC TV PLUS (22)

6am Children's Programs. **6.55pm** Shaun The Sheep. **7.05** Riley Rocket. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Would I Lie To You? **8.30** Bliss. (Final) **9.00** To Be Advised. **10.00** Portlandia. **10.45** Back. **11.10** Would I Lie To You? **11.45 MOVIE:** American Sniper. (2014, MA15+) **1.50am** Unprotected Sets. **2.40** ABC News Update. **2.45** Close. **5.00** Clangers. **5.10** Kiddets. **5.25** The Wonder Gang. **5.35** Late Programs.

SBS VICELAND (31)

6am WorldWatch. **6.50** News. **7.20** WorldWatch. **10.00** Front Up. **Noon** WorldWatch. **12.30** Devoured. **1.20** Cryptoland. **1.50** One Star Reviews. **2.30** Australiana: Island Queens. **3.05** WorldWatch. **5.00** Joy Of Painting. **5.30** WorldWatch. **6.10** Duckrockers. **6.40** Jeopardy! **7.30** News. **7.35** 8 Out Of 10 Cats. **8.30** Dark Side Of The 2000s. **9.25** Stone Cold Takes On America. **10.15** Late Programs.

7MATE (74, 60)

6am Morning Programs. **9.00** America's Game. **10.00** American Pickers. **11.00** Pawn Stars. **Noon** Outback Opal Hunters. **1.00** Aussie Salvage Squad. **3.00** Billy The Exterminator. **3.30** Desert Collectors. **4.30** Storage Wars. **5.00** American Restoration. **5.30** American Pickers: Best Of. **6.30** Pawn Stars. **7.30** Outback Truckers. **9.30** Heavy Tow Truckers Down Under. **10.30** Ice Road Truckers. **11.30** Late Programs.

9GEM (92, 81)

6am Morning Programs. **9.30** Newstyle Direct. **10.00** TV Shop. **10.30** Pointless. **11.30** My Favorite Martian. **Noon** Days Of Our Lives. **12.55** The Young And The Restless. **1.50** Explore. **2.00** Dr Quinn. **3.00** The Travelling Auctioneers. **4.00** Antiques Roadshow. **5.00** World Aquatics Championships. Doha 2024. Day 3. Heats. **7.45** As Time Goes By. **8.15** Agatha Christie's Marple. **10.15** See No Evil. **11.15** Late Programs.

10 BOLD (12, 51)

6am Home Shopping. **8.00** Buy To Build. **8.30** Diagnosis Murder. **9.30** Jake And The Fatman. **10.30** JAG. **12.30pm** NCIS. **1.30** FBI. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **9.25** FBI: International. **11.15** 48 Hours. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

NITV (34)

6am Morning Programs. **2pm** Going Native. **2.30** The Cook Up. **3.00** Motown Magic. **3.25** The World According To Grandpa. **3.35** The Magic Canoe. **4.00** Toi Time. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** Indian Country Today News. **6.00** Bamay. **6.30** News. **6.40** Brazil Untamed. **7.30** Chatham Islanders. **8.30 MOVIE:** Eagle Vs Shark. (2007, M) **10.05** Night. **11.30** Late Programs.

SBS WORLD MOVIES (32)

6am Walking On Sunshine. (2014, PG) **7.50** The Farewell. (2019) **9.45** The Mouse That Roared. (1959) **11.15** One Second. (2020, M, Mandarin) **1.10pm** L.A. Story. (1991, M) **3.00** The Movie Show. **3.30** A Hero. (2021, PG, Farsi) **5.50** My Best Friend's Wedding. (2016, PG, Mandarin) **7.30** Kung Fu Yoga. (2017, M) **9.30** The Lost Bladesman. (2011, M, Mandarin) **11.30** Late Programs.

7TWO (72, 62)

6am Morning Programs. **8.00** Million Dollar Minute. **9.00** Harry's Practice. **9.30** NBC Today. **Noon** Better Homes. **1.00** Escape To The Country. **2.00** Creek To Coast. **2.30** Cities Of The Underworld. **3.30** Harry's Practice. **4.00** Animal Rescue. **4.30** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Rosemary & Thyme. **8.30** A Touch Of Frost. **10.50** Late Programs.

9GO! (93, 82)

6am Children's Programs. **Noon** Scorpion. **2.00** Bewitched. **2.30** Full House. **3.00** Seinfeld. **4.00** Family Ties. **4.30** The Addams Family. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00** Raymond. **7.00** The Nanny. **7.30** Seinfeld. **8.30 MOVIE:** National Lampoon's European Vacation. (1985, M) **10.30** Seinfeld. **11.30** Dating No Filter. **Midnight** Medium. **2.00** I Dream Of Jeannie. **2.30** Full House. **3.00** Late Programs.

10 PEACH (11, 52)

6am Stephen Colbert. **7.00** Becker. **8.00** Basketball. NBL. Round 19. Melbourne United v New Zealand Breakers. Replay. **10.00** King Of Queens. **11.00** Rules Of Engagement. **Noon** Becker. **1.00** Frasier. **2.00** King Of Queens. **3.00** Rules Of Engagement. **4.00** Farm To Fork. **4.30** Becker. **5.30** Frasier. **6.30** Neighbours. **7.00** The Big Bang Theory. **8.30** Two And A Half Men. **10.00** Rules Of Engagement. **11.00** Late Programs.


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Wednesday, February 14

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Nemesis. (R) **12.00** ABC News At Noon. **12.30** National Press Club Address. **1.35** Media Watch. (PG, R) **2.00 Parliament Question Time.** **3.00 The Cook And The Chef.** (R) **3.25 Tenable.** (R) **4.15 Antiques Roadshow.** (R) **5.10 Love Your Garden.**

6.00 Back Roads. (R)
6.30 Hard Quiz. (PG, R)
7.00 ABC News.
7.30 7.30.
8.00 Hard Quiz. (PG) Presented by Tom Gleeson.
8.30 The Weekly With Charlie Pickering. A satirical news program.
9.00 This Is Going To Hurt. (Mal) Adam clashes with a colleague.
9.45 Planet America. A look at the US political climate.
10.20 QI. (PGs, R)
10.50 ABC Late News.
11.05 The Business. (R) **11.25** Rosehaven. (PG, R) **12.15** Love Your Garden. (R) **1.05** Tenable. (R) **1.50** Rage. (MA15+adhlnsv) **4.30** Catalyst. (R) **5.30** 7.30. (R)

SBS (3)

6.00 WorldWatch. **9.20** Make Me A Dealer. (R) **10.10** Station: Trouble On The Tracks. (PGa, R) **11.05** Icons. (PGav, R) **12.00** WorldWatch. **2.00** Destination Flavour China Bitesize. (PGa, R) **2.05** Tombs Of Egypt: The Ultimate Mission. (R) **3.05** Mastermind Aust. (R) **3.35** The Cook Up. (R) **4.05** Who Do You Think You Are? (PGaln, R) **5.05** Jeopardy! (R) **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (R)
6.30 SBS World News.
7.30 Scottish Islands With Ben Fogle: Isles Of The Sound – Islay And Jura. Part 2 of 4.
8.40 The Matchmakers. (PG) Part 1 of 3.
9.40 Kin. (MA15+l) Family loyalties are tested.
10.40 SBS World News Late.
11.10 All Those Things We Never Said. (Final, PGa)
11.50 Miniseries: Holding. (Mal, R) **1.40** Germinal. (Mav, R) **3.40** Going Places With Ernie Dingo. (PGa, R) **4.40** Bamay. (R) **5.00** NHK World English News Morning. **5.30** ANC Philippines The World Tonight.

SEVEN (7, 6)

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30 Seven Morning News.** **12.00 To Be Advised.** **1.30 Surveillance Oz.** (PG, R) **2.00 Autopsy USA: Larry Hagman.** (Mad, R) **3.00 The Chase.** **4.00 Seven News At 4.** **5.00 The Chase Australia.**

6.00 Seven News.
7.00 Home And Away. (PGad)
7.30 Australian Idol. (PG) Hosted by Ricki-Lee and Scott Tweedie.
8.30 Miniseries: Mr Bates vs The Post Office. (Ma) Part 1 of 4. Mysterious financial losses identified by a malfunctioning IT system lead the British Post Office to sack and prosecute hundreds of sub-postmasters who have no way to prove their innocence.
10.40 The Latest: Seven News.
11.10 Million Pound Pawn. (PG) Part 3 of 3.
12.10 Parenthood. (PGs, R)
2.00 Home Shopping. (R)
4.00 NBC Today.
5.00 Seven Early News. **5.30** Sunrise.

NINE (9, 8)

6.00 Today. **9.00** Today Extra. (PG) **11.30 9News Morning.** **12.00 Married At First Sight.** (Mls, R) **1.30 Explore TV: Viking Cruises Portugal And Spain.** (R) **2.00 Pointless.** (PG) **3.00 Tipping Point.** (PG) **4.00 9News Afternoon.** **5.00 Tipping Point Australia.** (PG)

6.00 9News.
7.00 A Current Affair.
7.30 Married At First Sight. (Mls) It is time for the second dinner party.
9.00 Under Investigation: The Trials Of Graham Stafford. (Mv) Liz Hayes and a team of experts take a look at the case of accused killer Graham Stafford.
10.00 To Be Advised.
11.00 9News Late.
11.30 The Equalizer. (Mav, R)
12.20 Tipping Point. (PG, R)
1.10 Pointless. (PG, R)
2.00 Destination WA.
2.30 World Aquatics Championships. Doha 2024. Day 4. Finals.
4.45 Explore. (PG, R) **5.00** 9News Early. **5.30** Today.

TEN (10, 5)

6am Morning Programs. **8.00** Ent. Tonight. (R) **8.30** Neighbours. (PGa, R) **9.00** Bold. (PGa, R) **9.30** Deal Or No Deal. (R) **10.00** Farm To Fork. (R) **10.30** Judge Judy. (PG, R) **11.00** Dr Phil. (PGa, R) **12.00** 10 News First: Midday. **1.00** Ent. Tonight. **1.30** To Be Advised. **3.00** Farm To Fork. **3.30** 10 News First: Afternoon. **4.00** Neighbours. (PGa) **4.30** Bold. (PGas) **5.00** News.

6.00 Deal Or No Deal. Hosted by Grant Denyer.
6.30 The Project. A look at the day's news.
7.30 Ambulance Australia. (Mms) A child makes an alarming call.
8.30 FBI: International. (Mv) Cameron's friend from the US Navy calls in a favour to help her find her nephew, who has gone missing in Crete. With the rest of the team busy, Scott hangs back in Budapest to take care of personal business.
11.30 Blue Bloods. (Mav, R)
12.30 The Project. (R)
1.30 The Late Show With Stephen Colbert. (PG)
2.30 Home Shopping. (R)
4.30 CBS Mornings.

ABC TV PLUS (22)

6am Children's Programs. **7.05pm** Riley Rocket. **7.20** Bluey. **7.30** Spicks And Specks. **8.00** Would I Lie To You? **8.30** Doc Martin. **9.20** Interview With The Vampire. **10.05** Killing Eve. **10.50** Would I Lie To You? **11.20** Whose Line Is It Anyway? **11.40** Miniseries: The Hollow Crown. **1.45am** ABC News Update. **1.50** Close. **5.00** Clangers. **5.10** Kiddets. **5.25** The Wonder Gang. **5.35** Late Programs.

SBS VICELAND (31)

6am WorldWatch. **10.00** Front Up. **Noon** WorldWatch. **12.30** Planet A. **1.20** Nuts And Bolts. **1.50** The Tailings. **2.05** Australia In Colour. **3.00** WorldWatch. **5.00** Joy Of Painting. **5.30** WorldWatch. **6.10** Duckrockers. **6.40** Jeopardy! **7.35** 8 Out Of 10 Cats. **8.30** Keanu Reeves: Pop Messiah. **9.35 MOVIE:** Romantic Comedy. (2019, MA15+) **11.00 MOVIE:** Destination Wedding. (2018, M) **12.35am** Late Programs.

7MATE (74, 60)

6am Morning Programs. **10.00** American Pickers: Best Of. **11.00** Pawn Stars. **Noon** Outback Truckers. **2.00** Barrett-Jackson: Revved Up. **3.00** Billy The Exterminator. **3.30** Desert Collectors. **4.30** Storage Wars. **5.00** American Restoration. **5.30** American Pickers. **6.30** Pawn Stars. **7.30** Highway Patrol. **8.30** The Force: Behind The Line. **9.30** Motorway Patrol. **10.30** Police: Hour Of Duty. **11.30** Late Programs.

9GEM (92, 81)

6am Danger Man. **7.00** Creflo. **7.30** Skippy. **8.00** TV Shop. **10.30** Pointless. **11.30** My Favorite Martian. **Noon** Days Of Our Lives. **12.55** The Young And The Restless. **1.50** Explore. **2.00** Dr Quinn. **3.00** Yorkshire Auction House. **4.00** Antiques Roadshow. **5.00** World Aquatics Championships. Doha 2024. Day 4. Heats. **8.00** As Time Goes By. **8.30** Midsomer Murders. **10.40** Forensics: Catching The Killer. **11.40** Late Programs.

10 BOLD (12, 51)

6am Home Shopping. **8.00** Buy To Build. **8.30** Diagnosis Murder. **9.30** Jake And The Fatman. **10.30** JAG. **12.30pm** NCIS. **1.30** FBI. **2.30** Jake And The Fatman. **3.30** Diagnosis Murder. **5.30** JAG. **7.30** Bull. **8.30** NCIS. **9.25** Hawaii Five-0. **10.20** NCIS: Hawai'i. **11.15** Diagnosis Murder. **12.15am** Home Shopping. **2.15** Diagnosis Murder. **4.05** JAG.

NITV (34)

6am Morning Programs. **2pm** Going Native. **2.30** The Cook Up. **3.00** Jarjums. **4.00** Toi Time. **4.30** Spartakus And The Sun Beneath The Sea. **5.00** Our Stories. **5.30** Te Ao With Moana. **6.00** Wiyi Yani U Thangani. **6.10** Bamay. **6.40** News. **6.50** Brazil Untamed. **7.40** High Arctic Haulers. **8.30 MOVIE:** Finke: There And Back. (2018, M) **10.10** The Blinding Of Isaac Woodard. **11.10** Late Programs.

SBS WORLD MOVIES (32)

6am Kung Fu Yoga. Continued. (2017, PG) **7.00** What We Did On Our Holiday. (2014, PG) **8.50** Mosley. (2019, PG) **10.40** Dark City. (1998, M) **12.35pm** The One. (2001, M) **2.10** Belle And Sebastian. (2013, PG, French) **4.00** Black Narcissus. (1947, PG) **5.55** CJ7. (2008, PG, Cantonese) **7.30** Jackie Chan's First Strike. (1996, M) **9.35** Unleashed. (2005, MA15+) **11.35** Late Programs.

7TWO (72, 62)

6am Morning Programs. **7.30** Room For Improvement. **8.00** Million Dollar Minute. **9.00** Harry's Practice. **9.30** NBC Today. **Noon** Better Homes. **1.00** Escape To The Country. **2.00** Weekender. **2.30** Cities Of The Underworld. **3.30** Harry's Practice. **4.00** Animal Rescue. **4.30** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Heartbeat. **8.45** Lewis. **10.45** Late Programs.

9GO! (93, 82)

6am Children's Programs. **Noon** Scorpion. **2.00** Bewitched. **2.30** Full House. **3.00** Seinfeld. **4.00** Family Ties. **4.30** The Addams Family. **5.00** Bewitched. **5.30** I Dream Of Jeannie. **6.00** Raymond. **7.00** The Nanny. **7.30** Seinfeld. **8.30 MOVIE:** Valentine's Day. (2010, M) **11.00** Seinfeld. **Midnight** Medium. **2.00** I Dream Of Jeannie. **2.30** Full House. **3.00** Bakugan: Geogan Rising. **3.30** Late Programs.

10 PEACH (11, 52)

6am The Late Show With Stephen Colbert. **7.00** Becker. **8.00** The Big Bang Theory. **9.00** Ghosts. **10.00** Rules Of Engagement. **11.00** Becker. **Noon** Frasier. **1.00** NBL Slam. **1.30** Friends. **2.00** Ghosts. **3.00** Rules Of Engagement. **4.00** Farm To Fork. **4.30** Becker. **5.30** Frasier. **6.30** Neighbours. **7.00** The Big Bang Theory. **8.30** Two And A Half Men. **10.00** Rules Of Engagement. **11.00** Late Programs.

On Demand

LOVE IN THE AIR

FIVE BLIND DATES
Streaming from Tuesday, Prime Video

For Lia Ling, tea is life. Tea is magic.

But right now Lia (Shuang Hu, *The Family Law*) needs some magic to help save her lifelong dream – the traditional Chinese tea shop in Sydney she started with an inheritance from her beloved late grandmother.

As she returns to Queensland for the engagement of her sister Alice (Tiffany Wong), Lia finds herself facing the not only the possibility of losing her shop, but the prospect of being maid of honour at her younger sister's wedding while single and alone.

A prophecy from a fortune-teller reveals Lia's fate, and that of her shop, lie in her next five dates. Her family decides to set her up on five blind dates, with hilarious – and somewhat humiliating – results.

With her best friend Mason (Ilai Swindells, *Bay of Fires*) by her side, Lia tries to negotiate her business, her family and her own doubts, while looking for the man of her dreams.

Add a strained relationship with her mother and the return of her high school sweetheart Richard (Yoson An, *New Gold Mountain*), and the swirling teapot of Lia's life threatens to overwhelm her.

But, when it all comes to boiling point, what seems like the end of the dream might actually just be the beginning.

Co-created by Hu, *Five Blind Dates* – set in Sydney and Hu's hometown of Townsville – is a delightful, sweet and cheeky film perfect for Valentine's Day viewing, which looks at finding true love in Australia. **– Kathryn Roberts**



Fit to a tea: Tea shop owner Lia and old flame Richard (Yoson An) in *Five Blind Dates*.



ONE DAY
Streaming, Netflix

This drama series, based on the novel by David Nicholls and previously adapted as a 2011 film, revolves around Emma (Ambika Mod) and Dexter (Leo Woodall, pictured with Mod), who first meet on July 15, 1988. We then flash forward to that exact day year-by-year, to see where life takes the pair, witnessing both their heartache and happiness.



THE NEW BOY
Streaming, Foxtel On Demand

Warwick Thornton's tale of an orphaned Indigenous boy (played by Aswan Reid, pictured) is one of the best local films of 2023. Taken to a monastery run by a renegade nun (Cate Blanchett), it's not long before other-worldly events start to occur. Also starring Deborah Mailman and Wayne Blair, this is a thought-provoking, captivating piece of cinema.



HALO
Streaming, Paramount+

Almost two years since this video game adaptation debuted, the wait is over for fans with season two finally dropping. Pablo Schreiber (pictured) returns as Master Chief, who is embroiled in a war with an alien threat known as The Covenant. Unable to shake the feeling everything is about to change, he risks it all to prove an unbelievable truth.



SUNCOAST
Streaming from Friday, Disney+

After premiering at Sundance, this coming-of-age drama makes its streaming debut. The semi-autobiographical tale from director Laura Chinn features a star-making performance from Nico Parker (pictured) as a teen caring for her terminally ill brother. With great support from Laura Linney and Woody Harrelson, this is a sharp but sweet look at teen life.



BELOW DECK
Streaming, Hayu

With no less than four spinoffs and the main series now kicking off season 11, it's safe to say the *Below Deck* franchise is one of the most successful ever. With a new captain (Brisbane-born Captain Kerry Titheradge, pictured) overseeing the latest cruise, as the usual hook-ups, and bust-ups and even a murder-mystery party occur on Caribbean waters.

So You've Had A Baby...

The Murray Valley Standard would like to help you share your good news with relatives, friends and the community.

The Standard will announce the newest addition to your family - all you need to do is supply a few details and a photo. Just follow the instructions below, it is that simple.

INSTRUCTIONS

- Supply details of your baby: Name, date of birth, height and weight at birth, hospital of birth, parents name, siblings name, grandparents names, home town.
- Give details of your name, phone number and email, which is not for publication - it will allow us to verify the photo and details provided.
- Supply a high resolution photo that is at least 500kb in size: if the picture is taken by a professional photographer we must have their approval in writing due to copyright restrictions and be able to print the picture without payment. Please name everyone who is in the photo.
- Send details and photos to: editorial@murrayvalleystandard.com.au. Photos and details will appear in The Murray Valley Standard print edition at a date set by the publisher.

THE MURRAY VALLEY Standard



1261643-AOM26-23

Social

Cars, coffee, Murray Bridge



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1: Stephen and Tracey Evers with a 1928 Ford pickup built by Stephen.

2: Ebony and Chris Lloyd with a 29 Dodge Bucket built by Chris.

3: Peter and Marianne Lawson with a 1925 Chevy.

4: Danny Hermel, Mark Thiele and Andrew Baltensperger checking out a 1932 classic.

5: Warren Bilney from Mount Barker with a 1976 LX Torano..

6: David Burt and Chris Hart with a 1927 T Model Roadster.

7: John Rister from Murray Bridge and Tim Harris from the Yorke Peninsula with a VJ Valiant Regal Hardtop.

8: Jerry Wilson with a stunning 1960 Corvette.

Pictures: WILLIAM BAILEY



4



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7



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Social

Who's been out and about?

BEVAN JONES

WE'VE enjoyed some nice summer weather of late so lots of people have been out and about soaking up the sunshine and making the most of it.

Lets see who's been spotted this week around the region...

1: Brian and David Smallacombe feeding the pelicans at Sturt Reserve **Picture: SAM LOWE**

2: Craig Perry sitting at Sturt Reserve enjoying some nice lunch. **Picture: SAM LOWE**

3: Wayne and Lynn Porritt were on holidays from Ipswich, Qld. 387604 **Picture: BEVAN JONES**

4: Tony and Domenica Renna playing hosts to Dominic and Caterina Calabro who were over from Perth. 387604 **Picture: BEVAN JONES**

5: Kingsley Heading, Ryan Elphick, Michelle Pitman, Ashleigh Heading and Laiken and Blair checking out the Bunyip. **Picture: SAM LOWE**

6: Maggie enjoying a coffee on the riverfront after a day of bowling. **Picture: SAM LOWE**

7: Gary Fowler and Karen Kneebone enjoying a warm day at the bowls. **Picture: SAM LOWE**

8: David and Lesley Lyons from Victor Harbor about to board the Captain Proud River Murray cruise with their son Josh who was over from Wollongong, NSW. 387604 **Picture: BEVAN JONES**

9: Keith and Wendy Mansfield from Gawler were excited to go on the Captain Proud River Murray cruise with Jeannie May who was visiting from the UK. 387604 **Picture: BEVAN JONES**

10: Cliff and Priscilla Seed made the trip up from Morphett Vale for the day. 387604 **Picture: BEVAN JONES**


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Social

Centenary party for Lorna

THE Murraylands Retirement Village celebrated Lorna's 100th Birthday on Tuesday, February 6.

1: Janet and Barbara had a lovely catch up Tuesday morning at the Murraylands Retirement Village. 387619

2: Peter and Malcolm enjoyed some hot food at Lorna's birthday. 387619

3: Three generations; Jenny, Lorna and Rebecca celebrated together. 387619

4: Rona and Wendy enjoyed celebrating Lorna's centenary. 387619

5: Lorraine and Max enjoyed some food together at Lorna's birthday. 387619

6: Don and Beryl enjoyed a catch up at the Murraylands Retirement Village. 387619

7: Lorna celebrated her 100th birthday with her family and friends. 387619

8: Mayor Thorley congratulated Lorna on her 100th birthday. 387619

9: Rowena, Tash and Anna from the Murraylands Retirement Village saw a good turn out of guests celebrating Lorna's birthday. 387619

10: Lynn, Wendy, Tony and Peter celebrated Lorna's 100th birthday. 387619

Pictures: KAITLYN GIBBONS


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DISCOVER WHAT'S ON IN THE MURRAYLANDS



FOR GREEN THUMBS

- INTRODUCTION TO PERMACULTURE - Friday, February 9, Murray Bridge Library, 10am-1pm, three hour workshop focusing on the foundation principles of permaculture for sustainable and thriving gardens.

SKATE YOU LATER

- SPL SKATEPARK COMPETITION - Saturday, February 10, Murray Bridge Skate Park, SCOOT at 5pm, BMX at 6.30pm, SKATE at7.30pm. Join a free competition hosted by the station. To register: https://skateparkleagues.com/skatepark-leagues/registration/ or available to register on the day.

ON THE BEAT

- MONTHLY DANCES - Saturday, February 10, .Mondarto War Memorial Hall (44 Ferries McDonald Rd), 8pm-11.30pm. Enjoy a night of music, laughs and dancing. Entry is $12, coffee and tea provided. For more information contact Barry: 0429 813 556 or Robert: 0429 634 063.

HELP AT HAND

- LET'S TALK ABOUT AGED CARE - Tuesday, February 13 & Thursday, February 15, Murray Bridge Library, 11am-12pm, talk to Department of Health and Aged Care about aged care services, what they are and how to find them.

HEARTS AND CRAFTS

- VALENTINES DAY CRAFT - Wednesday, February 14, Murray Bridge Library, from 4pm. Enjoy creating some valentines day arts and crafts with the Murray Bridge Library. To book contact the Library on 8539 1175.

DANCE THE NIGHT AWAY

- WEEKLY DANCES - Wednesday, February 14, Mondarto War Memorial Hall (44 Ferries McDonald Rd), 7pm,-10pm. Enjoy a night of dancing. $5 entry with CD music. For more information contact Barry: 0429 813 556 or Robert: 0429 634 063.

MOVIE NIGHT

- RACHEL'S FARM - Thursday, February 15, Murray Bridge Library, South Tce, 5.30pm-7.30pm, film depicts Rachel Ward's voyage on learning the ecological impacts of conventional agriculture. Book at the library 8539 1175 or library@murraybridge.sa.gov.au

PRE-LOVED TREASURES

- SWAP MEET - Sunday, February 18, Murray Bridge Showgrounds, from 6am. The Murray Bridge Rotary Club is hosting a swap meet. Entry is $7 for buyers and sellers. For more information contact John Whimpress: 0428 132 889

AND THEY'RE RACING

- STRATHALBYN RACING CLUB - Wednesday, February 21, 164 Dry Plains Road, 10.30am-5pm, Breeders and Owners Day, Learn about the Off the Track Series and re-homing of retired racehorses and RacingSA equine welfare model, food and drink available, phone 8536 2248 for more details.

GET UP AND DANCE

- WEEKLY DANCES - Wednesday, February 21, Mondarto War Memorial Hall (44 Ferries McDonald Rd), 7pm,-10pm. Enjoy a night of dancing. $5 entry with C.D music. For more information contact Barry: 0429 813 556 or Robert: 0429 634 063.

COUNTRY FUN

- MURRAY BRIDGE COUNTRY MUSIC CLUB - Sunday, February 25, Imperial Football Club, 11am-4pm, members $10, visitors $12, lunch available to purchase, all welcome, contact Brian 8535 4317.

DANCE THE NIGHT AWAY

- WEEKLY DANCES - Wednesday, February 28, Mondarto War Memorial Hall (44 Ferries McDonald Rd), 7pm,-10pm. Enjoy a night of dancing. $5 entry with C.D music. For more information contact Barry: 0429 813 556 or Robert: 0429 634 063.

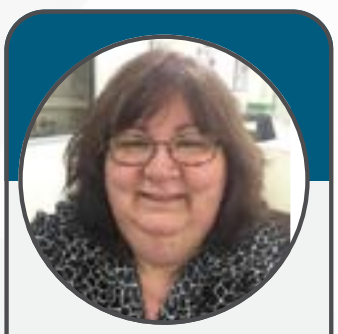
WHAT'S ON

- EVENT LISTING - To list an event send details to kaitlyn.gibbons@satoday.au by 5pm on Wednesday, the week prior to publication. Events to be listed at the discretion of The Murray Valley Standard.

NEW LOCATION

MEET THE TEAM

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WEATHER

FORECAST

MURRAYLANDS DISTRICT FORECAST

Thursday: Sunny. Winds south to southeasterly 15 to 25 km/h tending south to southwesterly 20 to 30 km/h in the afternoon.
Friday: Sunny. Winds southerly 25 to 35 km/h.
Saturday: Sunny. Winds south to southeasterly 15 to 25 km/h tending south to southwesterly 20 to 30 km/h during the afternoon.

MT. LOFTY RANGES DISTRICT FORECAST

Thursday: Sunny. Winds south to southeasterly 20 to 30 km/h.
Friday: Sunny. Winds south to southeasterly 25 to 35 km/h.
Saturday: Mostly sunny. Winds southeasterly 25 to 35 km/h decreasing to 15 to 25 km/h during the evening.

RIVERLAND DISTRICT FORECAST

Thursday: Sunny. Winds southerly 20 to 30 km/h.
Friday: Sunny. Winds southerly 25 to 35 km/h.
Saturday: Sunny. Winds southerly 15 to 25 km/h.

STATE FORECAST

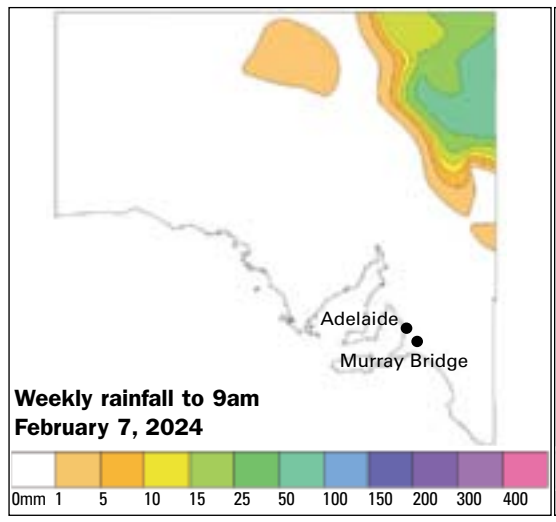
Thursday: Dry. South to southeasterly winds, fresh at times. Fresh to strong afternoon sea breezes. Maximum temperatures below average or near average.
Friday: Dry part from isolated showers and storms about the far northeast. Southeasterly, fresh at times. Fresh to strong afternoon sea breezes. Maximum temperatures below average near the coast and about the southern agricultural area but near average elsewhere.
Saturday: Dry apart from isolated showers and storms about the far northeast. Southeast to northeasterly winds with fresh afternoon sea breezes. Maximum temperatures below average near the coast and about the southern agricultural area but near average to above average elsewhere.
Sunday: Dry apart from isolated showers and thunderstorms about the far northeast. Southeast to northeasterly winds and fresh afternoon sea breezes. Maximum temperatures increasing to above average.

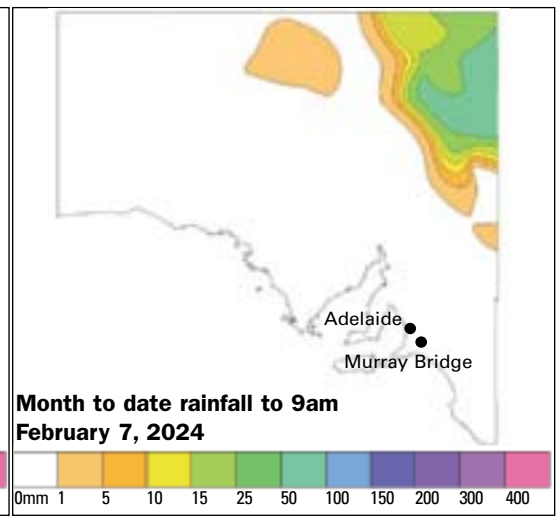
MURRAY BRIDGE

THURSDAY	FRIDAY	SATURDAY	SUNDAY
Sunny.	Sunny.	Sunny.	Mostly sunny.
28	27	29	29

Rainfall to 9am February 7, 2024

Rain (mm)	Daily	Week	MTD	YTD
Adelaide	0	0	0.0	61.2
Adelaide Aero	0	0	0.0	57.2
Ashton	0	0	0.0	53.2
Balhannah	0	0	0.0	59.4
Barossa Valley	0	0	0.0	25.6
Belair				23.6
Birdwood		0	0.0	44.0
Blanchetown				18.4
Callington				71.8
Cape Willoughby	0	0.2	0.2	38.2
Clarendon				53.6
Claypans				23.6
Cooke Plains				56.2
Crafers West	0	0.4	0.4	83.8
Finniss		0.2	0.2	44.0
Greenhill	0	0	0.0	65.8
Gumeracha		0	0.0	29.1
Hahndorf		0.1	0.1	58.2
Happy Valley				53.0
Hindmarsh Island	0	0	0.0	44.4
Inman Valley		0.4	0.4	43.0
Inverbrackie	0	0	0.0	47.6
Karoonda		0.4	0.4	39.4
Kersbrook	0	0	0.0	34.4
Kingscote Aero	0	0	0.0	14.4
Kuitpo	0	0	0.0	58.4
Lameroo	0	0	0.0	21.6
Lenswood	0	0	0.0	48.4
Meningie			0.0	31.6
Milang				46.8
Millbrook Resv	0	0		36.6
Monarto				27.0
Mt Barker	Tce	0.4	0.4	60.8
Mt Crawford	0	0.2	0.2	43.0
Mt Lofty	0	0	0.0	76.2
Murray Bridge	0	0	0.0	40.9
Nairne				
Noarlunga	0	0	0.0	36.4
Nuriootpa	0	0	0.0	25.2
Palmer				27.4
Parawa	0	0.2	0.2	37.8
Parawa West	0	0.2	0.2	37.8
Parndana	0	0.2	0.2	13.2
Peake				
Roseworthy	0	0	0.0	22.6
Sedan				0.2
Strathalbyn	0	0	0.0	55.2
Tailem Bend				42.9
Tintinara				34.0
Uraidla				53.8
Victor Harbor	0	0.4	0.4	52.4
Williamstown				35.4
Willunga				33.8
Woodhouse				75.8
Yankalilla				45.4





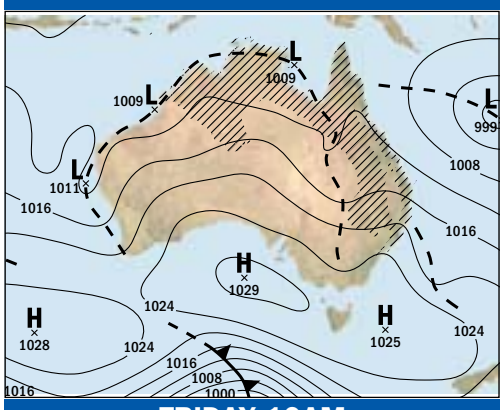
TIDES

Victor Harbor
Today:
H: 1:21am 1.2m
L: 9:36am 0.3m
H: 2:44pm 0.4m
L: 4:13pm 0.4m
Tomorrow:
H: 1:52am 1.3m
L: 9:53am 0.3m
H: 1:58pm 0.5m
L: 5:38pm 0.4m
Saturday:
H: 2:22am 1.4m
L: 10:16am 0.3m
H: 2:17pm 0.6m
L: 6:21pm 0.3m
Sunday:
H: 2:49am 1.4m
L: 10:39am 0.4m
H: 2:44pm 0.7m
L: 6:56pm 0.3m
Monday:
H: 3:15am 1.3m
L: 10:55am 0.4m
H: 3:15pm 0.8m
L: 7:30pm 0.3m
Tuesday:
H: 3:38am 1.2m
L: 10:40am 0.5m
H: 3:47pm 0.9m
L: 8:04pm 0.4m

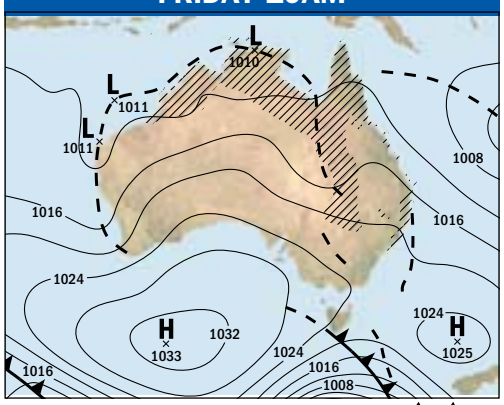
Cape Jervis
Today:
H: 4:17am 1.4m
L: 12:36pm 0.2m
H: 7:02pm 0.9m
L: 10:01pm 0.8m
Tomorrow:
H: 5:00am 1.5m
L: 1:05pm 0.2m
H: 6:59pm 0.9m
L: 10:43pm 0.7m
Saturday:
H: 5:35am 1.5m
L: 1:18pm 0.2m
H: 7:04pm 0.9m
L: 11:14pm 0.6m
Sunday:
H: 6:04am 1.5m
L: 1:14pm 0.3m
H: 7:09pm 0.9m
L: 11:51pm 0.5m
Monday:
H: 6:30am 1.4m
L: 1:15pm 0.3m
H: 7:15pm 1.0m
Tuesday:
L: 12:34am 0.5m
H: 6:52am 1.3m
L: 1:24pm 0.4m
H: 7:26pm 1.1m

Outer Harbor
Today:
H: 5:09am 2.2m
L: 12:18pm 0.2m
H: 6:49pm 1.8m
L: 11:40pm 1.0m
Tomorrow:
H: 5:49am 2.5m
L: 12:43pm 0.1m
H: 7:00pm 1.8m
Saturday:
L: 12:08am 0.8m
H: 6:18am 2.6m
L: 1:05pm 0.1m
H: 7:12pm 1.9m
Sunday:
L: 12:33am 0.6m
H: 6:44am 2.6m
L: 1:24pm 0.1m
H: 7:23pm 2.0m
Monday:
L: 12:59am 0.5m
H: 7:08am 2.6m
L: 1:39pm 0.2m
H: 7:37pm 2.1m
Tuesday:
L: 1:26am 0.5m
H: 7:30am 2.4m
L: 1:50pm 0.3m
H: 7:52pm 2.2m

THURSDAY 10AM



FRIDAY 10AM



WATERS

Upper South East Coast

Thursday: Winds: Southeasterly 15 to 20 knots turning southerly 15 to 25 knots in the middle of the day. Seas: 1 to 1.5 m, increasing to 1.5 to 2 m by early evening. Swell: Southwesterly 1.5 m. Weather: Sunny.
Friday: Winds: South to SE 15 to 25 knots increasing to 20 to 30 knots afternoon. Seas: 1.5 to 2.5 m. Swell: Southwesterly 1 to 1.5 m, decreasing to around 1 m morning. Weather: Mostly sunny.

Gulf St. Vincent

Thursday: Winds: Southeasterly 15 to 20 knots turning southerly 15 to 25 knots in the middle of the day. Winds reaching up to 30 knots north of Port Vincent to Brighton evening. Seas: 1 to 1.5 m, increasing to 1.5 to 2 m by early evening. Swell: West to SW below 0.5 m. Weather: Sunny.

South Central Coast

Thursday: Winds: Southeasterly 15 to 20 knots. Seas: 1 to 1.5 m, decreasing to 1 m morning, then increasing to 1 to 1.5 m by early evening. Swell: Southwesterly 1.5 to 2 m, decreasing to 1 to 1.5 m morning. Weather: Partly cloudy.

River Data

Salinity (EC Units): Morgan 298, Mannum 404, Murray Bridge 452, Meningie 1102, Milang 382.
River levels (m): Blanchetown 3.27, Swan Reach 1.00, Mannum 0.83, Murray Bridge 0.77.
Barrage openings: Goolwa : 3 Open, Mundoo : 2 Open, Boundary Creek : 1 Open, Ewe Island : 18 Open, Tauwitcherie : 10 Open.
Flow to S Australia: 18027 Ml/day.
River information recorded by SA Water, Wednesday, February 7, 2024.t

www.bom.gov.au
Warnings:
Latest info at
www.bom.gov.au/australia/warnings
Warnings 1300 659 210
State Service 1300 934 034
Coastal Waters 1300 978 023

SUNSMART
MURRAY BRIDGE
Sun protection recommended between 9:20am to 5:30pm
MAX UV Index 11 (extreme)

The Bureau of Meteorology

Issued 3pm February 7, 2024 for
February 8, 2024

Sun

	Rise	Set
Thursday	6:39am	8:15pm
Friday	6:40am	8:14pm
Saturday	6:41am	8:13pm
Sunday	6:42am	8:12pm
Monday	6:43am	8:11pm
Tuesday	6:44am	8:10pm
Wednesday	6:45am	8:09pm

Moon

	Rise	Set
Thursday	3:58am	7:19pm
Friday	5:12am	8:05pm
Saturday	6:30am	8:44pm
Sunday	7:47am	9:17pm
Monday	9:01am	9:47pm
Tuesday	10:13am	10:17pm
Wednesday	11:24am	10:46pm

The Moon

New Feb 10
First 1/4 Feb 17
Full Feb 24
Last 1/4 Mar 4

Murray Bridge
LAST WEEK'S WEATHER

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admin@mbhire.com.au
08 8532 3233

Wed 24th	Thurs 25th	Fri 26th	Sat 27th	Sun 28th	Mon 29th	Tues 30th
Max 24.9 Min 12.5 Rain 0	Max 25.2 Min 13.4 Rain 0	Max 27.1 Min 16.8 Rain 0	Max 37.7 Min 13.7 Rain 0	Max 41.8 Min 14.8 Rain 0	Max 24.0 Min 17.5 Rain 0	Max 22.1 Min 11.6 Rain 0

12655356-SW06-24

PUZZLES

SUDOKU

No. 171

To solve a Sudoku puzzle, every number from 1 to 9 must appear in: each of the nine vertical columns, each of the nine horizontal rows and each of the nine 3 x 3 boxes. Remember, no number can occur more than once in any row, column or box.

easy

2		3			6			5
8	7							3
	6		4	7	3		8	
			6			9		1
			7		2			
9		4			1			
	5		9	3	8		2	
3							6	9
4			2			3		8

medium

3					1			
	5		4			6		
7							8	4
		7	2		3			1
6								8
4			1		6	3		
9	1							3
		4			2		7	
			8					5

hard

	1			2			9	
	9	2				8		3
7			8					
			3				4	2
9				1				7
2	8				4			
					2			9
5		8				6	2	
	2			4			1	

easy

4	9	7	2	6	5	3	1	8
3	2	8	1	4	7	5	6	9
1	5	6	9	3	8	4	2	7
9	8	4	3	5	1	2	7	6
6	1	5	7	9	2	8	3	4
7	3	2	6	8	4	9	5	1
5	6	9	4	7	3	1	8	2
8	7	1	5	2	9	6	4	3
2	4	3	8	1	6	7	9	5

medium

2	7	3	8	6	9	4	1	5
5	8	4	3	1	2	9	7	6
9	1	6	5	4	7	8	2	3
4	2	5	1	8	6	3	9	7
6	3	1	5	9	7	2	4	8
8	9	7	2	4	3	5	6	1
7	6	2	9	3	5	1	8	4
1	5	9	4	7	8	6	3	2
3	4	8	6	2	1	7	5	9

hard

3	2	9	6	4	7	5	1	8
5	7	8	1	3	9	6	2	4
4	6	1	5	8	2	7	3	9
2	8	3	9	7	4	1	6	5
9	4	6	2	1	5	3	8	7
1	5	7	3	6	8	9	4	2
7	3	4	8	9	6	2	5	1
6	9	2	4	5	1	8	7	3
8	1	5	7	2	3	4	9	6

Puzzles and pagination © Pagemasters | pagemasters.com

QUICK CROSSWORD

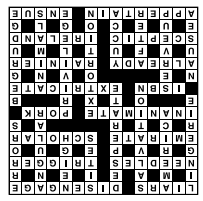
No. 171

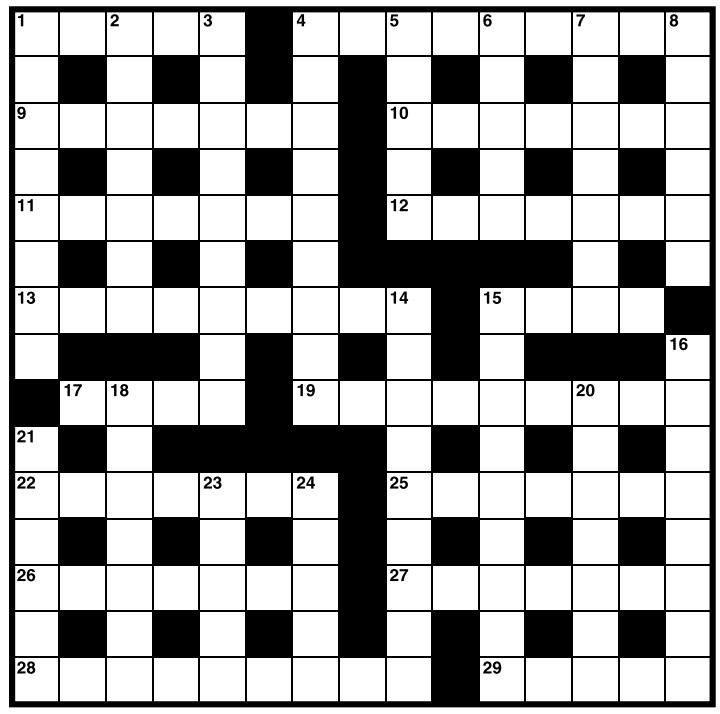
ACROSS

1 Perjurers (5)
4 Release (9)
9 Heckles (7)
10 Lever setting off a gun (7)
11 Territory ruled by an Islamic monarch (7)
12 Student (7)
13 Not moving (9)
15 Pig meat (4)
17 Book ID (1,1,1,1)
19 Release (9)
22 Even now (7)
25 Wetter in terms of weather (7)
26 Doubter (7)
27 Island in the North Atlantic (7)
28 Relating to (9)
29 Follow in order (5)

DOWN

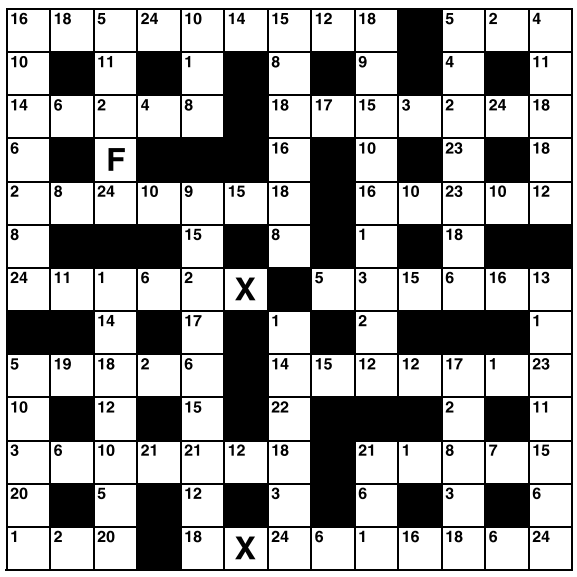
1 Women's underwear and nightwear (8)
2 Common name for the USA (7)
3 Deliverance from harm (9)
4 Reckless (9)
5 Locations (5)
6 Horse's call (5)
7 Bony; gaunt (7)
8 Mistakes (6)
14 Exaction (9)
15 Prerogative (9)
16 Resent someone's pleasure or good fortune (8)
18 Distribute (food) (5,2)
20 Beasts (7)
21 Revulsion (6)
23 Pursuing (5)
24 Type of agave (5)





DECODER

No. 171



1	2	3	4	5	6	7	8	9	10	11	12	13

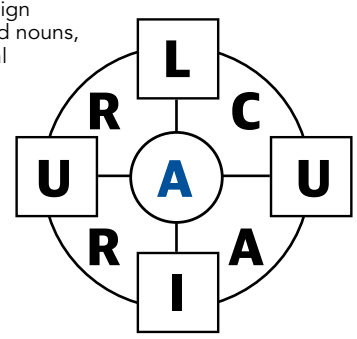
14	15	16	17	18	19	20	21	22	23	24	25	26
											X	F

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

9-LETTER WORD

Using the nine letters in the grid, how many words of four letters or more can you list? The centre letter must be included and each letter may only be used once. No colloquial or foreign words. No capitalised nouns, apostrophes or plural words ending in "s".



Today's Aim:
8 words: Good
12 words: Very good
17 words: Excellent

aria, aril, aura, aural, AURICULAR, carl, carr, curia, laic, lair, liar, lira, liau, racial, rail, rial, rural

WORDFIT

No. 171

3 LETTERS
ACE
ALE
ARM
BAN
BET
DOE
EAR
EAT
EGG
END
ICE
ION
IRS
LIE
ODE
POP
RAW
REV
RIG
ROE
RUE
TAB
UFO
USE

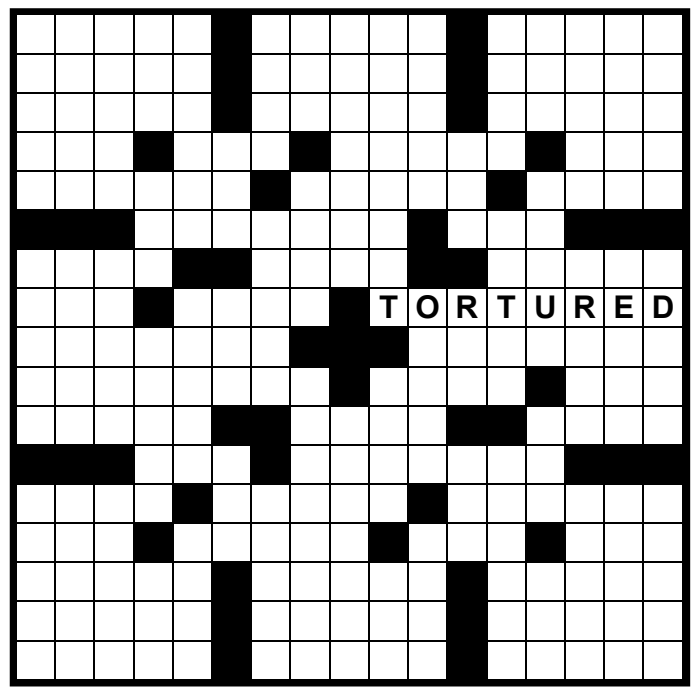
4 LETTERS
AIDE
BLOW
CLAY
DEED
DEER
EGGS
EYED
IDEA
MATS
PALE
RUGS
SLEW
STUN
USED

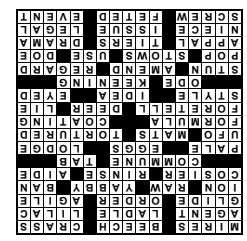
5 LETTERS
ABOUT
ADAGE
AFOOT
AGENT
AGILE
ALIBI
ALTAR
AMEND
APPAL
BEECH
CRASS
DEALT
DRAMA
DRILY
EDGED
EVENT
FETED
GENIE
GLIDE
HERBS
IGLOO
ISSUE
LADLE
LEGAL
LILAC
LODGE
LORRY
MAGIC
MELON
METAL
MIRES
MOTIF
MUTED
NIECE
OCEAN
ORDER
PUFFS
REINS
RINSE
ROMAN
SALAD
SCENE
SCREW
SPANS
STOWS
STYLE
TIERS
TOPIC
UPPER
YABBY

6 LETTERS
COSIER
NEEDLE
REGARD
STERE

7 LETTERS
COATING
COMMUNE
DENSEST
EDDYING
FORMULA
KEENING

8 LETTERS
CLEANEST
FORETELL
LIKEWISE
~~TORTURED~~





09-02-24

5x5

G		L		H
	R		S	
V		R		E
	N		E	
L		S		S

No. 171

Insert the missing letters to make 10 words – five reading across the grid and five reading down.

NOTE: more than one solution may be possible

L	A	S	T	S
E	N	D	E	D
V	E	R	S	E
A	R	O	S	E
G	A	L	A	H

QUICK QUIZ



1 In which Californian city is the sitcom *The Big Bang Theory* set?
2 Which sea does the Rhine river drain into?
3 The term microfibre refers to synthetic fibres of what size?
4 How many colours feature on the South African flag?
5 What character does Ellen Pompeo (pictured) play on *Grey's Anatomy*?
6 Dried plums are commonly sold as what fruit?
7 Who said the famous quote, 'float like a butterfly, sting like a bee'?
8 What is the hardest mineral on Earth?
9 Pamela Isley is the real name of which enemy of Batman?
10 What is somnambulism more commonly known as?

ANSWERS: 1. Pasadena. 2. The North Sea. 3. Less than one denier per filament. 4. Six (black, blue, green, red, white, yellow). 5. Meredith Grey. 6. Prunes. 7. Muhammad Ali. 8. Diamond. 9. Poison Ivy. 10. Sleepwalking.

HOROSCOPE by Lilith

Your year ahead

Whether or not you're a fan of Valentine's Day, there's no denying that love is as necessary to living beings as air, water, food and sleep. So to celebrate Big Red Heart Day, some love messages from your fellow sign-mates...

ARIES
(Mar 21 - Apr 20)

"The world is violent and mercurial – it will have its way with you. We are saved only by love: love for each other and the love that we pour into the art we feel compelled to share: being a parent; being a writer; being a painter; being a friend." Aries – TennesseeWilliams.
Best day:
Tuesday 13 February

TAURUS
(Apr 21 - May 20)

"Love, in fact, is the agent of universal synthesis. Someday, after mastering the winds, the waves, the tides and gravity, we shall harness the energies of love, and then, for a second time in the history of the world, man will have discovered fire." Taurus – Pierre Teilhard de Chardin.
Best day:
Thursday 15 February

GEMINI
(May 21 - Jun 21)

"Lead us where we may feel the earth's love beneath our feet, the careful, ongoing construction of love. Hard fought and won are the shifting sands of this sacred ecology. Easy to desecrate and difficult to defend, this vulnerable joy, this exposed faith, this precious order." Gemini – Michael Leunig.
Best day:
Saturday 17 February

CANCER
(Jun 22 - Jul 22)

"Breathe properly. Stay curious. Don't be outraged, be outrageous. Minds were made for blowing. We are in this life to enlarge the soul, liberate the spirit and light up the brain. And in the end it's love and love alone that really matters." Cancer – Tom Robbins.
Best day:
Monday 12 February

LEO
(Jul 23 - Aug 23)

"I am happier when I love than when I am loved. There is room in the human heart for all the divinities. When love exists, nothing else matters, not life's predicaments, not the fury of the years, not a physical winding down or scarcity of opportunity." Leo – Isabel Allende.
Best day:
Wednesday 14 February

ARROW WORDS



			Repeated sound	Cut of meat	Drill / Grim		Gives wages	Created	Attains	
							In the know			
			Tom –, actor (pictured)					Those people	Man	
			Mineral deposit				Comes from			
Pit	Copy	Green vegetable / Bursts				Song	Expected	Fruit		Got to one's feet
			Male sheep	Con		Standards / At that time				
Cricket score		Craft			Brass instrument / Form					
		Curved structure					Modes	Part of a circle	Grave	
Torn cloth		Grins						As well		
		Land measure	Hypocritical talk / Oceans					Rush		
Part		Enquires				Everything		Bind	Roll	Golf peg
				Sodium chloride					Wager	
Leg joints		Beam			Free time					
				Otherwise				Born as		

VIRGO
(Aug 24 - Sep 22)

"I've seen the nations rise and fall. I've heard their stories, heard them all, but love's the only engine of survival. So come, my friends, be not afraid, we are so lightly here. It is in love that we are made, in love we disappear." Virgo – Leonard Cohen.
Best day:
Friday 16 February

LIBRA
(Sep 23 - Oct 23)

"I sometimes forget that I was created for joy. My mind is too busy, my heart too heavy to remember that I have been called to dance the sacred dance of life. That I was created to smile, to love, to be lifted up and to lift others up." Libra – Jalaluddin Rumi.
Best day:
Tuesday 13 February

SCORPIO
(Oct 24 - Nov 22)

"That man is a success who has lived well, laughed often and loved much. A friend is somebody who loves us with understanding as well as emotion. To love is the great amulet that makes this world a garden. The essence of love is kindness." Scorpio – Robert Louis Stevenson
Best day:
Monday 12 February

SAGITTARIUS
(Nov 23 - Dec 21)

"For one human being to love another: that is perhaps the most difficult of all our tasks, the ultimate, the last test and proof, the work for which all other work is but preparation. Work, there is no other word for it." Sagittarius – Rainer Maria Rilke.
Best day:
Wednesday 14 February

CAPRICORN
(Dec 22 - Jan 20)

"Like the joy of the sea coming home to shore, may laughter rinse through your soul. As the wind loves to call things to dance, may your gravity be lightened by grace. As water takes whatever shape it is in, so free may you be about who you become." Capricorn – John O'Donohue,
Best day:
Friday 16 February

AQUARIUS
(Jan 21 - Feb 18)

"Oh the mountains, oh the valleys, oh the oceans love would climb, seeking a place in your heart. Because there's nowhere too remote for true love to find, no matter what people say: If love wants to travel to your heart, love will find a way..." Aquarius – Sam Cooke.
Best day:
Saturday 17 February

PISCES
(Feb 19 - Mar 20)

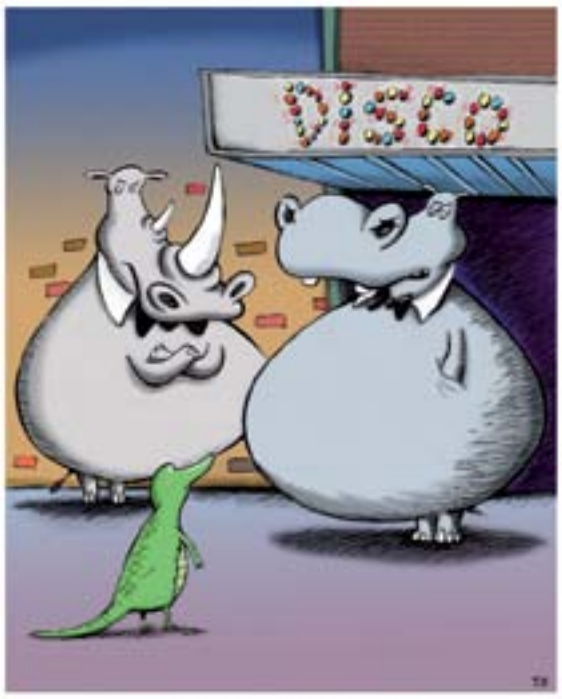
"If each one of us took very seriously the fact that every act, every word, every injury we do another human being is really what is projected into larger issues... then each of us, like a small cell, could create a human self who wouldn't go to war." Pisces – Anais Nin.
Best day:
Sunday 11 February

SOLUTION

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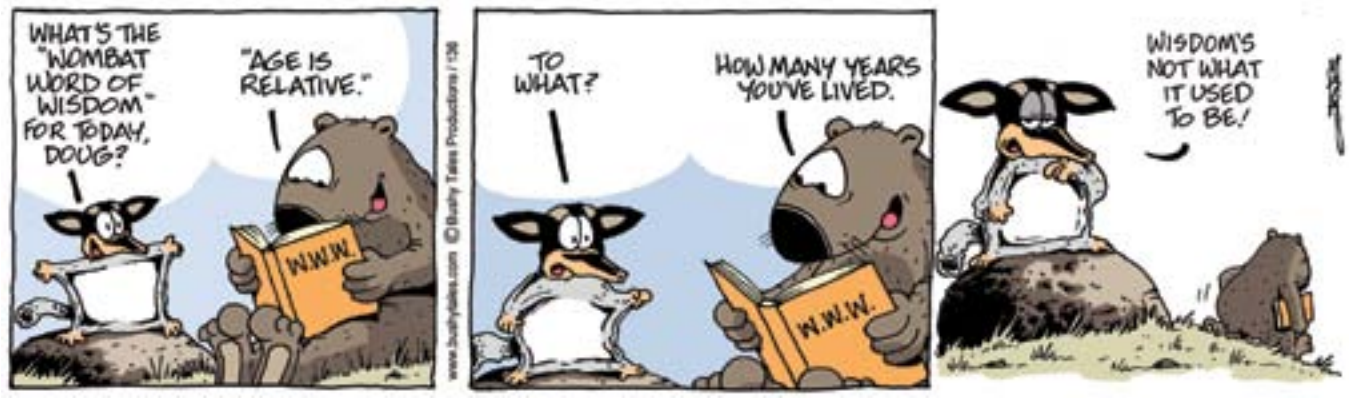
COMICS

Bottled Fruit



"Mammals only my son!"

Bushy Tales



Swamp



Insert Brain Here



Insanity Streak



Doodley Squat



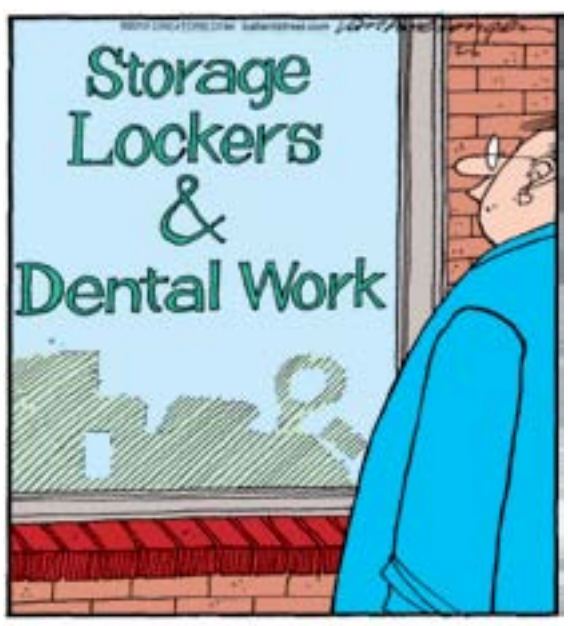
WuMo



Against the Grain



Ballard Street



More evidence of a loosening of regulatory controls

Grin Bin



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recipe

Vietnamese Rice Noodle Salad with Almonds



Prep time: 10 mins
Cook time: 5 mins
Serves: 4 people (30g nuts per serve)

Ingredients

For the salad

- 50g carrot, julienned
- 50g cucumber, julienned
- 20g lettuce, chopped
- 110g dry vermicelli noodles
- 150g firm tofu, sliced thickly
- 1 tbsp olive oil
- 1 tbsp soy sauce
- 60g roasted almond, chopped
- 2 sprigs mint, chopped
- 2 sprigs coriander, chopped

For the dressing

- 1 tbsp lime juice
- 1 tsp rice vinegar
- 2 tbsp fish sauce
- 1 tbsp white sugar
- 1 clove garlic, minced
- 1 tsp red chilli, minced
- 1 tsp canola oil

For garnishing

- 1 tsp fried shallots

Method:

1. In a small bowl, mix together dressing ingredients then set aside.
2. Prepare vermicelli noodles according to packet instructions. Once the noodles have softened, drain the water and set aside for any excess to drain off.
3. Heat olive oil in a small non-stick pan over medium heat. Pan fry tofu until the surface is brown, about 3-4 minutes. Add in soy sauce and gently stir to coat.
4. Combine the salad and dressing ingredients together in a large bowl. Mix well.
5. Divide noodles into two bowls then garnish with fried shallots and serve immediately.

Tips

- This recipe can be made ahead and stored in the fridge to be served as a cold noodle salad the next day. If preparing ahead, mix in almonds and sprinkle fried shallots right before serving.

Recipe courtesy of Sarah Leung and Amanda Wong for Nuts for Life



Copycat Crepe Brulee

If you can't get your hands on the viral crepe brulee then why not make it yourself!

Prep time: 20 mins
Cook time: 10 mins
Serves: 4

Ingredients

For the crepes

- 1 cup flour
- 1 cup milk
- 1 egg
- Pinch salt

For the custard

- 2 eggs
- 1 tbsp sugar
- 1 tbsp cornflour
- 1 tsp vanilla paste
- 1 cup cream

To serve

- 1 cup thickened cream
- 2 tsp vanilla pudding mix (optional, sub sugar)
- 8 strawberries, sliced
- Strawberry sauce, to taste
- 4 small slices cheesecake
- Sugar, to brulee
- You will need a blowtorch for this recipe

Method:

1. For the crepes, mix all the ingredients in a blender or bowl, blend or whisk well then set aside to rest.
2. For the custard, mix the eggs, sugar, cornflour and vanilla paste in a medium bowl. Whisk until no lumps appear. Place a small pot on the stove over medium heat, add the cream and heat until barely simmering. Pour the hot cream slowly over the eggs whisking continuously until combined. Then, place the mix back in the pot and return it to a low heat, whisking continuously until thick.
3. Pour the mix onto a plate or small tray, cover and refrigerate until needed.
4. Prepare the whipped cream by adding cream to a medium bowl. Sprinkle pudding mix over the cream and whisk until firm. Refrigerate until needed.
5. Place a large non-stick pan over medium heat and brush with butter. Using a half cup measure, pour a thin layer of crepe batter onto the pan and cook for a minute until the edges just begin to come away from the sides. Flip and cook a further 30 seconds. Repeat until all the mix is gone, it should make 4 large crepes.
6. To assemble, Place a large crepe on a clean bench or board, then add whipped cream to one quarter of the crepe. Lay down a piece of cheesecake, two sliced strawberries and drizzle strawberry sauce. Fold the crepe in half then roll from the filled end into a cone shape. You can wrap the cone in some baking paper to make it easier to hold.
7. Place the cone into a mug or heatproof glass to help stabilise it, then fill the top with custard and smooth the surface. Sprinkle a thick layer of sugar then carefully blowtorch it until evenly caramelised and dark brown. Repeat with remaining crepes.

Recipe courtesy of Australian Eggs

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General Notices

Public Notices and Event

GREEN ORGANICS
FREE DROP OFF DAYS

Bring your grass clippings, leaves and prunings to **Brinkley Waste And Recycling Facility**
527 Brinkley Rd, Murray Bridge

Friday 23 February 8am to 4pm
Saturday 24 February 10am to 3pm

For residents of The Rural City of Murray Bridge. Proof of residency required. Scan the QR code for more information.



12668960-FG07-24

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General Notices

Public Notices and Event

PUBLIC NOTICE
COMMUNITY MEETING
for the
FIRST PEOPLES OF THE EASTERN LOFTY RANGES - PERAMANGK MOB

South Australian Native Title Services Ltd (SANTS) is facilitating a community meeting of the First Peoples of the Eastern Lofty Ranges – Peramangk mob at the date, times and location below:

Date: Saturday 24 February 2024
Time: From 1pm (following lunch from 12pm)
Location: Laratinga Pavilion, Springs Road, Mount Barker SA 5251

All those individuals that identify as a Peramangk descendant are encouraged to attend this meeting.

Purpose of the meeting:
The purpose of the meeting is to discuss the potential native title claim over Peramangk country. The research team at SANTS will provide an update on the research process. This is an opportunity for you to share your views and information with the SANTS' research and legal teams to help shape the next steps of the potential native title claim.

Land and fire management gathering:
Please be advised that this meeting will follow a Peramangk land and fire management gathering that is being facilitated by the Mount Barker District Council from 10am to 12pm.

Lunch:
Lunch and refreshments will be provided from 12pm.

Travel Assistance:
Assistance with the travel costs of attending the meetings will be available for community.

For assistance with fuel or travel, please book at **www.mountbarker.sa.gov.au/fire-to-flourish** or contact Larissa Jennings of the Mount Barker District Council on:
T: 08 8391 7642
E: ljennings@mountbarker.sa.gov.au

12667740-ET07-24

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Public Notices and Event

Wanderers Cricket Club
AGM
will be held in the clubrooms at the Showgrounds on
Thursday, February 15th at 7.30pm.
All welcome

12666055-SN06-24

Find it in the
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Public Notices and Event

ROTARY CLUB OF MURRAY BRIDGE

SWAP MEET
Sunday February 18th
Murray Bridge Showgrounds
NO site fees • Gates open 6am
$7 entry Buyers and Sellers

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12664507-MG18-24

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Employment

Positions Vacant

Mid Murray Council

TOURISM & CRUISE COORDINATOR - MANNUM
Part-time (0.8 FTE), two (2) year fixed term contract
Based at the Mannum Visitor Information Centre

Council is seeking a highly motivated, energetic, innovative and experienced Tourism & Cruise Coordinator - Mannum to assist in the coordination of the day-to-day operations of the Mannum Visitor Information Centre and associated infrastructure.

The successful applicant will be required to work every second weekend and be flexible on other days worked.

All key focus areas, essential qualifications and experience required for this role can be found in the Position Description relevant to this vacancy.

This role is responsible to the Tourism Manager and will be classified as General Officers Level 3-1 ($82,344 FTE pa).

Council provides a diverse and supportive working environment, opportunities for professional development and Personal Injury and Illness cover, and has a genuine desire for you to enjoy your work.

Mid Murray Council is committed to child safety and Equal Employment Opportunity principles. People of Aboriginal and Torres Strait Islander identity, as well as people of culturally diverse backgrounds or with a disability are encouraged to apply.

A Position Description is available by contacting Triana Hill on 08 8569 0100, or via Council's website www.mid-murray.sa.gov.au and further information in relation to this position is available by contacting Andy Glen on 0472 559 967.

Applicants are required to submit a written application addressing the key responsibilities of the position and a CV demonstrating their suitability for the role. Applications marked **"Confidential Tourism & Cruise Coordinator - Mannum"** should be submitted to the Human Resources Officer, Mid Murray Council, PO Box 28, Mannum SA 5238, or thill@mid-murray.sa.gov.au, by **12:00 noon on Thursday, 22 February 2024.**

Ben Scales
Chief Executive Officer

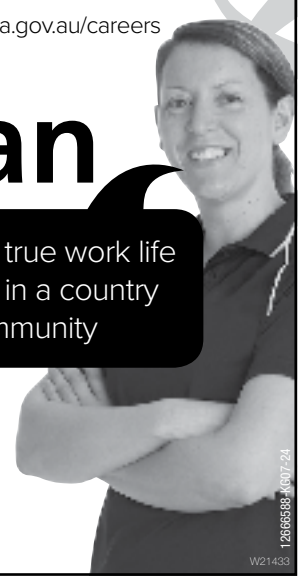
12668484-AP07-24

Positions Vacant

I can work in a multi-disciplinary team which helps me to get the best results for my clients. I am part of a supportive and caring team environment, where my colleagues are my best friends. There are many opportunities to diversify my role and continually challenge myself to improve the lives of country people and their families.

Casual Hotel Services Assistant 2024/2025
Riverland Mallee Coorong Local Health Network
Tailem Bend
Job Ref: 857137

www.sahealth.sa.gov.au/careers



Government of South Australia
SA Health

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W21433

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Positions Vacant



WE ARE
HIRING

WHS & RISK OFFICER

Permanent Part-time (0.6-0.8FTE)
$82,129 - $88,719 + super

ABOUT THE POSITION

The WHS & Risk Officer is part of the Corporate Services team, and will drive the development, implementation and review of Council's WHS management systems, and Risk management systems. This position will be based in Lameroo and report to the Manager Corporate Services. Key responsibilities of the position include:

- Regular reviews of WHS and Risk Management plans, policies, procedures and forms.
- Coordinating WHS & Risk Management audits & evaluations, and implementing subsequent KPI action plans
- Timely reporting to various Council committees
- Overseeing contractor and volunteer registers and induction processes
- Assisting with risk analysis, accident prevention/investigation, hazard management and compliance across all departments.

Southern Mallee District Council is an Equal Opportunity Employer and people of all ages, genders and cultural backgrounds are strongly encouraged to apply.

To enquire please visit our website or contact Katrina Bell on 08 8576 3002.
Submit applications via email to vacancies@southernmallee.sa.gov.au by 5pm on Wednesday 21 February 2024

www.southernmallee.sa.gov.au

12668030-FC07-24

Positions Vacant

Port Lincoln Times | SAToday | Whyalla Advocate

Journalist

SA Today Pty Ltd
Port Lincoln, Whyalla and Eyre Peninsula SA
Full Time

SA Today is seeking a journalist to join our team on a full-time basis based on the Eyre Peninsula.

About us:
SA Today publishes newspapers across South Australia and is owned by a group of experienced, passionate, independent publishers. We pride ourselves on quality journalism with a strong community connection. The company is Australian owned by individuals with significant news media publishing knowledge and experience. Our company is committed to providing an inspiring, creative workplace, and a career that is rewarding.

About you:
We are seeking a motivated individual with the ability to display initiative in news-gathering to produce compelling and timely content for our readers. Duties will include general news reporting, producing editorial content to support advertising features and special publications, photography, covering local events across the region, including some after hours work, the ability to file stories to meet production deadlines and to assist with weekly print production and proofing of editorial content.

The successful candidate will have the following skills and experience:

- Experience in journalism
- Photography skills
- Ability to work autonomously and as part of a team environment
- Excellent time management skills
- Excellent people skills

Previous regional news media experience is desirable but not essential. To apply please include a resume and cover letter outlining your suitability for the role and examples of your writing and photography.

https://www.seek.com.au/job/73355004

12667120-FC06-24

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Positions Vacant

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Government of South Australia

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Department for Correctional Services
Mobilong Prison
Part Time - Temporary, up to 12 months
Vacancy No: 576904
$84,522 - $94,003pa (ASO5)

For more information and how to apply visit: www.iworkfor.sa.gov.au

Applications close:
11pm, Thursday 22nd February 2024

W21557

IWORKFOR.SA.gov.au

12668188-JB07-24

Positions Vacant

MAKING A DIFFERENCE SO SOUTH AUSTRALIA THRIVES
Government of South Australia

CORRECTIONAL EDUCATOR (LITERACY & NUMERACY)

Department for Correctional Services
Mobilong Prison
Part Time - Temporary, up to 12 months
Vacancy No: 575012
$84,522 - $94,003pa (ASO5)

For more information and how to apply visit: www.iworkfor.sa.gov.au

Applications close:
11pm, Thursday 22 February 2024

W21558

IWORKFOR.SA.gov.au

12668176-HC07-24

I can develop a wide range of skills across business services which contribute to great outcomes in the health system. I can gain experience across all areas of health, furthering my knowledge each and every day. I enjoy a diverse and varied career path within one organisation, knowing I am making a real and valued contribution.

Maintenance Officer
Casual 2024/2025
Riverland Mallee Coorong
Local Health Network
Tailem Bend
Job Ref: 857225

www.sahealth.sa.gov.au/careers

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Government of South Australia
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Positions Vacant

MAKING A DIFFERENCE SO SOUTH AUSTRALIA THRIVES
Government of South Australia

SOCIAL WORKER

Department for Correctional Services
Mobilong Prison
Up to 12 months
Vacancy No: 574927
$86,950 – $100,729 pa (AHP2)

For more information and how to apply visit: www.iworkfor.sa.gov.au

Applications close:
11.00pm, Tuesday 13 February 2024

W21356

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Mullets sink Eagles by lake

BRUCE PHILLIPS

ALL games went as expected, in a hot weekend in Murray Towns Cricket.

Mannum were too good for Monarto at home, Mypolonga crushed Wanderers at the Showgrounds and Meningie set up a mini final showdown this week, with a solid win over Tailem Bend.

MENINGIE V TAILEM BEND

The Mullets won the toss and had no hesitation in batting first.

Captain Chris Taarnby (61*) played his best game for the club and got them off to a good start.

When his partner (21*) departed (no name) one wicket led to two as 'The Master' Stewart Willis (0*) was out like an apprentice, 2/48.

Meningie soldiered on and Kane Mason and Taarnby picked up singles and kept the score ticking over.

They put on an 83 run match winning stand and set it up for Cam Reid (40*) to come out and go bang and that he did.

Reid smashed three fours and three maximums and Meningie raced to 4/142 when Mason and Taarnby both departed.

Jack Richards (6*) came and went quickly 5/151 but Reid did the damage with a cameo performance.

Connor Stephens (1*6) gave good support as they pushed the score past 200 and out of Tailem Bend's reach.

A couple of late wickets for Tailem Bend but the Mullets finished on 7/206 in their allotted 45 overs.

Best of the Tailem Bend bowling were young Lucas Piggott 3/18 (6*) at just 13 with three A Grade wickets and Tyler White and James McInally shared two wickets apiece.

Tailem Bend set about their chase in disaster 2/4 with the dangerous Brad Kleinig (2*) back in the shade.

Lucas Piggott joined James 'Jmac' McInally (31*) and they set about rebuilding the early collapse.

Piggott was patient but could pierce the infield.

James McInally was finding the gaps and scoring the bulk of the runs but when Piggott exited so did another wicket seeing a mini collapse 4/37 and when McInally went 15 runs later, 5/52 Tailem Bends hopes went out in the lake.

The veteran Paul Baxter (37*) set about making the Mullets earn his wicket and Tailem Bend were somewhat back in it at 5/80.

However Paul Agalidis (6*) and Tyler White (3*) went 12 runs apart and the visitors were sinking into the Mullets deep water 7/92.

Rhys Lloyd (18*) and Baxter added a useful 31 runs before both departed 9/124.

But in a brilliant last wicket fight, Matt Pitman (3*) and Locky Hincks (16*) pushed the score up to 9/156 in a 32 run unfinished partnership assisted with some extras.

Meningie's best bowling came from Jack Richards who was outstanding with 4/25 (9*) and had good assistance from Tyson Bradley 2/19 (9*).

MANNUM V MONARTO

Mannum had the coin fall their way and despite losing the last two times batting first they chose to have first hit.

After the loss of Jayden Krollig (0*) and 'The Zak Attack' Zak Muirhead (10*) Mannum was in trouble 2/22.

Josh Hancock (45*) and Captain Nick Lindner came together and they soon settled in.

A 44 run stand and Hancock departed and the game was evenly poised 3/66.

Monarto needed another breakthrough and it needed to be Dwayne 'Cutter' Krollig early but they just couldn't get the great man out.

He played smart cricket adding 129 with Lindner and a 'W' in the win column as the match slipped away from the Black Caps.

Kowald eventually got Lindner (69*) 4/195 and 'Cutter' retired to the shade and let Josh Boylan finish the after lunch chapter.

'The Kettleman' (30*) smashed the ball everywhere taking over from where he finished at the Meyer Shield.

Boylan faced just 12 balls and he was hot.

Josh 'Muddy' Mildwaters would again be the partnership breaker, but it was all too late as Mannum pushed their total up to a match winning 5/228 off 45 overs.

Monarto bowlers came in for some stick, those that didn't get a wicket, but of the six bowlers used, four were successful each taking a wicket.

Riley Franke 1/11 (9*) again a stand out.

He bowled without luck and he'll need to keep these results up headed toward finals.

Jarrad Kowald, Mildwaters and Matt Doyle all claimed a wicket, in a tough day out for the 'Cappers'.

Monarto in reply were off to a great start bringing up the 50 without loss.

But within minutes both openers departed for the shade and a Monarto mini collapse set in, 2/60.

Ty Pfeiffer (24*) was joined by Ethan Smith (43*) and they consolidated the situation by putting the visitors back in the match.

However 'The Fiff Show' departed soon after the 100 was up and the game swung Mannum's way, 3/109.

Roclin Bates (6*) hung around with Smith and they pushed the score up to 140 odd before the wheels fell off losing 7/38.

Hancock got rid of Smith who played brilliantly, Bates hit one back to Max Loller, Mildwaters (4*) fell to the Hancock combination and Carl Pfeiffer (8*) gave Josh Hancock his involvement in four dismissals with a good catch off Maxine Worthley.

Monarto lost their last four wickets for 15, bowled out for 170.

Best of the Kookas bowlers were Josh Hancock 3/47 (9*) and 'Cutter' sent down 33 balls with 3/5.

Vintage Dwayne Krollig is not as quick as he used to be but he knows where to pitch the ball and execute it and that's the key when the opposition are chasing runs.

WANDERERS V MYPOLONGA

The visitors called correctly and in hot conditions it was a no brainer to bat first.

Sam Elliott (81*) back in the opening spot didn't let his Captain down and probably a good thing when Captain Brady 'Wriggles' Wrigley smashed his way to a hundred.



Craig Fidge gets ready for a catch. 387225

Pictures: WILLIAM BAILEY



Allen Jones congratulated Riley Vanson for reaching 100 runs. 387225



Luke Thomson from ramblers enjoyed a day of batting. 387225

In what has been a quieter season with injury and opportunity Wrigley had sent a warning to the opposition.

Wanderers battled in 38 degrees heat and it knocked the stuffing out of the 'Woo Hoos'.

Stephen Mills (22*) and Aaron 'Funky' Zrim swung the willow in the late overs and Shannon Callery (9*) helped push the Tigers score up to a match winning 4/244 off 45 overs at 5.42 per over.

Wanderers were exhausted none more so than the bowlers, the best of the eight used, Ben Gilgen 1/23 (7*).

It was a big score (244*) in extremely hot conditions and Wanderers looked ready to lay down in the coolest place.

Cameron Cox came in for some punishment going for 50 off just five overs such was the Tigers roar.

Wanderers came out to open and looked lethargic, but Ben Trenorden got them off to his usual flyer with two fours, but on 11 he departed, 1/11, but then heat stroke set in!

With the score on 12 Ben Gilgen (1*), Sam Robinson (1*) and Craig Fidge (0*) would all be clean bowled, 4/12.

It was a collapse that had the east siders reeling and they never recovered.

Just six runs later the inform Shane Bown (2*) was on his way and it soon became 'The Zrim Show', 5/18.

Aaron, who came off a magnificent Meyer Shield, used the hot weather to take advantage, having those veteran muscles warmed up to find another yard of pace.

'Funky' clean bowled three of the top order batsmen and caught and bowled Jake Rogers (14*) who offered some resistance at the tail end pushing the 'Woo Hoos' up to a more respectable 83 all out when at one stage 20 looked maximum.

Wanderers best partnership came from Jalen Kowalick (12*) and Cam Cox (19*) with a 26 run stand.

Fair to say the heat played some part, but take nothing away from these 'Tigers', they are ruthless and will take some beating.

They simply clawed the 'Woo Hoos' and used the conditions to their advantage.

Lachlan Zrim 3/15 (9*) again the spotlight shielded by his older brother Aaron who was back to his best while Cameron Jorgensen 1/22 (9*) has been a great recruit for Mypolonga.

Jack Freestone 1/10 (3*) claimed the remaining wicket in a dirty day out for the home side.

Mypolonga will finish top and get a home final and have one claw firmly on the premiership cup.

Kuroyanagi racing for tops

JAMES TZAFERIS

WILL Clarken and Niki O'Shea have wasted little time saddling up winners from their new Murray Bridge stables and will attempt to extend their brilliant form over the border when undefeated filly Kuroyanagi tackles Saturday's Group 2 Blue Diamond Prelude (1100m) at Caulfield.

Clarken said that while the daughter of Written Tycoon will also be entered for a two-year-old race at Morphettville on Saturday, the lucrative Stakes contest in Melbourne is the stable's preferred option with the filly, who is rated $11 in Sportsbet's Blue Diamond market off the strength of a debut win at Gawler last month.

Jamie Kah rode Kuroyanagi to victory in a Murray Bridge trial last month but will continue her association with last-start Group 3 winner Hayasugi, paving the way for Blake Shinn to ride the filly. Clarken said she had given him no reason not to continue on a path towards the $2 million Blue Diamond.

"She's going to be entered for Melbourne and Morphettville but we're most likely leaning towards Melbourne at this stage," Clarken said.

"She had a good working gallop at Morphettville on Saturday morning, worked really nicely and came through very well.

"Jamie is going to stick to the other filly (Hayasugi) so Blake Shinn will ride her if she runs at Caulfield."



Kuroyanagi looking to race Caulfield. Picture: SUPPLIED

Clarken also confirmed that Strathalbyn Cup winner Second To Nun is a strong chance to back-up in the Listed JRA Plate (2006m) at Morphettville on Saturday.

Apprentice Rochelle Milnes has ridden Second To Nun to all four of her wins in 2024 and is in line to retain the ride in the Listed contest.

Of the stable's brilliant season, which has so far yielded 34 wins and a 25% winning strike rate in Adelaide, Clarken is attributing it to several factors including finding a healthy balance between the use of his property at Sellicks Hill and his new on-course stables at Thomas Farms Racecourse Murray Bridge.

Clarken is among several trainers that have moved into the new on-course barns adjacent to the racetrack.

South African trainer Gary and Dean Alexander and former Strathalbyn horseman Andrew Clarken have also taken up residence at Murray Bridge.

"I think getting everything working in harmony between the farm and Murray Bridge has been important," he said.

"We sat down and had a good look at everything, from pre-training right through to racing and we probably intensified the workload of a few horses a bit more.

"We changed some feeding stuff around as well.

"And it's probably been a case of some horses coming of age, they are all horses we bought ourselves through sales but they were just taking a long time but they've fully furnished now.

"We're buying tried horses pretty much weekly at the moment and we're going to buy yearlings in Adelaide but we probably won't buy anywhere else."

MURRAY TOWNS CRICKET ASSOCIATION

A-GRADE ONE-DAY GAME

WANDERERS A GRADE V MYPOLONGA at Murray Bridge Showgrounds

MYPOLONGA 1ST INNINGS BATTING

S Elliott c S Robinson b J Williams 81
B Wrigley c J Kowalick b M Stapleton 100
S Mills c B Gilgen b C Fidge 22
A Zrim not out 19
K Harradine c S Robinson b B Gilgen 0
S Callery not out 9
Sundries (1b 3lb 5w 4nb) 13
TOTAL 4 wickets for 244 (45 overs)

WANDERERS A GRADE 1ST INNINGS BOWLING

J Kowalick 5-0-29-0, S Bown 2-1-10-0, C Fidge 9-1-32-1, B Gilgen 7-1-23-1, M Stapleton 7-0-39-1, S Robinson 4-0-24-0, J Williams 6-0-33-1, C Cox 5-0-50-0

WANDERERS A GRADE 1ST INNINGS BATTING

B Trenorden b A Zrim 10
S Robinson b A Zrim 1
B Gilgen b C Jorgensen 1
C Cox c N/A b L Zrim 19
C Fidge b A Zrim 0
S Bown run out S Elliott, L Gotch 2
M Stapleton b L Zrim 0
J Kowalick c M Oborn b L Zrim 12
B Dawson lbw J Freestone 5
J Rogers c&b A Zrim 14
J Williams not out 5
Sundries (0b 5lb 4w 5nb) 14
TOTAL 10 wickets for 83 (41 overs)

MYPOLONGA 1ST INNINGS BOWLING

J Freestone 3-0-10-1, L Zrim 9-2-15-3, K Harradine 2-0-3-0, S Elliott 9-1-18-0, A Zrim 9-3-10-4, C Jorgensen 9-4-22-1

MANNUM V MONARTO CC at Mannum Oval

MANNUM 1ST INNINGS BATTING

J Krollig b R Franke 0
Z Muirhead c T Pfeiffer b M Doyle 10
J Hancock lbw J Mildwaters 45
N Lindner c R Bates b J Kowald 69
D Krollig 55
J Boylan not out 30
M Worthley not out 6
Sundries (4b 3lb 4w 2nb) 13
TOTAL 4 wickets for 228 (45 overs)

MONARTO CC 1ST INNINGS BOWLING

R Bates 4-0-34-0, J Kowald 9-2-52-1, J Mildwaters 9-1-36-1, R Franke 9-4-11-1, M Doyle 9-1-42-1, T Pfeiffer 5-0-46-0

MONARTO CC 1ST INNINGS BATTING

D Matthews c&b D Krollig 34
I Higgins c M Worthley b J Hancock 22
T Pfeiffer c B Brown b J Krollig 24
E Smith c M Worthley b J Hancock 43
R Bates c&b M Loller 6
C Pfeiffer c J Hancock b M Worthley 8
J Mildwaters c K Hancock b J Hancock 4
B Smith c Z Muirhead b D Krollig 8
J Kowald c M Loller b K Hancock 2
M Doyle not out 9
R Franke lbw D Krollig 0
Sundries (3b 1lb 3w 3nb) 10
TOTAL 10 wickets for 170 (42.3 overs)

MANNUM 1ST INNINGS BOWLING

M Loller 3-0-8-1, J Boylan 7-1-15-0, J Hancock 9-0-47-3, D Krollig 5.3-2-5-3, J Krollig 8-0-37-1, M Worthley 6-0-21-1, K Hancock 4-0-33-1

INGIE CC V TBCC at Meningie Oval

INGIE CC 1ST INNINGS BATTING

C Taarnby c T White b L Piggott 61
N/A c J McInally b T White 21
S Williss c P Agalidis b T White 0
K Mason c M Pitman b L Piggott 40
C Reid not out 40
J Richards c N/A b L Piggott 6
C Stephens b J McInally 16
N/A c T White b J McInally 0
Z Mcnicol not out 0
Sundries (1b 0lb 12w 9nb) 22
TOTAL 7 wickets for 206 (45 overs)

TBCC 1ST INNINGS BOWLING

J McInally 8-1-31-2, N/A 3-0-18-0, B Kleinig 6-1-33-0, R Lloyd 2-0-22-0, T White 8-0-49-2, L Piggott 6-0-18-3, L Hincks 9-1-17-0, M Pitman 3-0-17-0

TBCC 1ST INNINGS BATTING

B Kleinig lbw T Bradley 2
N/A lbw T Bradley 0
J McInally c O Crossman b J Richards 31
L Piggott c S Williss b J Richards 4
N/A b J Richards 0
P Baxter st C Taarnby b C Reid 37
P Agalidis lbw O Crossman 6
T White c S Williss b J Richards 3
R Lloyd b N/A 18
M Pitman not out 3
L Hincks not out 16
Sundries (1b 0lb 23w 12nb) 36
TOTAL 9 wickets for 156 (45 overs)

INGIE CC 1ST INNINGS BOWLING

T Bradley 9-3-19-2, N/A 3-0-14-1, J Richards 9-2-25-4, C Stephens 2-0-7-0, C Reid 4-0-8-1, Z Mcnicol 9-1-45-0, O Crossman 9-0-37-1

B-GRADE ONE-DAY GAME

MYPOLONGA V WANDERERS B GRADE at Mypolonga Oval

MYPOLONGA 1ST INNINGS BATTING

M Walton c B Matuhina b N Rawlins 71
R Berling c N/A b W Slee 2
J Hein c N Rawlins b D Fidge 9
N Lewis not out 101
D Elliott run out K Young 12
S Vogt not out 23
Sundries (6b 2lb 15w 12nb) 35
TOTAL 4 wickets for 253 (40 overs)

WANDERERS B GRADE 1ST INNINGS BOWLING

N/A 3-0-20-0, B Matuhina 7-0-52-0, W Slee 8-0-34-1, N Rawlins 4-0-26-1, C Kruger 5-0-34-0, S Bartlett 5-0-36-0, D Fidge 8-2-43-1

WANDERERS B GRADE 1ST INNINGS BATTING

S Bartlett lbw B Stewart 22
K Young c J Hein b R Walton 4
B Matuhina b J Hein 12
T Davis lbw J Hein 0
J Saunders c S Vogt b J Hein 5
N/A c D Elliott b Z Smith 0
W Slee c M Walton b J Hein 0
C Kruger c N Lewis b M Gale 4
D Fidge c L Gale b Z Smith 4
N Rawlins c&b L Gale 0
N/A not out 0
Sundries (0b 1lb 3w 2nb) 6
TOTAL 10 wickets for 57 (22.3 overs)

MYPOLONGA 1ST INNINGS BOWLING

R Walton 4-0-21-1, D Elliott 3-0-10-0, J Hein 4-2-6-4, L Gale 0.3-0-0-1, Z Smith 4-1-7-2, B Stewart 4-0-9-1, M Gale 3-1-3-1

MONARTO CC V MANNUM at Homburg Oval

MONARTO CC 1ST INNINGS BATTING

I Bates b J Tilly 35
C Schubert c S Tilly b J Tilly 5
J Watkins b J Tilly 5
C Bailey c B Maloney b J Tilly 40
M Parker run out J Denver 24
T Frahn c B Maloney b B Weber 33
D Leckie c D Murphy b J Denver 0
B Frahn lbw S Tilly 0
S Hein b E Tilly 11
L Thenuka run out B Weber 0
T Carter not out 0
Sundries (10b 3lb 11w 7nb) 31
TOTAL 10 wickets for 184 (36.2 overs)

MANNUM 1ST INNINGS BOWLING

R Gladigau 6-0-30-0, J Denver 3-0-12-1, S Tilly 8-2-15-1, B Weber 8-0-40-1, J Tilly 7-1-42-4, E Tilly 4.2-0-32-1

MANNUM 1ST INNINGS BATTING

S Tilly c C Schubert b T Carter 18
J Denver b T Carter 0
T Gladigau b T Frahn 20
B Maloney b T Frahn 9
J Tilly c D Leckie b C Bailey 2
S Hahesy c I Bates b M Parker 17
B Weber c C Schubert b M Parker 11
E Tilly c D Leckie b M Parker 0
D Murphy c D Leckie b B Frahn 3
R Gladigau b J Watkins 2
B Stephens not out 0
Sundries (3b 1lb 6w 4nb) 14
TOTAL 10 wickets for 96 (31.1 overs)

MONARTO CC 1ST INNINGS BOWLING

L Thenuka 4-0-10-0, B Frahn 1-0-3-1, M Parker 5-2-4-3, S Hein 4-0-12-0, T Carter 6-0-27-2, T Frahn 6-2-6-2, J Watkins 0.1-0-0-1, C Bailey 5-0-30-1

RCC V JERVOIS CC at Le Messurier Oval

RCC 1ST INNINGS BATTING

J Billing run out A Jones 5
T Callery b A Jones 9
M Thompson run out R Jarvis 73
R Vanson not out 117
B Buwalda b J Wohlschlager 24
M Brooks c S Gibbs b R Jarvis 5
D Black c J Wohlschlager b M Towill 7
L Thompson not out 9
Sundries (5b 1lb 9w 8nb) 23
TOTAL 6 wickets for 272 (40 overs)

JERVOIS CC 1ST INNINGS BOWLING

M Towill 4-0-25-1, S Gibbs 2-0-28-0, R Hutchesson 5-0-23-0, J Bilney 2-0-18-0, J Wohlschlager 8-1-48-1, A Jones 8-0-43-1, R Jarvis 8-0-51-1, D Gilmour 3-0-28-0

JERVOIS CC 1ST INNINGS BATTING

R Hutchesson c M Thompson b T Callery 0
R Barwell c R Vanson b E Woidt 4
D Gilmour b T Callery 0
S Gibbs c D Black b T Callery 2
M Towill b T Callery 1
R Jarvis run out E Woidt 5
H Marcus c E Woidt b T Callery 0
J Bilney not out 10
A Jones b J Billing 2
C Bruggemann b J Billing 0
J Wohlschlager c T Callery b R Morris 0
Sundries (0b 1lb 4w 1nb) 6
TOTAL 10 wickets for 30 (16 overs)

RCC 1ST INNINGS BOWLING

R Morris 2-0-2-1, E Woidt 3-1-10-1, J Billing 2-1-2-2, M Thompson 3-0-10-0, T Callery 6-2-5-5

C-GRADE ONE-DAY GAME

IMPERIALS CC V PERPONDA at Johnstone Park

IMPERIALS CC 1ST INNINGS BATTING

Sundries (0b 0lb 0w 0nb) 0
TOTAL 9 wickets for 130 (40 overs)

PERPONDA 1ST INNINGS BOWLING

L Goodrich-Cunningham 8-1-20-4, A Wilson 7-1-19-3, B Goodrich 8-0-27-1, A Parsons 8-1-24-1, B Sparks 7-0-28-0, J Zerk 2-0-11-0

PERPONDA 1ST INNINGS BATTING

C Wilson c b N/A 20
A Parsons b N/A 42
L Goodrich-Cunningham b N/A 0
J Zerk c b N/A 33
C Pahl c b N/A 0
A Wilson b N/A 0
B Goodrich lbw N/A 5
A Brown c b N/A 6
B Sparks lbw N/A 2
P Asel b N/A 3
T Kerr not out 1
Sundries (2b 0lb 2w 2nb) 6
TOTAL 10 wickets for 118 (37.3 overs)

IMPERIALS CC 1ST INNINGS BOWLING

Details unavailable

TBCC V MYPOLONGA at Tailem Bend Oval, Jaensch Park

TBCC 1ST INNINGS BATTING

M Hincks lbw D Gladigau 3
R Tiller b M O'Brien 2
C Williss c M Crocker b B Hein 6
S Tynan lbw D Gladigau 0
H Ghumman c J Watts b D Bates 13
O Knight b M O'Brien 27
L Gorkha run out B Hein 15
H Pedler c B Hein b M O'Brien 2
A Asani b M O'Brien 0
P Musgrove b B Hein 0
A Barnes not out 0
Sundries (1b 1lb 8w 3nb) 13
TOTAL 10 wickets for 81 (37.1 overs)

MYPOLONGA 1ST INNINGS BOWLING

M O'Brien 7.1-1-16-4, B Hein 6-1-7-2, D Bates 6-1-13-1, M Crocker 3-1-10-0, B Lambe 7-2-17-0, D Gladigau 8-1-16-2

MYPOLONGA 1ST INNINGS BATTING

M Crocker b C Williss 0
B Hein not out 51
D Gladigau not out 20
Sundries (1b 0lb 7w 3nb) 11
TOTAL 1 wickets for 82 (9.1 overs)

TBCC 1ST INNINGS BOWLING

O Knight 1-0-3-0, C Williss 4-0-37-1, L Gorkha 2-0-26-0, R Tiller 2-0-14-0, S Tynan 0-0-1-0

UNDER 15'S ONE-DAY GAME

WANDERERS V MYPOLONGA at Murray Bridge Showgrounds

WANDERERS 1ST INNINGS BATTING

R Stapleton b L Stewart 24
K Hopper b B Pahl 0
R Martin b L Stewart 12
joel hobbs
c: B Pahl b L Ackland 0
C Smith b B Pahl 22
J Lovell c B Pahl b L Stewart 1
M Hutchinson b N Martin 7
I Doutre not out 5
L Hutchinson b N Martin 0
W Smith c&b H Clark 2
B Mitchell b L Stewart 0
Sundries (7w 18nb 0lb 3b) 28
TOTAL 10 wickets for 101 (32.4 Overs)

MYPOLONGA 1ST INNINGS BOWLING

B Roden 4-0-14-0, B Pahl 6-0-20-2, L Stewart 5.4-1-14-4, L Ackland 3-1-11-1, H Clark 3-0-8-1, D Swansson 2-0-7-0, B Harvie 5-0-21-0, N Martin 3-2-1-2, C Merrett 1-0-2-0

MONARTO V TBCC Scores unavailable

JERVOIS V MANNUM at Jervois Combined Sports Club

JERVOIS 1ST INNINGS BATTING

B Gilmour c&b R Gladigau 30
N Schulz not out 27
H Wohlschlager b L Gladigau 2
J Williss c T Nuske b B Reichstein 3
C Burbidge run out H Eichler 14
B Bates c&b B Eichler 17
J Salter c J Denver b R Gladigau 15
L Bates b D Murphy 4
T Gibbs b R Gladigau 7
J Thiele b H Eichler 1
J Salter not out 4
Sundries (11w 22nb 1lb 18b) 52
TOTAL 9 wickets for 176 (40 Overs)

MANNUM 1ST INNINGS BOWLING

R Gladigau 8-1-23-3, H Eichler 8-1-18-1, J Denver 7-0-35-0, T Nuske 4-0-16-0, L Gladigau 3-0-22-1, B Reichstein 3-0-12-1, D Murphy 3-0-11-1, B Eichler 2-0-7-1, C Eichler 1-0-2-0, S Nuske 1-0-11-0

Fourth spot is up for grabs

BRUCE PHILLIPS

IT'S the second to last round in MTCA this weekend and it promises to be a ripper.

Monarto will host Meningie in the MFLTV live stream match of the round, where fourth spot is up for grabs.

Mypolonga host my top two predictions in a grand final curtain raiser at the 'Fruit Bowl' and Tailem Bend will fancy themselves at home against Wanderers after last week's results.

Monarto v Meningie

This weekend in MTCA, is the most important match for Monarto and Meningie as the winner is fairly certain to play finals.

It's a mini final, Meningie came off a confidence boosting win last week and Monarto made 170 against Mannum so it's hard to tip.

Meningie must pull the curtain on 'The Fiff Show' Ty Pfeiffer, he is the key to the Black Caps success.

Daniel 'Wombat' Matthews got among the runs last week and Isacc Higgins also scored in the 20's.

Monarto on paper has Riley Franke leading the bowling department with the partnership breaker Josh 'Muddy' Mildwaters and Harry Miles.

Meningie must play John Zadow, Tyson 'Turtle' Bradley is a strike bowler and they should welcome comp leading wicket taker back Paul McNicol.

Stewart 'The Master' Willis missed out last week so he's due and all look good for a mini showdown.

In picking a winner, if Zadow plays, Meningie wins, Kane Mason and Cam Reid are capable of quick runs.

Who bats first will play a huge part in the result.

I'll go for the 'Mullets' to swim, I just think they look more dangerous in the batting department.

Meningie by 30 runs or three wickets.

Mypolonga v Mannum

Mypolonga look far too strong on paper but let's remember the game is played on carpet.

If Mannum bat first and score around 180 and bowl and field well they are a silly chance.

Dwayne 'Cutter' Krollig turned back the clock last week, it was vintage 'Cutter' and he ran into this game in great form.

Captain Nick Lindner ran himself back into form last week at the right time and their leading run scorer 'The Zak Attack' Zak Muirhead, just loves Mypo.

'The Kettleman' Josh Boylan is in great form and if one of these blokes gets going to set the foundation an upset is brewing.

Mypolonga on the other hand have a freight train batting line up, Stephen Mills is the trump, Aaron 'Funky' Zrim steadies the middle order and 'Wriggles' Brady Wrigley is coming off a ton.



Samuel Eliot gets ready for a swing on Saturday. 387661 **Pictures: WILLIAM BAILEY**

Sam Elliott looks to have stitched up the opening spot and it's hard to find a weak link.

Mills, the Zrim brothers, Riley Walton and Elliott are the bowlers and they should get the job done and finish top.

Mypolonga by 40 runs batting first and four wickets if chasing.

Tailem Bend v Wanderers

Tailem Bend will host Wanderers in what is a dead rubber, but having said that, it's a dangerous game for the 'Woo Hoos'.

Tailem put a respectable chase up last week and if the coin falls their way and they bat first 150-160 could just cause problems for Wanderers.

Brad Kleinig is a warrior, Paul Baxter is the engine room and if young gun Lucas Piggott can get a few with the hard hitting Rhys Lloyd, Tailem is a chance.

However Wanderers won't let this slip, they'll bounce back, they have more depth and this will be an opportunity for a couple of players to find form.

Cameron Cox is the pilot and Shane Bown will bounce back and with Craig Fidge, Sam Robinson, Jalen Kowalick and Bown at the Bowling crease Wanderers should have the power.

In picking a winner, a dangerous game for Wanderers, don't be surprised if there's an upset but I'll stick with the visitors by 60 runs if bat first and five wickets chasing.



Marcus Towill prepares himself to bowl to Ramblers. 387661



Ben Gilgen made sure nothing got in his way of bowling. 387661

Paech, Stevens chasing Falcon's final runs

KAITLYN GIBBONS

ON Sunday, February 4, the Eastern Falcons battled against Gaza at the Summit Sport and Recreation Park, pushing through high heat and strong winds to define the round thirteens result of the ATCA Women's Second Grade competition.

After winning the toss, the Eastern Falcons took to the field with a strong bowling approach, led by the opening pair of Holly Paech and Rebecca Hull, with Paech taking out the opening batters Leah Spencer (1/2) and Tracey Wade (2/13) within the first three overs.

Although faced with initial wickets, Gaza attacked the field with their batting, with highlight batter Tayla O'Connor scoring 26 runs from 36 deliveries, helping Gaza reach their final score of 84 from the 20 overs.

In exchange the Eastern Falcons provided a powerful bowling attack, taking seven of Gaza's wickets with highlights from Paech's bowling (scoring three wickets from 21 deliveries) and run-outs led by Natalie Frahn, leading to Gaza's final score of 7/84.

Chasing a respectable score of 85, the Eastern Falcons made haste in gaining runs, with Emily Roberts and Hull opening the batting, before Paech soon entered the field after Hull was caught by Burton off Jenke's bowling.

Roberts and Paech made great batting progress, hitting three and four fours respectively, with no wickets to be taken for the rest of the match.

After Roberts' retirement in over 13, April Stevens joined Paech on the field as the pair chased the final 14 runs to beat Gaza's score, winning the match in the last over with an end score of 1/87 (from 19.1 overs).

Next, the Eastern Falcons will travel to Hope Valley Oval to play against Hope Valley this Sunday, February 11, at 1pm.

For more information about the Eastern Falcons, follow them on Facebook: https://www.facebook.com/profile.php?id=100063097906610 or Instagram: https://www.instagram.com/eastern_falcons/



Holly Paech had a big hit on Sunday. 387254 **Picture: SUPPLIED**

Hot weather on the green

DEREK VANDERZON



David Thiele had a positive day on the greens. 387239 Pictures: WILLIAM BAILEY



John McDiarmid from Mannum enjoyed his day out on Saturday. 387239



David Newell was ready for some bowling action. 387239

TAILEM BEND v JERVOIS

TAILEM Bend scored a 63-61 win over Jervois at Jervois to give itself a big chance of climbing off the bottom, and is now just two points adrift of their cross river rivals.

Rob Hales, Sam Shepherd, Con Jones and Glenda Shepherd overcame a slow start to triumph 29-20 over Graham Fromm, Trevor Mann, Derek Vanderzon and Shane Fromm.

Trailing 7-1 after three ends, Hales piled on 23 shots to two to take control with a lead of 15 shots.

Fromm rallied in the second half, closing to within five shots, but a big conversion by Hales followed by an errant drive by Fromm the next end saw the final margin out to nine shots.

Travis Schenke, David Hoare, Stuart Rooke and Kevin McDonald held sway for most of their match against Graeme Herbert, Rodger Zarantonello, Steve Kroehn and Neil Morris before conceding the lead with two ends remaining, but were good enough to take the win with a two on the final end sealing a 20-18 win.

Shawn Hicks, Jeremy Scannell, Graham Schenke and Grace Hameister dropped a four on the first end and were soon down 7-0, but had clawed back to within a shot at the break, trailing 8-9.

Hicks continued the rally in the second half, dropping just two more ends and going on to win comfortably 23-14.

KAROONDA v MURRAY BRIDGE

Karoonda returned to form with a thumping 71-37 win over Murray Bridge, climbing back to the top of the ladder in the process.

All rinks won convincingly, with Rowan Zadow, Garry Mason, Malcolm McKenzie and John Wegner 14 shot winners over Darren McIntosh, Brian Traeger, Mark Callery and Brian Leckie.

Ian Symonds, Gary Zadow, Jake Venning and Malcolm Waechter won by the same margin over Bruce Attrill, David Kempe, Charlie DiSanto and Tony Gill.

Josh Porker, Shaun Wood, Erin O'Malley and Don Loller had the closest match of the day, but still prevailed by six shots over Paul Smart, Ben Traeger, Peter Shilton and Andrew Meddle.

RSL v MANNUM

The remaining match between RSL and Mannum at the RSL was called off due to the heat, perhaps a little surprisingly given that Jervois and Karoonda did not reach the cut off temperature.

Home team successes for ladies' pennants

JANELLE TRAEGER



Meningie women's bowler Joy Marsh in full flight against Murray Bridge Maroon on Thursday Jan 25 at Murray Bridge Bowling Club. 387212



Jervois bowler Sam Mammone is full of concentration as she gets ready to roll one down against Murray Bridge Royal on January 25. 387212 Pictures: BEVAN JONES

AFTER another close round of play in the Ladies Pennants, where all the home teams won, there is a bit of a roadblock at the top of the Premiership ladder.

With a break this week and then the last round to come it is difficult to predict how the final placings will sort themselves out.

MURRAY BRIDGE ROYAL v TAILEM BEND

Murray Bridge Royal were at home to Tailem Bend and although they only won one rink, they won overall 68-55.

Helen Lindner, Sue Eory, Kay Simes and Pam Waack dominated their opponents Kathy Liebich, Kylie Slattery, Josie Ross and Vicki Stevens 28-8 by continuing to win the ends, often with multiple shots.

Kerri Bolt, Sue Smart, Janine Logan and Rosemary Daish went down to Karen Kneebone, Julie Tuesner, Sandy Gordge and Leanne Patching 19-24 after being in front for most of the game before Tailem Bend won most of the ends after the break to finish in front.

On the last rink Janelle Traeger, Jan Horrigan, Barb Herbert and Ellen Holmes had a tight contest with Glenda Shepherd, Margaret Woidt, Pauline Merritt, and Lyn Weckert and after the lead changed several times the final score was 21-23.

MANNUM GREEN v MENINGIE

Mannum Green hosted Meningie and had a convincing win 72-38. Denise Barnes, Leanne Dicker, Helen Turner and Tess Brereton defeated Sally McKechnie, Margaret Little, Jennie Peck and Pamela Gillen 27-12 getting out to an early lead and then never allowing their opponents to get too many scoring shots when they did win the end.

Pat Crowe, Rosemary Freeman, Peter MacAvaney and Di Leathers defeated Vicki Verrall, Joy Marsh, Lorraine Pledge and Val Semmler 30-10 winning the majority of ends and scoring multiple shots including ends of five and four.

The closest game in this match saw the Meningie rink of Ruth Miller, Margaret Magnuson, Joyce Benetta and Fay Blake scoring a win 16-15 over Brenda Thomas, Pam Eichler, Geraldine Palmer-Bishop and Raeleen Schache where Green got out to an early lead and Meningie managed a good fight back to finish in front.

MANNUM GOLD v MURRAY BRIDGE

Mannum Gold were also home to Murray Bridge Maroon and came out victors 87-42 winning on all rinks over the top side.

Beryl Brandle, Heather Sexton, Jim Fenemore and Ainsley Roberts defeated Denise Menzies, Margaret Groth, Faye Campbell and Helen Redden 32-10 where again multiple shots were the telling blow.

Marie Wachtel, Sue Jones, Neville Gregory and Kerry Pascoe defeated Judy Zadow, Kay Edson, Chris Wilson and Cheryl Milich with a similar score 32-11.

Two shots seemed to be the lucky number for Gold as they scored this on 10 ends but also added an end of four shots and five shots to seal the result.

Pam Bormann, Helen Wakefield, Pauline Bishop and David Kennett defeated Maxine Stasinowsky, Rosalie Shilton, Lorna Penhall and Ann Ratsch in a closer affair 23-21 where Maroon got out to an early lead but 11 shots to Gold in a row after the break gave them the lead and Maroon could not quite close the gap.

JERVOIS v KAROONDA

In the final match Jervois at home defeated Karoonda 81-40.

The rink of the week went to Elaine Atkins, Chris Hicks, Malcolm Clayson and Chris Bigmore as they defeated Ruth Cross, Fiona Zadow, Wendy Barrett and Ken Wegner 36-12.

Jervois started well with a great lead 19-4 at the break with two ends of four shots and three ends of three shots.

Grace Hameister, Linda Smith, Jan McNeil and John McEntee had an equally convincing win 25-10 over Erin and Belinda O'Malley, Mandy Zadow and Karyn Bormann.

Jervois won the early ends to begin well but Karoonda were always playing catchup.

The last rink was a closer game with Heather Fromm, Sam Mammone, Judith Obst and Ivy Kluske defeating Robyn Burdett, Barb Pope, Gwen White and Tarryn Turner 20-18.

Each team had good chances but no one could dominate.

Tennis players battle heat

THE Murray Bridge Lawn Tennis Association had a great day on the court, the sun may have been shining down but that didn't stop some eager players.

SCHOOLS 12-102 def POSTEL 6-76

Doubles: A Temby, LD Erasmus v S Dean, D Altman 9-8; N Bolt, O Blot v T Jones, E Slattery 9-6; T Garrett, K Martin v R Vowles, C Thimm 9-2; B Hancock, R King v R William, L Bald 6-2; S Watson, E Franke v B Bowman, L Graetz 2-6; B Hancock, E Franke v R William, L Graetz 4-6; R King, S Watson v L Bald, B Bowman 4-6.

Singles: A Temby v S Dean 9-3; LD Erasmus v D Altman 2-6; N Bolt v T Jones 4-6; O Bolt v E Slattery 6-4; T Garrett v R Vowles 6-0; K Martin v C Thimm 6-4.

Extra Doubles: A Temby, N Bolt v S Dean, T Jones 6-4; LD Erasmus, O Bolt v D Altman, E Slattery 6-3; T Garrett, B Hancock v R Vowles, R William 6-1; K Martin, S Watson v C Thimm, B Bowman 2-6; R King, E Franke v L Bald, L Graetz 6-1.

SWANPORT 15-110 def SPORTSMAN 3-67

Doubles: A Lapinskas, R Morrell v A Ahrens, J Joy 9-6; Charlton Manning, S Manning v N King, A Goodridge 6-9; C Manning, L Pickering v L King, Z Bald 9-2; N Prosser, R Rossiter v N Brooks, L Bald 6-5; L Vickers, D Harden v R Daish, R Howell 6-1; N Prosser, D Harden v N Brooks, A Howell 6-0; R Rossiter, L Vickers v L Bald, R Daish 6-4.

Singles: S Erasmus v A Ahrens 2-6; R Morrell v J Joy 6-2; Ch Manning v N King 7-5; S Manning v A Goodridge 6-3; C Manning v L King 6-1; L Pickering v Z Bald 6-3.

Extra Doubles: A Lapinskas, C Manning v A Ahrens, N King 7-5; S Erasmus, S Manning v J Joy, A Goodridge 6-3; C Manning, N Prosser v L King, N Brooks 6-3; L Pickering, L Vickers v Z Bald, R Daish 4-6; R Rossiter, D Harden v L Bald, R Howell 6-3.

JUNIOR RESULTS



Bob Hancock showed of his tennis skills on Saturday. 387246



Anthony Lapinskas gets ready for a swing. 387246



Demi Harrington reaches high for the ball. 387246

Pictures: WILLIAM BAILEY

MURRAYLANDS 4-52 def SPORTSMEN 11-78

Doubles: H Rigney, R Vowles vD Harrington, H Law 2-6; A Jacobs, C Lovell v E Rigney, A Bell 5-6; S Vowles , C Oster v H Jarvis, S Jacobs 6-2; K Chamberlain, P Wilkinson v S Borchardt, V Wilkinson 3-6; L Jacobs, G Rooke v O Chamberlain A Horsman 2-6.

Singles: H Rigney v D Harrington 6-3; R Vowles v H Law 4-6; A Jacobs v E Rigney 0-6; C Lovell v A Bell 6-2; S Vowles v H Jarvis 6-4; C Oster v S Jacobs 5-6; K Chamberlain v S Borchardt 3-6; P Wilkinson v V Wilkinson 4-6; L Jacobs v O Chamberlain 0-6; G Rooke v A

Horsman 0-6

Most Valuable Player Murraylands: Alicia Jacobs.

Most Valuable Player Sportsmen: Sophie Jacobs.

COORONG 6-68 def BANKS 9-66

Doubles: B Morrell, E Morrell v A Law, K Jarvis 5-7; B Lienert, D Curcudel v L Bald, S Randall 6-5; L Morrell, H Baumgurtel v B Hand, I Garrett 6-3; J Young, M Jacobs v A Maczkowiack, M Stevens 4-6; M Borchardt, W Wilkinson v E Rooke, K Maczkowiack 5-6.

Singles: B Morrell v A Law 6-1; E Morrell v K Jarvis 4-6; B Lienert v L Bald 4-6; D Curcudel v S Randall 6-0; L Morrell v I Garrett 4-6; H Baumgurtel v B Hand 3-6; J Young v A Maczkowiack 1-6; M Jacobs v M Stevens 0-6; M Borchardt v E Rooke 6-2; W Wilkinson v K

MACZKOWIACK 2-6

Most Valuable Player Coorong: Bailey Morrell.

Most Valuable Player Banks: Kyla Jarvis.

SCHOOLS 5-56 def AVOCA 8-63

Doubles: T Garrett, N Horstmann v S White, T Kruschel 4-6; M Roberts, R Thiele v C White, E Baumgurtel 6-2; O Young, N Oster v C Bolt, C Meyer 0-6; v T Lienert, M Huang 6-0; L Chamberlain, T Matthewsen v J Piggott, A Jeffrey 4-6.

Singles: T Garrett v S White 4-6; N Horstmann v T Kruschel 6-3; M Roberts v C White 3-6; R Thiele v E Baumgurtel 6-3; O Young v C Bolt 6-4; N Oster v C Meyer 5-6; A Paech v T Lienert 6-4; L Chamberlain v J Piggott 5-6; T Matthewsen v A Jeffrey 2-6.

Most Valuable Player Schools: Ruby Thiele

Most Valuable Player Avoca: Charlie White

All revved up on action

LESLEY LITTLE

ON February 3, Murray Bridge Speedway featured two state titles events at the oval dirt track at Murray Bridge Speedway.

Twelve Formula 500's cars battled out for the state titles,the second were the V6 Sprints with 11 cars nominated fighting for the title.

As the day wore into evening the small dedicated crowd enjoyed the Street Stocks, Junior Sedans, and Modified Sedans.

Results: Angelo Karoussis (Whyalla) makes it four South Australian Titles in a row.

Formula 500s SA Title - Feature

1. S27 Angelo Karoussis
2. V5 Jackson McLean
3. V27 Jack Nolan

V6 Sprints SA Title - Feature

1. S8 Nick Hall
2. S9 Renee Pfeiler
3. 7 John Pfeiler Jnr

Modified Sedans - Feature

1. MDA6 Wade McCarthy
2. S9 Heath Thorne
3. SA94 Rob Uren

Street Stocks - Feature

1. S14 Nigel Reichstein
2. S19 Phil Watson
3. S97 Nick Hill

Junior Sedans - Feature

1. S91 Henry Brumfield
2. MDA12 Ryan Burns
3. S6 Lachlan Brown



Twin brothers (Gawler) Justin and Jason Demaine working on Jason's car. 387204

Pictures: LESLEY LITTLE



Mayson Cadd is only 11-years-old and races in junior sedan. 387204



S 91 Henry Brumfield took the chequered flag, S 26 Bree Mcallister was second in Junior Sedans. 387204



Street Stocks number 12, Darren Flatman number six, Grant Harris and number 19 Phil Watson race. 387204



The Murray Bridge RSL and Bowling Club have a new nine rink green thanks to the tireless work of volunteers. 385215

Picture: SUPPLIED

RSL bowlers enjoy their new greens

BEVAN JONES

THE power of community was on full show as nearly 100 people worked tirelessly on January 21 and 22 to help with the relevelling of the nine rink green at the Murray Bridge RSL Bowling Club for the second time in seven years.

The club was able to pay for the project through a combination of its own funds they had in the kitty and a $20,000 grant it received from Clubs SA for the project.

Berry Bowling Green Systems were used to do the big and important role of levelling it back after they successfully completed a similar task for the Tailem Bend Bowling Club in late 2023.

Club President Jeff Henschke was very thankful for everyone's work and said the turnout was even better than expected.

"I was a bit worried whether we'd have another people to do the rollup and was hoping for about 40 but we ended up getting 50 people so that was great," he said.

"We put on an egg and bacon barbecue and that was well received and we were able to roll it up and back again on the Sunday and Berry Bowling Green Systems did what they needed to do with the laser levelling.

"Similarly with Monday I was concerned as to how many would rock up but we had over 40 people and once again the egg and bacon barbecue was a good idea and everyone worked well together to roll the other half up.

"Berry Bowling Green Systems were able to laser level it again and then rolled the new green yesterday (Monday) and handed it back to us."

Mr Henschke said the club was happy with the result.

"It's fantastic, we were trying for two years to have this improvement and it's finally happened which is great," he said.

"It's a good result, we can't play on it just yet, there's still a little bit of work to do but a few of us had a roll on it afterwards and we all give it the thumbs up.

"It's all happened quicker than expected, everyone has done a really good job.

"Half of the bowling green was terrible and the condition of the greens as well wasn't good, hopefully the club will progress forward after this."

Ballard tackles footy goals

FROM PAGE 44

It has been some time now since young Ballard was kicking a football on the local Peake oval but now at 21, she has achieved her dreams, travelling Australia under the banner of the AFLW Adelaide Crows.

Ballard said she was a typical regional nine-year-old having fun on the netball courts when her brother's footy club, Peake and Districts, made a call out for more players.

"They needed some fill-ins to help out with the under 13 team so I filled in for a couple of games and I absolutely loved it," Ballard said.

"The next season I said 'bugger netball, I'm going to start playing football'.

"I started playing out at Peake and I was there for four or five years and pretty much have worked my way up the ranks.

"Growing up playing with the boys was great fun, and it was good when you finally got to the level where the boys respected you as a player as well, but you definitely feel isolated as the only girl, trying to fit in.

"But I moved up to West Adelaide and Strathalbyn where I was playing with the girls and it was just awesome to be able to play with people who have the same dreams and goals.

"It's just great to play along with girls who are really keen, because back home the girls played netball and focussed on that while I was too busy playing netball.

"Once I was able to play with some other girls; it's just great to play along with people who have the same goals and ideas and enjoy the same things as you."

Abbie is not the only Ballard to achieve highly in the sporting world with her sister, Georgia, recently representing South Australia in the Under 23 National Softball Championships.

Ballard said she lived in a sporting family and her parents were very supportive with everything she and her siblings did.



Coomandook local Abbie Ballard is kicking goals for the AFLW Adelaide Crows. Picture: SUPPLIED

"We'd have to come up to Adelaide and Georgia would have softball, we'd be going to Adelaide and Mount Barker on Fridays and Saturday nights, but Mum and Dad would drive us everywhere no matter what time of day it was, they were just unreal," Ballard said.

"Having their support, us girls wouldn't be able to do what we have done without them doing what they did for us."

Ballard said every step along her football journey has been more of a leap, going from regional playing at Peake to Strathalbyn, then progressing to West Adelaide at age 15, and finally, in 2021, making the AFLW Adelaide Crows draft.

"Strath was just your local football so that was just time to go and have great fun, play with some girls, but going from there to Westies was another big step up, playing with actual women," Ballard said.

"I think playing there at such a young age with actual women kind of got me prepared really early on for the Crows and in the ALFW competition.

"From early on you get built like the rest of them and know that you've got to be strong and take a hit, so having started from such a young age especially really helped.

"But then going up to the Crows was just another huge step, the professionalism, it was really different, but going to Westies and having a bit of an insight it kind of helps you get ready for that end goal."

Recently, Ballard signed a contract for another two years at the Crows.

Despite a severe leg injury in late 2023, she said she was looking forward to making her return.

Ballard said her dreams had always been to play football professionally and now having accomplished it, she was looking forward to continuing her football career long into the future.

"I was very excited to be able to get another two years with the Crows, especially after I did my knee, but I'm able to stay at home, stay in SA, and I just can't wait to get out and start playing again," she said.

"I would love to stay in SA for as long as possible if they'll keep me, because the culture and the professionalism is just unreal, and the team is still a bit young so the better we play together the better we'll be in a couple more years time.

"We're going to dominate in the next few years but my goal is to stay in SA for as long as I can."

With girl's football opportunities opening up in the Murray Mallee, Ballard has become a role model for local girls who want to explore new sports.

Ballard said it was really important that local girls just get out and give it a go.

"There's so many girls playing nowadays, I think football is becoming anyone's sport," Ballard said.

"It's just about getting out there and giving it a go, not caring what anyone thinks.

"It's just such a fun game, really you've just got to get out and have a bit of fun with it, enjoy yourself."

The River Murray Football League's junior girls program – coined Fridays are for the Girls – will be starting in late February to provide more opportunities for girls in the Murray Mallee.

The program kicks off on Friday, February 23, with a venue yet to be announced, from 4.30pm for under seven years, 5.30pm for under 13 years, and 7pm for under 16.

To find out more information or to register for the RMFL Fridays are for the Girls program, visit the league's Facebook page, or contact Nick Dillon on 0479 016 854, or Michelle Hill on 0416 010 878.

SPORTS QUIZ

1. The Matildas were part of the longest World Cup penalty shootout in history against which team in the quarter-finals of the 2023 FIFA Women's World Cup?
2. And which player kicked the winning goal?
3. Who, in 2024, became the youngest darts player to throw a televised nine-darter?



4. NBA player Joel Embiid became just the ninth ever person to do what on January 22nd, 2024?
5. In which year did the Cronulla-Sutherland Sharks win their first and only NRL premiership?
6. Which two cities are scheduled to host the 2026 Winter Olympic Games?
7. The fan club known as the Carota Boys support which ATP tennis player?
8. Which Wests Tigers player's contract was recently terminated?
9. How many times has Yuna Kim won the World Figure Skating Championships?
10. In which Australian city is the sports venue 1573 Arena located?
11. The 2024 Australian Open men's final marks the first time since what year that, out of Novak Djokovic, Rafael Nadal and Roger Federer, none have featured?
12. Which Collingwood father/daughter player recently departed the club for Carlton?
13. Cody Rhodes is the son of a famous wrestler known by what nickname?
14. Climate Pledge Arena is the home of which NHL team?
15. The San Francisco 49ers and Kansas City Chiefs last faced off in the Super Bowl in which year?
16. Which English cricket player recently took nine wickets in his debut Test match against India?
17. New York has how many major league sports franchise teams?
18. Australian darts player Simon Whitlock is known by what nickname?
19. Marcus Stoinis recently re-signed for the Melbourne Stars for how many years?
20. Which A-League team does Bruno Fornaroli play for?



21. Prior to their 2024 test win in Australia, when did the West Indies previous win a test in this country?
22. What are the name of the two conferences that make up the NFL?
23. Two-time Australian Open champion Aryna Sabalenka is from which country?
24. Which country recently won the Netball Nations Cup?
25. Who did the Socceroos beat in their recent Asian Cup Round of 16 match?
26. In the Women's National One Day Cricket Competition, what is the name of the team based in Canberra?
27. Jack Silvagni plays for which AFL team?
28. Luc Longley will be joined by Horace Grant and which other former Chicago Bulls champion for an upcoming tour named No Bull?
29. The Winter X Games are traditionally held in what famous American skiing town?
30. What was the nickname of the now defunct NBL team based in Geelong?

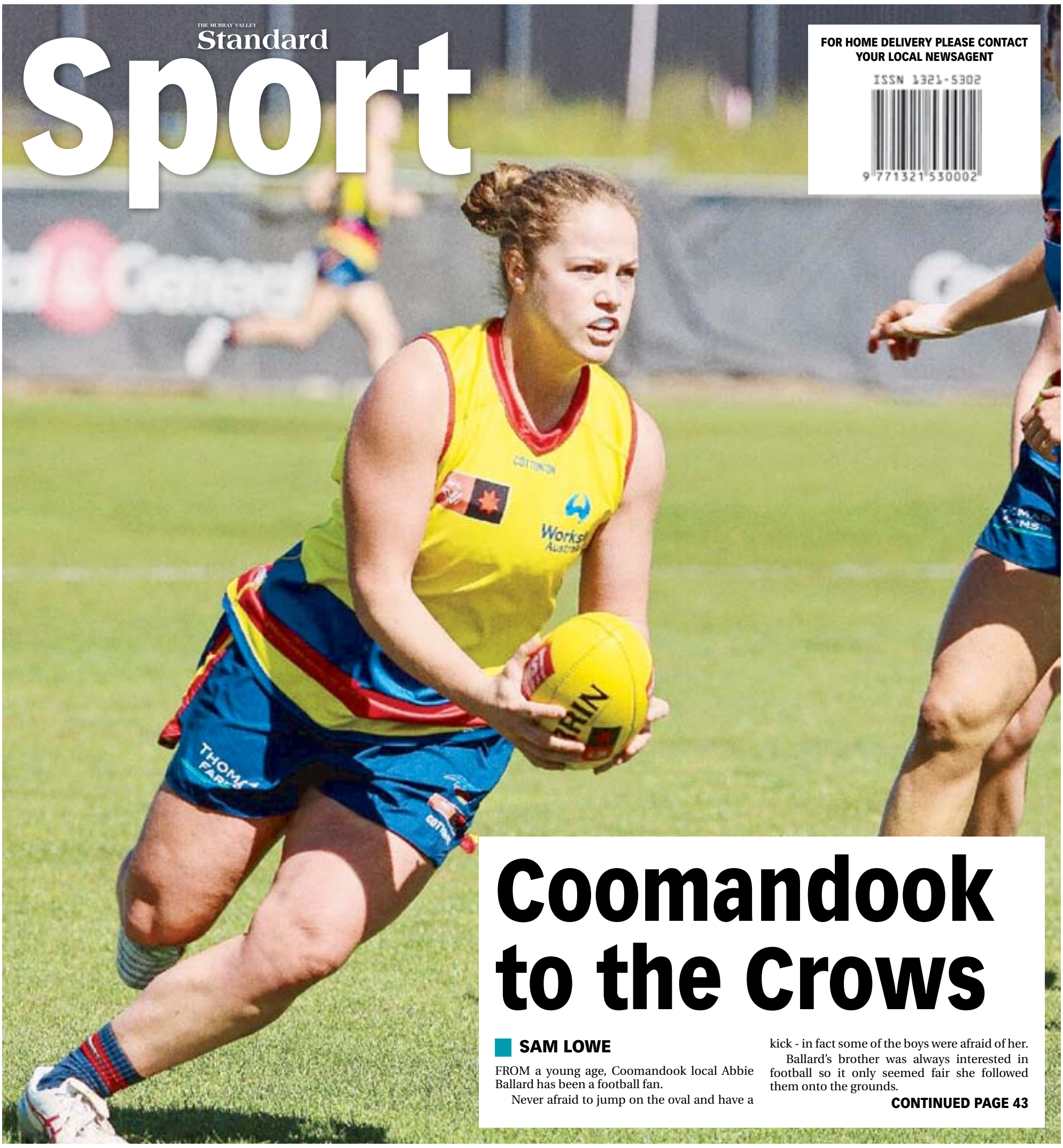
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1. France **2.** Cortnee Vine **3.** Luke Littler **4.** Score 70 points in a single NBA game **5.** 2016 **6.** Milan and Cortina d'Ampezzo **7.** Jannik Sinner **8.** David Nofoaluma **9.** Twice (2009, 2013) **10.** Melbourne **11.** 2005 **12.** Tarni Brown **13.** American Dream (Dusty Rhodes) **14.** Seattle Kraken **15.** 2020 **16.** Tom Hartley **17.** 11 **18.** The Wizard **19.** Three **20.** Melbourne Victory **21.** 1997 **22.** AFC and NFC **23.** Belarus **24.** Australia **25.** Indonesia **26.** ACT Meteors **27.** Carlton **28.** Scottie Pippen **29.** Aspen, Colorado **30.** Supercats

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Coomandook to the Crows

SAM LOWE

FROM a young age, Coomandook local Abbie Ballard has been a football fan.

Never afraid to jump on the oval and have a kick - in fact some of the boys were afraid of her.

Ballard's brother was always interested in football so it only seemed fair she followed them onto the grounds.

CONTINUED PAGE 43

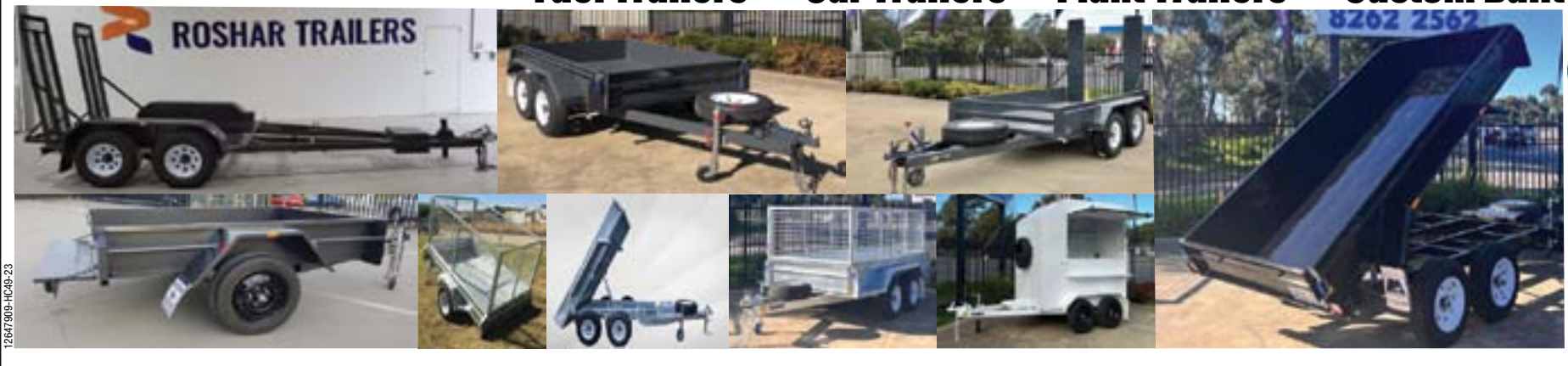
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